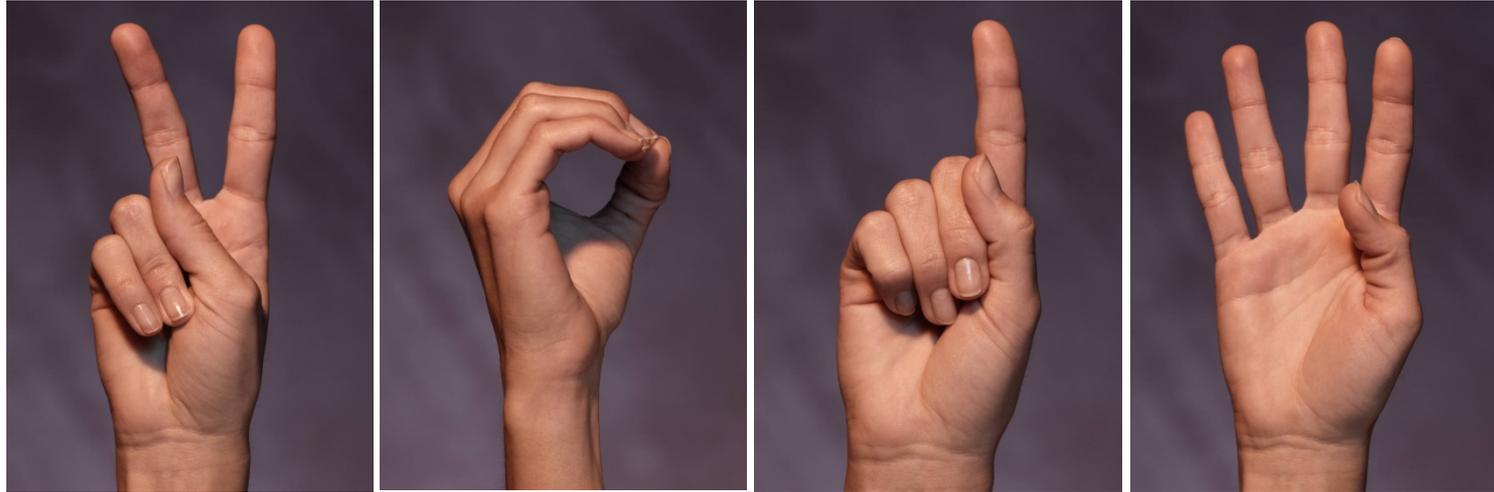


# Clark County Commission on Aging's



second **annual** report



JUNE 2014



# What is community?



**A NATION? A STATE?**



**A CITY?**



**A NEIGHBORHOOD?**



**A POLITICAL VIEW?**



**A RELIGION?**



**A CULTURE?**

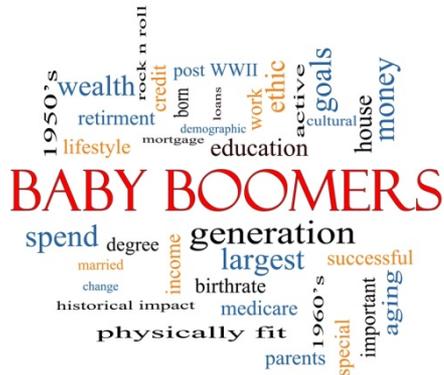
# Commission on Aging's definition

“A livable community is one that has affordable and appropriate housing, supportive community features and services, and adequate mobility options, which together facilitate personal independence and the engagement of residents in civic and social life.”



