



# The HIV & Hepatitis C Resource Guide

Services, Support, & Assistance

Clackamas County, OR

Clark County, WA

Columbia County, OR

Multnomah County, OR

Washington County, OR

Yamhill County, OR

# THE HIV & HEPATITIS C RESOURCE GUIDE

Services, Support, & Assistance

*Clackamas County, OR  
Clark County, WA  
Columbia County, OR  
Multnomah County, OR  
Washington County, OR  
Yamhill County, OR*

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Multnomah County Health Department

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Jennifer Snarski

**Copyediting**

Kelly M. Bryan

**Special Thanks To**

Alison Goldstein

Jessica Guernsey Camargo

Graham Harriman

Margy Robinson

For corrections or to receive additional copies of this guide, call Multnomah County Health Department at 503-988-3030.

This guide is also available on the Internet at [www.mchealth.org/cd/hivhcv/](http://www.mchealth.org/cd/hivhcv/)

# Table of Contents

## INTRODUCTION

How to Use This Guide .....	1
How this Guide is Organized .....	2
How HIV/AIDS Funding Works .....	3
Planning Groups .....	4
How to Get Involved .....	4
How to Get More Information .....	5
HIV Service Providers at a Glance .....	6

## GETTING STARTED

Case Management.....	10
Outreach & Advocacy .....	11

## GOVERNMENT BENEFITS

Oregon .....	12
Washington .....	14
Federal .....	15
Am I Eligible? .....	18
Birth Certificates.....	18
Where to Apply for What .....	19

## ADVOCACY

Advocacy .....	22
Discrimination .....	23
Legal Assistance.....	24

## BASIC NEEDS

Information & Referral .....	26
Clothing & Household Items .....	26
Drop-In Centers.....	28
Financial Assistance .....	29
Food & Nutrition.....	31
Homeless Shelters .....	35
Housing .....	36
Pet Care .....	42
Telephone .....	42
Transportation .....	44

## DAILY LIVING

Activities .....	48
Disability Resources .....	49
Employment .....	50
Funeral & Cremation .....	53
Life Skills Workshops .....	53

**MEDICAL & DENTAL**

Complementary Medicine.....54  
Dental Care .....57  
HIV Care .....60  
HIV Testing .....62  
Home Health, Hospice, & Residential Care.....67  
Insurance .....68  
Medical Equipment .....69  
Medication .....69  
Primary Care Clinics .....72  
Research & Clinical Trials .....77  
Treatment Information.....77  
Vision Care .....78

**ALCOHOL & DRUG TREATMENT**

Alcohol & Drug Helplines .....80  
Recovery Groups .....80  
Treatment .....81

**SUPPORT, COUNSELING, & MENTAL HEALTH**

Mental Health Crisis Lines .....86  
Counseling .....86  
Religious & Spiritual Resources .....88  
Support.....89

**HIV PREVENTION**

Condoms & Safer Sex .....93  
Information.....94  
Needle Exchange .....95  
Prevention Education .....96

**OTHER COMMUNITY RESOURCES**

Cultural Service Organizations.....99  
Domestic Violence .....100  
Gay, Lesbian, Bisexual, & Transgender .....101  
Homeless Youth .....104

**HEPATITIS C**

Information.....107  
Hepatitis C Testing & Care .....108  
Support.....115  
Treatment .....116

**INDEX..... 118**

# INTRODUCTION

The Multnomah County Health Department created this guide so that people living with HIV/AIDS could easily find the services they need. This guide is also for those who provide information and referral to HIV/AIDS services.

This guide covers Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County in Washington. The information represents services available at the time the guide was revised. It's a good idea to call ahead to make sure that the services are still offered.

Most services are for low-income people and are free or low-cost, HIV/AIDS-specific, or HIV/AIDS-friendly. We do not list retailers, private practices, or professional offices (such as medical providers or counselors) unless they offer special discounts, services, or access to a limited resource.

## HOW TO USE THIS GUIDE

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### *Your first look*

Take a look through the whole guide to see how it is organized. You may see a service listed that you didn't know you could get. Once you are aware of all the options, you will be better able to meet all your needs.

