

# Area Agency on Aging & Disabilities of Southwest Washington

A R E A   A G E N C Y   O N  
**Aging & Disabilities**  
O F   S O U T H W E S T   W A S H I N G T O N

# Older Americans Act (OAA)

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President Lyndon B. Johnson signed the Older Americans Act into law in July 1965. Since that time, the Act has provided a nationwide aging services network called AAAs and funding to help older adults live with dignity in the communities of their choice for as long as possible.

# Title XIX Services

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Washington State has led the nation for over 30 years in providing nursing home diversion services through its Title XIX (Medicaid) Case Management Program.

# Area Agency on Aging & Disabilities of Southwest Washington (AAADSW)

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AAADSW is a regional governmental agency that reports to a Council of Governance comprised of a board of five County Commissioners.

Skamania County: Chris Brong, Chair

Wahkiakum County: Dan Cothren, Vice Chair

Clark County: David Madore

Cowlitz County: Dennis Weber

Klickitat County: Rex Johnston

# AAADSW Advisory Council

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## Clark County

Elizabeth Brown  
Carl Cecka  
Shari Van Dinter  
Diane Hadley  
Shanti Potts

## Cowlitz County

Kathy Bates  
Jon Dieter  
Tina McCully

## Wahkiakum County

Suzanne Holmes  
Sue Cameron

## Klickitat County

Lanae Johnson  
Martha Quigley  
Raymond Thygesen

## Skamania County

Sandra Bacus  
June Knudson  
Donald Miller

# Aging & Long Term Support Administration

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Washington's long-term services and supports system is ranked 2nd nationally by AARP and we are 34th in the country in long-term care spending per capita.

This means we are actually the best in the nation.

# AAADSW

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- ❖ Our vision is every older adult, adult living with a disability and their family members have access to information, programs and services to help them thrive in the setting of their choice.
- ❖ Promote Independence, Choice, Well-Being, and Dignity
- ❖ 30+ years of operating across a broad range of community-based support services

# Administration

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- ❖ 120 employees
- ❖ Manage and assure compliance of 108 Contracts
- ❖ Operating budget of \$12,000,000
- ❖ Plan and Advocate for Southwest Washington Seniors, Adults with disabilities and Family Caregivers.

# Medicaid Case Management

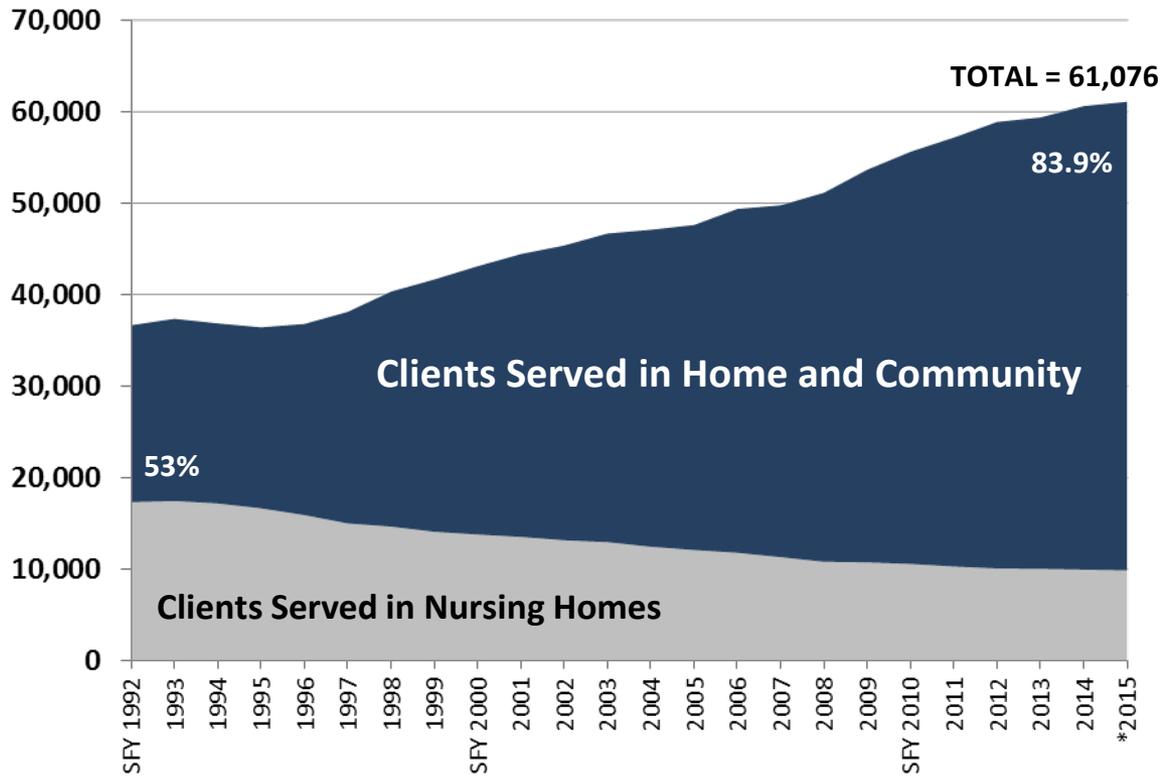
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- ❖ Case Manage 3800 Clients
- ❖ Authorize \$5.9 Million of services a month

# Aging & Long Term Support Administration

The challenge is continue to make progress after large historic gains, requiring us to support people with more complex needs.