# THE COMING AGE WAVES

## How will this effect our community?



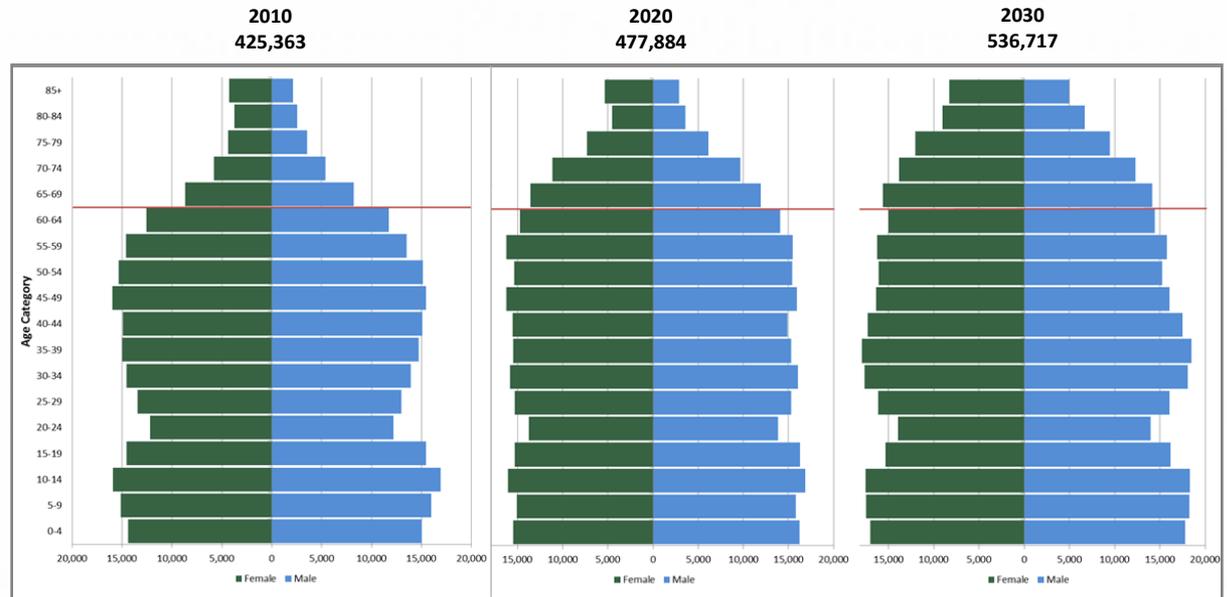
### Did you know?

By 2040, there will be more people in Clark County age 65 or better than children under 15

The majority of people 50 or better want to remain in their homes

Most caregivers are family members – of which, over half are employed

Clark County, Washington  
Population Forecast by Age Category and Gender



Source: U.S. Census Bureau

# 7 FOCUS AREAS

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# 91 STRATEGIES

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2014  
Annual  
Report

-What are the 91 strategies?

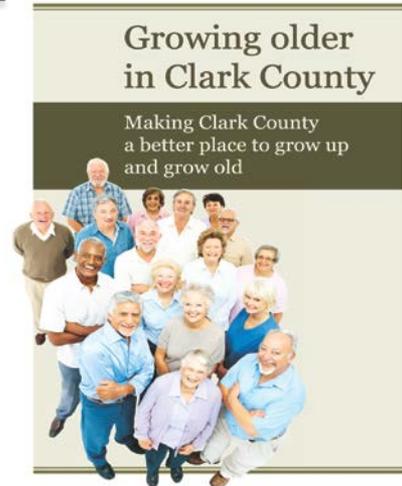
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-Completed strategies

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-Strategies in play

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# 2014

# ADVOCACY, AWARENESS

# & EDUCATION

- Gov. Jay Inslee Aging Summit
- Senior Lobby Day
- Joint Legislative Executive Committee on Aging and Disability
- Legislative efforts
- Local issues
- Partnerships
- Speakers Bureau
- Community events
- Senior Real Estate Specialist (SRES) Training
- Commission on Aging/Aging Readiness Plan website and Facebook
- Informational brochures
- My Senior Library



# 2013-2014

## COMPLETED STRATEGIES

### Telehealth/Telemedicine



#### What is it?

- The delivery of health related services using telecommunication technology

#### Benefits:

- Improves access to care
  - Minimize travel from home to doctor for rural residents
- Financial benefit
  - Families have decreased travel & out of pocket expenses, lost work, childcare needs
- Reduces cost of healthcare
  - Avoids risky, unnecessary and expensive transports

# 2013-2014

## COMPLETED STRATEGIES

### Shared Housing



*“The idea: Independent, physically capable seniors share housing in order to divide the costs, split up the chores, and enjoy some companionship... It's just like the "Golden Girls," only without Bea Arthur.”*  
– *The Columbian Newspaper (Editorial board) 3/13/14*

#### **What is it?**

- Two or more unrelated people share a home
- Homeowner renting out a vacant bedroom
- Two or more people renting a home together