### *What's new for this edition*

If you are already familiar with this guide, you should take a moment to look over this new edition. There have been many changes. Each agency has been contacted to make sure each service entry is correct. Programs no longer in operation have been removed, and many new ones have been added. Some headings have been changed to make services easier to find.

Some new programs or changes to look for include:

**WOW (Women of Wisdom)** A new peer support program for women living with HIV/AIDS. (See *Quest Center for Integrative Health*).

**Ujima Eshé** A new outreach and advocacy program to help African Americans with HIV/AIDS get and stay in medical care. (See *Brother to Brother*).

**Men's Wellness Center** A new health and wellness resource center for gay and bisexual men, including those with HIV/AIDS.

**HIV Case Management for Columbia County Residents** Now coordinated by *Partnership Project*.

The **HIV Prevention chapter** lists new programs that can help you tell others about your HIV. (See *SHOP, Positive Changes, Men's Wellness Center, InSpot*).

## ***Resources for hepatitis C and HIV-HCV coinfection***

This guide includes resources for people with hepatitis C virus (HCV). Hepatitis C is a blood-borne virus that attacks the liver and is one of the most significant causes of chronic liver disease in the United States. According to Centers for Disease Control & Prevention estimates, over 4 million people in the United States are infected with HCV. Of those, one-quarter are also infected, or coinfecting, with HIV.

Hepatitis C can cause liver damage more quickly in individuals who are coinfecting with HIV. It can also affect HIV treatment. If you have HIV, it is important to know your HCV status early on. Hepatitis C is common among people infected with HIV who inject drugs, but you also can get it in other ways. To read more about who is at risk for HCV, see page 106.

The **Hepatitis C** chapter at the end of this guide contains services especially for people with hepatitis C. Places that offer services for people with HIV also may have hepatitis C resources. The **C+** symbol is used throughout this guide to show agencies that provide at least one service for people with hepatitis C. Another way to find out about HCV services is to call the Oregon AIDS Hotline at 800-777-2437.

## **HOW THIS GUIDE IS ORGANIZED**

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The agencies in this guide are organized by the kinds of services they provide. The **Table of Contents** lists service headings to help you locate the services you need. If you still can't find an agency or service, check in the **Index** at the back of the guide.

### ***What to look for in each entry***

Use the information listed for each entry as a starting point. Each entry has the following information:

- agency name, address, and telephone number
- TDD/TTY numbers for hearing-impaired individuals
- Internet address
- brief description of the services offered
- availability of interpreters and/or bilingual staff
- availability of American Sign Language (ASL) interpreters

Hours of operation, cost, and other specifics are not always included because of frequent changes. Call each agency for details.

## *Symbols and what they mean*

-  Agency is located within two blocks of a bus line.
-  Agency offers a service specifically for people living with HIV/AIDS.
-  Agency offers a service specifically for people living with hepatitis C.
-  Agency is wheelchair accessible.
-  Agency receives Ryan White CARE Act funds to provide at least one service. Ryan White CARE Act funds help support many important free or low-cost services for low-income people with HIV/AIDS.

You will find a key to these symbols at the bottom of each listings page.

## **HOW HIV/AIDS FUNDING WORKS**

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### *The Ryan White CARE Act*

In 1990, the U.S. Congress created the Ryan White Comprehensive AIDS Resource Emergency Act, which provides money for the most urgent care needs of people living with HIV/AIDS. States receive some of this money as a block grant (Title II funds). More funds—called **Ryan White Title I** funds—are given to the hardest hit areas in the country. Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County in Washington, make up a Title I area called the **Portland Eligible Metropolitan Area** (or Portland EMA).

### *Ryan-White-funded services—Am I eligible?*

Many Ryan-White-funded services are free or low cost. These services operate with very limited funds and are intended to provide assistance only after all other resources have been exhausted. Eligibility depends on the program. Some services are available for anyone living with HIV/AIDS. Others are only for those with low incomes or for those who are disabled by HIV/AIDS.

The symbol  is used to show agencies that receive Ryan White CARE Act funds to provide at least one service.

HIV case managers are your best resource for finding out what services you are eligible for. See **Case Management** on page 10: This is a very important section to read. You can also call the agencies and ask what their eligibility requirements are.