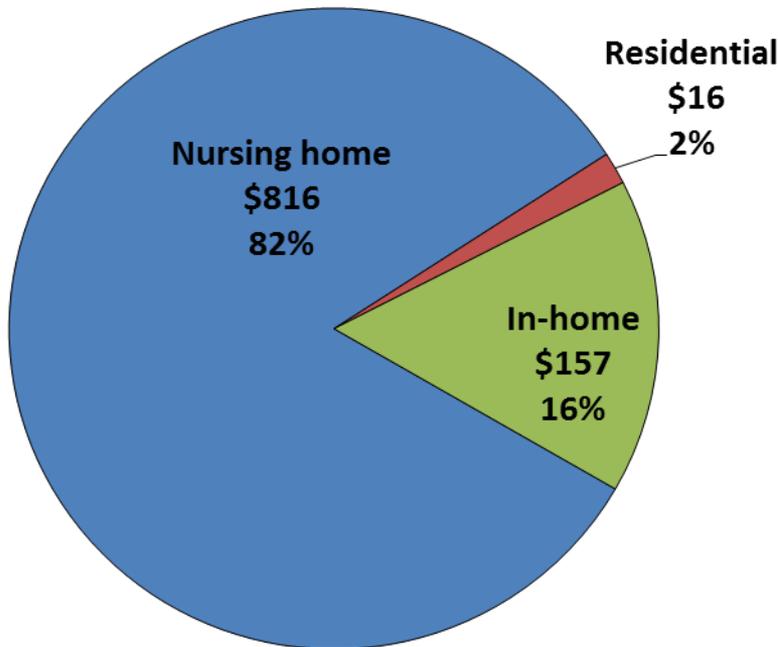
**Historical Progress: 1992 – Present  
Number and Percent of Clients**



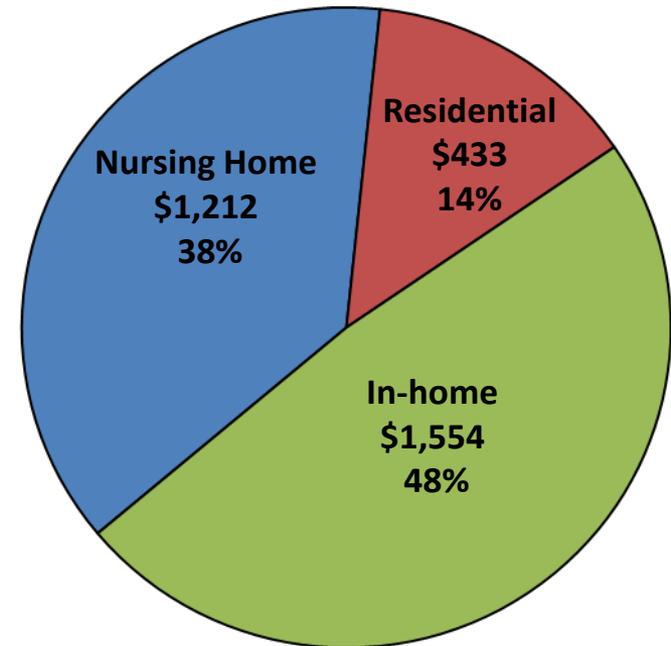
# Successful Rebalance of Long-Term Services and Support (LTSS)

Washington continues to be at the forefront of national efforts to shift reliance for LTSS from expensive institutional settings to cost-effective home and community based services — options that are preferred by consumers. Our LTSS system is ranked 2<sup>nd</sup> in the nation for its high performance at the same time as its ranking for cost is 34<sup>th</sup>.