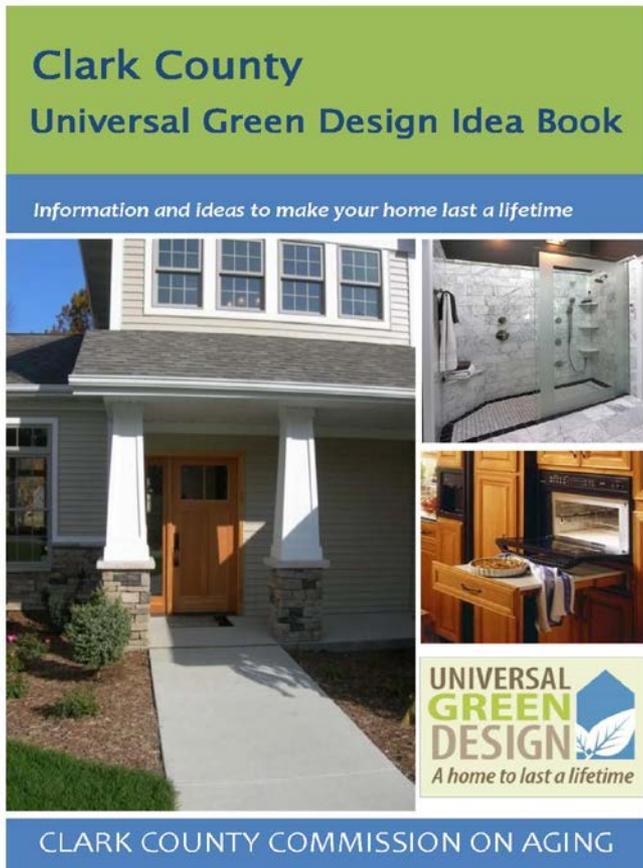
#### **Benefits:**

- Financial support
- Companionship
- Sense of security
- Aging-in-community

# 2013-2014

# COMPLETED STRATEGIES

## Universal Green Design Idea Book



### What is it?

- Informational guide for:
  - those looking to remodel their existing homes
  - those planning on building a new home with the forethought to insure they can live in it as long as they choose.

### Benefits:

- Assists people to “age-in-place”
- Eliminates challenges for visitors with mobility impairments
- Simplifies housekeeping
- Cost-efficient because it is energy-efficient

# STRATEGIES IN PLAY

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## Universal Green Design



### What is it?

Ways to make a home more comfortable for a wide range of people.

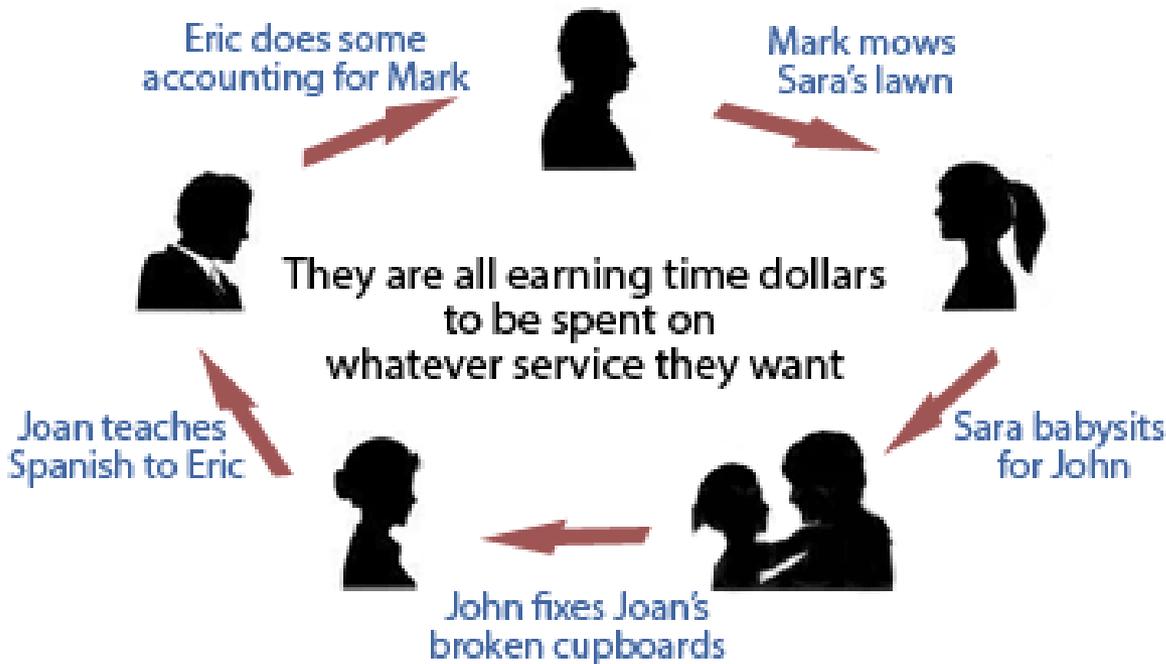
- No step entrances
- Open floor plans
- No step showers
- Wider hallways and doorways

### Benefits:

- Enables people to “age-in-place”
- Eliminates challenges for visitors with mobility impairments
- Simplifies housekeeping
- Cost-efficient because it is energy-efficient