## PLANNING GROUPS

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### HIV Services Planning Council

3653 SE 34th Ave.  
Portland, OR 97202

503-988-3030 extension 25703  
[www.hivportland.org](http://www.hivportland.org)



This volunteer citizen decision-making body sets funding priorities and allocates \$3 million in federal Ryan White CARE Act Title I funds for health care and support programs that serve low-income people living with HIV/AIDS in the Portland EMA. The council comprises consumers, care providers, and public health officials; at least 33% of the representatives must be people living with HIV/AIDS. Members must live in Clackamas, Columbia, Multnomah, Washington, or Yamhill counties in Oregon, or Clark County, Washington. Applications for membership are accepted year round. Meetings are held monthly and are open to the public. Call or visit the web site for the latest schedule.

### Southwest Washington Consortium on HIV/AIDS

P.O. Box 9825  
Vancouver, WA 98666

360-397-8465  
[www.clark.wa.gov/health/hiv/consortium.html](http://www.clark.wa.gov/health/hiv/consortium.html)



This community planning body decides how to allocate Ryan White CARE Act Title II funds for health care and support programs that serve people living with HIV/AIDS in Clark and Skamania counties in Washington. The majority of the consortium's representatives must be people living with HIV/AIDS. Meetings are held the 3rd Monday of each month and are open to the public. Call for location and times.

## HOW TO GET INVOLVED

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Volunteering at an HIV/AIDS-service agency is a good way to get involved. You can ask about volunteer opportunities at an agency that interests you or call the **HIV/AIDS Hotline** at 800-777-2437 in Oregon or 800-272-2437 in Washington.

If you would like to become involved in planning our system of HIV/AIDS care, contact the **HIV Services Planning Council** (see above). To find organizations that actively work to improve quality of life for people living with HIV/AIDS, see **Advocacy** on page 22.

Some agencies that use volunteers:

#### **Cascade AIDS Project**

Portland, OR  
503-223-5907

800-777-2437 voice/TDD

#### **Friends of People with AIDS Foundation**

Portland, OR

503-349-4699

#### **HIV Day Center**

#### **Ecumenical Ministries of Oregon**

Portland, OR

503-460-3822

**Our House of Portland**

Portland, OR

503-234-0175

**Martha's Pantry**

Vancouver, WA

360-695-1480

**HOW TO GET MORE INFORMATION**

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**HIV/AIDS Hotlines****Oregon AIDS Hotline**

800-777-2437

*Spanish*

800-499-6940

**Washington AIDS Hotline**

800-272-2437

Another way to get information about HIV/AIDS services is to call the Oregon or Washington AIDS hotlines. The staff will refer you to agencies that can help meet your needs.

***Viviendo una Vida Positiva***

503-988-3030

[www.mchealth.org/cd/hivhcv/](http://www.mchealth.org/cd/hivhcv/)

This resource guide was created especially for Spanish-speaking people with HIV/AIDS. Copies are available from HIV/AIDS service agencies. You can also download an electronic copy from the Internet.

## HIV SERVICE PROVIDERS AT A GLANCE

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The agencies below offer services specifically for people living with HIV/AIDS. Use the page numbers to look up the listing for complete details.

### **Cascadia**

**Triangle Project** p. 81 Alcohol & Drug Treatment  
503-230-9654

### **CareAssist**

971-673-0144 p. 12 Insurance, Prescription Drug Assistance  
800-805-2313

### **Cascade AIDS Project**

503-223-5907 p. 48 Activities  
800-777-2437 p. 26 Furniture  
800-499-6940 Spanish p. 37 Housing  
p. 53 Life Skills Workshops  
p. 11 Outreach & Advocacy  
p. 89 Support

### **Central City Concern Health Services**

503-228-4533 p. 82 Alcohol & Drug Treatment  
p. 55 Complementary Medicine

### **Central City Concern Housing Programs**

503-525-8483 p. 37 Housing

### **Clackamas County Community Health Centers**

503-655-8471 Beaver Creek p. 62 HIV Testing  
503-722-6690 Sandy p. 109 Hepatitis C Testing  
503-723-2944 Molalla