## 1991-1993 Biennium



## 2013-2015 Biennium



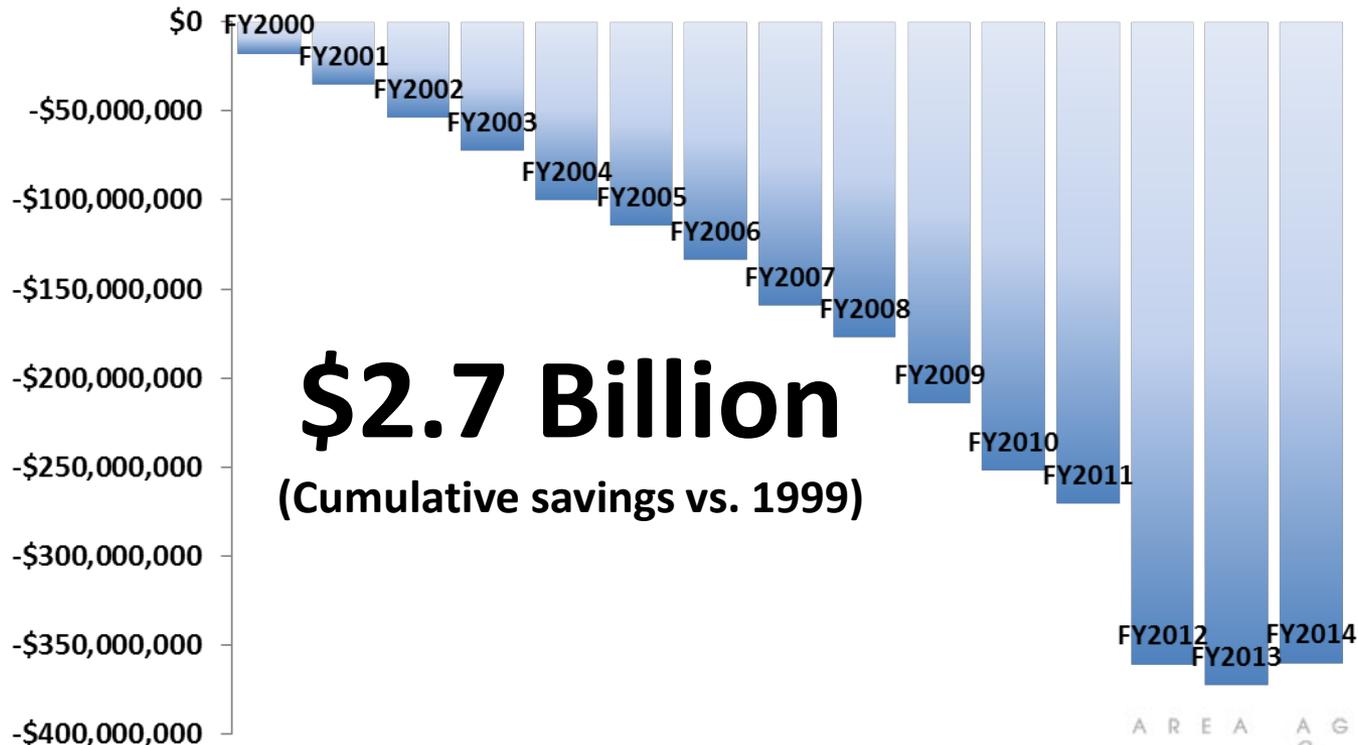
Source: Washington State Department of Social and Health Services, Research and Data Analysis Division.

**\$2.7 billion cumulative savings since 1999**

# Aging & Long Term Support Administration

Washington's long-term care choices have resulted in tremendous savings for taxpayers.

## Annual Costs Avoided since FY1999



Source: DSHS RDA, D. Mancuso, December 2014.

# Medicaid Case Management

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Our success is not only seen in dollars saved but in the experience our clients have

Our focus is on the people we serve.

# Community Based Programs

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- ❖ Served 218,950 Meals through Nutrition Services
- ❖ Provided 26,250 hours of Respite Care
- ❖ Provided 24,016 One-Way Trips through Transportation Services

# Community Based Programs

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- ❖ Answered 9,700 Calls for Information and Assistance
- ❖ *“Within 20 minutes we had more information than we had after weeks of searching for solutions on our own.”*
- ❖ Resolved 322 complaints and provided 4512 volunteer hours through the Long-Term Care Ombudsman Program

# Partnerships & ADRN

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- ❖ Commission on Aging
- ❖ Elder Justice Center
- ❖ Healthy Living Collaborative
- ❖ Regional Healthcare Alliance
- ❖ Healthcare

# Healthcare Reform & AAADSW

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The last 2 ½ years of Healthcare Reform has resulted in the emergence of a new level of Community-based Case Management and Services.

AAADSW is a strong partner in achieving the triple aim of Healthcare Reform: Improving Health, Enhancing Quality of Care and Reducing Cost.

# Aligning with Healthcare Reform

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- ❖ Care Coordination Organization
- ❖ Transitional Care Services
- ❖ Evidence-Based Health & Wellness Programs

# 2016 – 2019 Area Plan

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- ❖ Plan for and ensure delivery of services for older adults (60+), family caregivers, and adults living with disabilities
- ❖ Clark, Cowlitz, Klickitat, Skamania and Wahkiakum Counties
- ❖ Input from stakeholders helps to shape the Area Plan
- ❖ Input obtained through surveys, public forums, I&A call records (most often requested services), AC members and others

# Contact Us

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- ❖ Area Agency on Aging & Disabilities of SW Washington  
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