# STRATEGIES IN PLAY

## TimeBanking



### What is it?

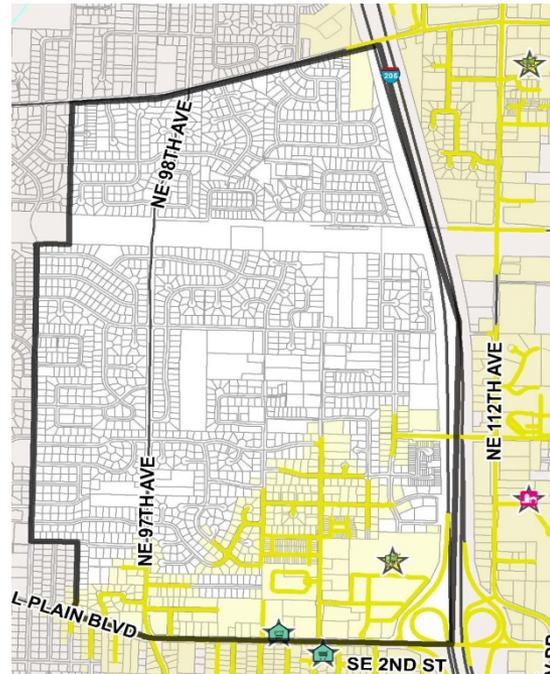
- Similar to bartering
- Every hour of service = one hour of credit for service you need
- All services valued equally
- Online database allows members to indicate services they can provide and see what others offer

### Benefits:

- Financial benefit
- Builds community
- Donation of time to others
- Allows flexibility in volunteering

# STRATEGIES IN PLAY

## 60+ Weatherization Project



Boundaries of pilot neighborhood

### What is it?

- Grant program for 60+ to reduce energy costs through weatherization improvements
- 10% participant buy-in, not to exceed \$500
- Pilot neighborhood

### Benefits:

- Enables aging-in-place through affordability of home costs
- Makes homes more comfortable



# STRATEGIES IN PLAY

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## Land use and zoning changes

### What is it?

- Changes zoning codes to allow development of complete neighborhoods
  - Mix of housing
  - Services (jobs, stores, restaurants)
  - Schools and open/public spaces
- Changes codes to allow easier development of accessory dwelling units and duplexes
- Changes codes to allow assisted living facilities and co-housing developments in single-family residential zones

### Benefits

- Allows more opportunity to “age-in-community”
- Encourages walking, promotes small business development, reduce reliance on automobiles, and increase social interaction and safety



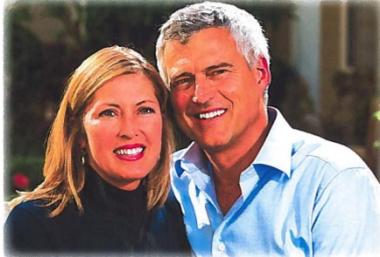
# STRATEGIES IN PLAY

## Advocacy, Awareness and Education

A FREE SEMINAR FOR AGES 55+

**CASCADE INN** Proudly Presents  
**"Aging with Confidence"**

- Aging Readiness
- Recognizing Financial Exploitation
- Important Resources Provided



**KOELSCH**  
SENIOR COMMUNITIES  
CARING FOR SENIORS  
FOR OVER  
**55 YEARS**

*Featuring*  
**Gary Beagle**

Senior Managing Fiduciary with Beagle, Burke & Associates, Certified National Master Guardian, and the current Chairperson of Clark County's Commission on Aging

- Wednesday, March 26th, 2014
- From 6:30 - 8:00 p.m.
- Cascade Inn - 11613 SE 7th Street, Vancouver

**(360) 254-3555**  
Please register by March 19th

**REGISTER NOW!**

**CASCADE**  
**INN**  
SERVING SENIORS SINCE 1958  
A Koelsch Senior Community  
www.cascadeinnwashington.com

In Partnership With  
**BEAGLE**  
**BURKE &**  
**ASSOCIATES**



### What is it?

- Group of volunteers who raise community awareness about the Aging Readiness Plan, initiatives underway to combat challenges identified in it, and the Commission on Aging and its projects

### Benefits:

- Inform county citizens about available services
- Raise awareness on issues affecting the community
- Garner support to implement projects identified in Aging Readiness Plan

# Opportunities for help

## What can happen if we work together?

### State Initiatives

- **Universal Design:** Encourage the International Code Council to develop a regulatory framework
- **Telehealth/Telemedicine:** Encourage legislation where service providers are paid when using technology
- **60+ Weatherization:** Continue funding the Community Energy Efficiency Program

### Local Initiatives

- Support for **TimeBanking** initiative

# QUESTIONS & ANSWERS