### **Clark County Public Health HIV/AIDS Case Management**

360-397-8060 p. 82 Alcohol & Drug Treatment  
p. 11 Case Management  
p. 55 Complementary Medicine  
p. 58 Dental Care  
p. 38 Housing  
p. 14 Insurance, Prescription Drug Assistance  
p. 87 Mental Health  
p. 89 Support  
p. 44 Transportation  
p. 43 Voice Mail

**Clark County Public Health**

**Harm Reduction Center**

360-397-8098

p. 109

p. 63

p. 95

Hepatitis C Testing

HIV Testing

Needle Exchange

**Health Clinic**

360-397-8089

p. 110

p. 63

Hepatitis C Testing

HIV Testing

**Collective Care Services**

503-888-4141

p. 89

Support

**Columbia County Public Health**

503-397-4651

800-244-4870

p. 110

p. 65

Hepatitis C Testing

HIV Testing

**Esther’s Pantry**

503-593-5569

p. 31

Food

**Friends of People With AIDS Foundation**

503-349-4699

p. 27

p. 53

p. 42

Clothing & Household Items

Funeral & Cremation

Pet Care

**HIV Day Center**

**Ecumenical Ministries of Oregon**

503-460-3822

p. 27

p. 28

p. 31

p. 55

p. 32

p. 81

p. 90

p. 44

Clothing & Hygiene Items

Drop-in Services

Home-Delivered Meals

Massage

Meals

Recovery Groups

Support

Transportation

**Hopewell Apartments**

503-552-6213

p. 38

Housing

**Institute for Traditional Medicine**

503-233-2101

p. 55

Complementary Medicine

**Kaiser Immune Deficiency Clinic**

503-249-5536

p. 60

HIV Care

**Martha’s Pantry**

360-695-1480

p. 27

p. 33

Clothing & Hygiene Items

Food

**Men’s Wellness Center**

503-445-7699

p. 64

p. 97

HIV Testing

Prevention Support

**Multnomah County Health Department**

<b>HIV &amp; HCV Community Programs</b> 503-988-3030	p. 110 p. 64 p. 96	Hepatitis C Testing HIV Testing Needle Exchange
<b>HIV Health Services Center</b> 503-988-5020	p. 60	HIV Care
<b>STD Clinic</b> 503-988-3700 503-988-3775 Community Test Site	p. 111 p. 64	Hepatitis C Testing HIV Testing

**Northwest Recovery Center**

360-397-8488	p. 85	Alcohol & Drug Treatment
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**OHSU Internal Medicine**

503-494-8562	p. 61	Medical Care
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**OHSU Partnership Project**

503-517-3590 intake	p. 10	Case Management
503-230-1202	p. 98 p. 90 p. 45 p. 43	Prevention Counseling Support Transportation Voice Mail

**OHSU Russell Street Clinic**

503-494-6822	p. 59	Dental Care
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**Oregon AIDS Hotline**

800-777-2437 800-499-6940 Spanish	p. 5	Information & Referral
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**Our House of Portland**

503-234-0175	p. 68	Residential Care
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**Outside In**

503-535-3890 clinic	p. 113	Hepatitis C Testing
971-544-1574 IDU Health Services	p. 65 p. 85	HIV Testing Needle Exchange

**Portland VA Medical Center**

503-220-8262 extension 55069	p. 61	HIV Care
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**Quest Center for Integrative Health**

503-238-5203	p. 48 p. 57 p. 87 p. 34 p. 91	Activities Complementary Medicine Counseling Food & Nutrition Support
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**The Research & Education Group**

503-229-8428	p. 77	Research & Clinical Trials
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**Rose Wood Apartments**

503-493-1717 p. 37 Housing  
503-525-8483 intake

**Swan House**

503-786-4829 p. 68 Residential Care

**Ujima Eshé**

**Brother to Brother** p. 11 Outreach & Advocacy  
503-417-7991

**Washington County Health Department**

503-846-8851 p. 114 Hepatitis C Testing  
p. 66 HIV Testing

**Washington AIDS Hotline**

800-272-2437 p. 5 Information & Referral

**Women of Wisdom (WOW)**

503-238-5203 p. 28 Clothing  
p. 87 Mental Health  
p. 91 Support

**Yamhill County Public Health**

503-434-7421 p. 11 Case Management  
503-434-7438 HCV testing p. 115 Hepatitis C Testing  
p. 69 HIV Testing  
p. 35 Home-Delivered Meals

# GETTING STARTED

## CASE MANAGEMENT

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If you have HIV/AIDS and need help, case management is a good place to start. Case management staff are your best resource for getting services. They can tell you about services and help you get connected. For people with complex needs, they can also:

- share their expertise in coordinating health benefits and meeting needs with limited resources
- offer you assistance and support if you run into problems applying for benefits or services
- evaluate your support systems and suggest ways to strengthen them

Case managers do not take over decision-making or do things for you that you could easily do yourself. They can save you time and hassle by directing you to available resources and helping you work through problems. If coordinating care is especially challenging (for example, for someone who is very ill, is experiencing mental illness, or does not speak English), a case manager can be very helpful. You do not have to be low-income to qualify for case management.

### *Where to Find Case Management...*

**Through Your Medical Provider** If you're already seeing a doctor, ask whether you can get case management through your provider. There are HIV case management staff available at Kaiser, OHSU, Providence, Legacy, and Multnomah County Health Department's HIV Health Services Center.

**In Multnomah, Washington, Clackamas, & Columbia Counties** In these counties, case management is available at different medical locations, and is coordinated by *Partnership Project*.

#### **OHSU Partnership Project**

5525 SE Milwaukie Ave.  
Portland, OR 97202  
503-517-3590 intake

503-230-1202  
503-230-1213 fax  
[www.ohsu.edu/partnership](http://www.ohsu.edu/partnership)



Provides "one-stop shopping" access to HIV care services. Case management teams—nurses, social workers, and benefits and referral specialists (called service access specialists)—are sited at different locations in the community, where they help people living with HIV/AIDS coordinate medical and social services. Call for intake. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

**In Clark & Yamhill Counties** In these counties, case management is provided by county health departments.

**Clark County Public Health  
HIV/AIDS Case Management Program**

1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666

360-397-8060



**Yamhill County Public Health**

412 NE Ford St.  
McMinnville, OR 97128

503-434-7421



## OUTREACH & ADVOCACY

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**Cascade AIDS Project**

**CareLink**

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
[www.cascadeaids.org](http://www.cascadeaids.org)



Outreach and advocacy for people with HIV who are having trouble getting into or staying in medical care due to language, homelessness, mental illness, or other barriers. Call if you or someone you know is having difficulty. Bilingual Spanish-speaking staff available.

**Clark County Public Health  
HIV/AIDS Case Management Program**

1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666

360-397-8252



Outreach and advocacy for people with HIV who are having trouble getting into or staying in medical care due to language, homelessness, mental illness, or other barriers. Call if you or someone you know is having difficulty. Access to foreign-language interpreters.

**Ujima Eshé**

P.O. Box 3182  
Portland, OR 97208  
503-417-7991

503-228-3970 fax  
[www.brotobropdx.org](http://www.brotobropdx.org)



Outreach and advocacy for African Americans with HIV/AIDS who are having trouble getting into or staying in medical care. Call if you or someone you know is having difficulty.

# GOVERNMENT BENEFITS

Government benefits cover basic needs such as medical care, insurance, and food for people who cannot support themselves. Meeting these basic needs puts you in a better position to focus on improving your health and support systems. It's worth checking to see if you can get these benefits. Case management staff can help you apply. See **Getting Started** on page 10.

For additional basic needs programs, see **Basic Needs** beginning on page 26. The agencies in the Basic Needs section operate with limited funds and should be contacted only after you have checked out government benefits.

## OREGON

### CareAssist



#### Department of Human Services

800 NE Oregon St., Suite 1105

Portland, OR 97232

971-673-0144

800-805-2313

971-673-0372 TTY

971-673-0177 fax

[www.healthoregon.org/careassist](http://www.healthoregon.org/careassist)

Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least 50% of your prescription costs are covered by your medical insurance, this program can also help pay for insurance premiums and deductibles. Examples include Oregon Health Plan, OMIP, COBRA, some private insurance, and Medicare Part D drug plans. Participants pay part of the coverage costs based on their income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for more information or check eligibility and download an application online. Staff can provide information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

### Family Health Insurance Assistance Program (FHIAP)

888-0564-9669

[www.oregon.gov/OPHP/FHIAP/](http://www.oregon.gov/OPHP/FHIAP/)

Helps uninsured, low-income Oregonians buy private health insurance by paying part of the premium. This subsidy can be applied to health insurance available through your work, or to an individual policy that you buy. To be eligible, you must have been without insurance for the past 6 months, and meet income and asset guidelines. Call to apply before you sign up for insurance. You will be enrolled right away if you can get insurance through work. If you need an individual policy, you must call to get on the waiting list. (The wait is currently 1 year.) You will be sent an application when there is an opening. If you have been rejected for individual health insurance, you may be able to apply your FHIAP subsidy to the premium for high-risk insurance through OMIP (see next page).

## Oregon Health Plan

800-359-9517

800-621-5260 TTY

[www.oregon.gov/DHS/healthplan/index.shtml](http://www.oregon.gov/DHS/healthplan/index.shtml)

This federal- and state-funded program provides health insurance for low-income Oregon residents who are uninsured. There are two plans:

**OHP Plus** is comprehensive medical care for pregnant women, children under age 19, and people who are disabled and receiving SSI or General Assistance.

**OHP Standard** (*closed to new applicants*) is basic medical coverage for other low-income people. It does not cover routine dental or vision check-ups, or transportation. To be eligible you must:

- have an income below the federal poverty level when averaged over the past 3 months
- have liquid assets less than the OHP limit (includes things like stocks and bonds but not your house or car)
- have been without insurance for the past 6 months (excludes FHIAP)

OHP Standard has premiums and co-pays. However, if you have HIV or AIDS, you may qualify to have your premiums paid for through CareAssist (see facing page). If you do not pay your premiums, you may lose your benefits and will not be allowed to reapply. If payments were missed due to a mental health condition, you may be able to have your benefits reinstated. Contact a case worker for help.

### **Emergency Health Card**

If you are applying for OHP Plus and need immediate care, you may be able to get an emergency health card. Self-Sufficiency and Disability Services office caseworkers issue these. See pages 19–20 for the office nearest you.

### **Questions About Your Coverage?**

If you are already covered and have questions, call your health plan. If you still need help, call the client assistance department at 800-273-0557.

## Oregon Medical Insurance Pool (OMIP)

800-848-7280

[www.omip.state.or.us](http://www.omip.state.or.us)



If you live in Oregon and have been rejected for individual health insurance coverage and do not qualify for Medicaid or Medicare, this is where you can buy high-risk health insurance. Preexisting conditions are covered after a six-month waiting period. This is not a low-cost program. However, if you have HIV or AIDS, you may qualify to have your premiums paid for through the CareAssist program (see previous page).



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

GOVERNMENT BENEFITS  
Oregon

## WASHINGTON

### HealthCare Net



#### Clark County Public Health

1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666

360-397-8060

Helps Clark County residents with HIV/AIDS pay for health insurance premiums, deductibles, and co-pays. To qualify, your medical insurance must cover at least 50% of your prescription costs, and you must not be eligible for Medicaid, Medicare, or other government health insurance benefits. Participants pay part of the coverage costs based on their income sources. Eligibility varies. Your gross income must be below 200% of the federal poverty level. There is also an asset limit. Call for information.

### Basic Health

800-660-9840

360-923-2701 TTY

800-321-0291 Spanish

800-324-1658 Korean

800-387-8224 Russian

800-423-2231 Vietnamese

[www.basichealth.hca.wa.gov](http://www.basichealth.hca.wa.gov)

This state-sponsored program provides health insurance for low-income Washington residents not eligible for Medicare (see next page). It does not cover dental and vision services. Participants pay a monthly premium based on their income, plus co-pays and deductibles. **Basic Health Plus** is for income-eligible children under 19, and provides additional services not covered by Basic Health (such as dental and vision care). Enrollment is limited, and there may be a waiting list. Call to apply, or download an application online.

### Washington State Health Insurance Pool (WSHIP)



800-877-5187

[www.wship.org](http://www.wship.org)

If you live in Washington and have been rejected for individual health insurance coverage (including a Medicare supplement plan), this is where you can buy high-risk health insurance. Preexisting conditions are covered after a six-month waiting period. This is not a low-cost program. However, if you have HIV or AIDS, you may qualify to have your premiums paid for through the HealthCare Net program (see above).

## FEDERAL

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### Medicaid & Medicare

Medicaid and Medicare are federally funded health insurance programs. Eligibility is determined by income level, duration and type of disability, and age.

#### **Medicaid**

Medicaid is jointly sponsored by state and federal governments and serves low-income disabled people of all ages. Medicaid offers comprehensive medical care that includes doctor visits, hospital care, dental care, drug treatment, and some prescriptions. Oregon provides its Medicaid coverage through the Oregon Health Plan (see page 13) or “open card.” In Washington, you can apply for Medicaid at the Community Services Office near you (see page 20). You must provide proof of U.S. citizenship, such as a passport, birth certificate, or naturalization papers. See **Birth Certificates** on page 18.

If you are receiving any amount of Supplemental Security Income (SSI), you are automatically eligible for Medicaid. You also are eligible for Medicaid if you are receiving General Assistance. If you stop receiving SSI (generally because you have begun to work), you will be “1619B eligible.” This means that you may continue your Medicaid while you are working.

If you are disabled, you may be able to return to work and continue your Medicaid through the Ticket to Work, Employed Persons with Disabilities (Oregon), or Healthcare for Workers with Disabilities (Washington) programs. See **Employment** on page 50.

#### **Medicare**

800-633-4227

877-486-2048 TTY

[www.medicare.gov](http://www.medicare.gov)

Medicare is offered through the **Social Security Administration**, and offers basic medical coverage to people over 65 and to some people with disabilities or kidney disease. Medicare is basic medical coverage and does not cover dental care or prescription drugs. If you have been receiving Social Security Disability Insurance (SSDI) for 2 years, you are eligible for Medicare. To listen to a recorded overview of Medicare, call Tel-Law at 800-452-4776 and press 1097.

Prescription drug coverage is available by enrolling in a separate prescription drug plan called **Medicare Part D**. These plans have premiums and deductibles. If you cannot afford a drug plan, you can apply to have the premiums reduced. If you have HIV or AIDS and live in Oregon, you may qualify to have your premiums paid for through CareAssist (see page 12).

## Social Security Administration (SSA)

800-772-1213  
www.ssa.gov

Call to apply for SSI or SSDI. The operator will set up an appointment with the Social Security office nearest you or schedule a home visit. Call also for help with claims.

800-452-4776  
www.osbar.org

Tel-Law's telephone library. This is a good starting point for learning about SSI/SSDI. To hear about...

- SSI, press 1094
- SSDI, press 1096
- Medicare, press 1097

The Social Security Administration (SSA) has two federally funded programs to provide disability income:

**Social Security Disability Insurance (SSDI)** is for disabled people who have worked and paid Social Security taxes.

**Supplemental Security Income (SSI)** is for people who are low-income and either blind, disabled, or over 65. SSI can supplement SSDI.

Once enrolled, you will receive checks every month for as long as you are eligible. If you become eligible for at least one dollar of SSI, you are "categorically eligible." This means that you are eligible for food stamps and Medicaid. If you have been eligible for SSDI benefits for 2 years, you will be eligible for Medicare.

If you apply for SSI, you may want to apply for **General Assistance** (see below) for income assistance while you wait for a decision on your application.

The Social Security Administration has a unique list of conditions that define what it means to be disabled with HIV/AIDS. You need more than an HIV or AIDS diagnosis to qualify. You must have a disability that will either prevent you from working for at least 12 months or result in death, and you cannot be eligible if the disability was caused by alcohol or drugs. You will want to ask your doctor for more information and help, or contact a case manager. Visit the SSA web site to download a copy of *Social Security for People Living with HIV/AIDS*, and *Disability Benefits*.

## General Assistance

General Assistance is a state-funded, temporary financial and medical assistance program for people who are unemployed because of a physical or mental disability. This program helps people while they wait for the **Social Security Administration** to make a decision about their application for Social Security Income (SSI). General Assistance is not currently available in Oregon, but it is available if you live in Washington.

Once on General Assistance, you will receive checks every month until you start to receive SSI. You also will get food stamps and medical coverage through Medicaid. Once you receive SSI, the total amount you received in General Assistance will be deducted from your SSI award. To apply, call or go to your local **Community Services Office** (see page 20) for a screening.

## Veterans Administration

503-220-8262 extension 55289  
800-949-1004

[www.va.gov](http://www.va.gov)

The Veterans Administration (VA) has programs that provide eligible veterans with medical care, disability assistance, and other benefits. Call the enrollment office eligibility hotline to see if you are eligible for health care benefits through the Portland VA Medical Center. You can also get eligibility information and apply for benefits online.

## Food Stamps

Oregon [www.oregon.gov/DHS/assistance](http://www.oregon.gov/DHS/assistance)  
Washington [www1.dshs.wa.gov/basicneeds](http://www1.dshs.wa.gov/basicneeds)

This federally funded program helps low-income people pay for food at grocery stores. If you are eligible you will receive an electronic benefits transfer (EBT) card, also called the *Oregon Trail Card* in Oregon, or *Quest Card* in Washington. To apply, contact the **Self-Sufficiency Office** or **Community Services Office** in your area (see pages 19–20), or download an application online. For other food programs, see **Food & Nutrition** on page 31.

## Low Income Energy Assistance Program (LIEAP)

This federally funded emergency assistance program helps low-income people pay for heating bills during the winter. See **Financial Assistance** on page 29 for more information and to find an agency in your area that distributes LIEAP funds.

## Women, Infants, & Children (WIC)

503-988-3503 Portland  
800-723-3638 Oregon [www.oregon.gov/DHS/ph/wic/](http://www.oregon.gov/DHS/ph/wic/)  
800-322-2588 Washington [www.doh.wa.gov/cfh/wic](http://www.doh.wa.gov/cfh/wic)

This USDA-funded program provides nutrition education, breast-feeding support, and food vouchers for low-income women who are pregnant or breast-feeding, and infants and children under 5. To be eligible, your household income must be less than 185% of the federal poverty level, and you must have a nutritional need. Call for a screening.

## AM I ELIGIBLE?

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Using the Internet, you can check to see whether you are eligible for government benefits before you apply. In some cases you may be able to download applications or apply for benefits online.

### **OregonHelps**

[www.oregonhelps.org](http://www.oregonhelps.org)

Check eligibility for several programs at once, including Oregon Health Plan, Medicaid, Medicare, Food Stamps, Social Security, veterans', WIC, housing, and other benefits. Available in English, Spanish, Russian, and Vietnamese formats.

### **Veterans Administration**

[www.va.gov](http://www.va.gov)

Check eligibility information and apply for veterans' benefits.

### **Washington Department of Social & Human Services**

[www1.dshs.wa.gov/ESA/TEC/](http://www1.dshs.wa.gov/ESA/TEC/)

Check eligibility for health and child welfare programs including Medicaid, Food Stamps, financial assistance, and WIC.

## BIRTH CERTIFICATES

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If you're applying for Medicaid, you may be asked to show a copy of your birth certificate. If you were born in the U.S., you can get your birth certificate from the vital records office (state, county, or city) for where you were born. A fee is charged, and there may be a wait.

### **Centers for Disease Control**

#### **Center for Health Statistics**

[www.cdc.gov/nchs/howto/w2w/w2welcom.htm](http://www.cdc.gov/nchs/howto/w2w/w2welcom.htm)

Find vital records offices for all U.S. states and territories. Search by state or territory, or download a printable directory to all vital records offices.

### **VitalChek**

[www.vitalchek.com](http://www.vitalchek.com)

Search for vital records offices and order birth certificates online (where available). Contains links and contact information to all vital records offices.



## WHERE TO APPLY FOR WHAT

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### *Oregon—Self-Sufficiency Offices*

If you live in Oregon and are not disabled, visit the Self-Sufficiency Office below in the area where you live to apply for **Food Stamps, financial assistance,** and the **Oregon Health Plan.** Spanish-speaking staff and other foreign-language speakers available.

#### **Clackamas County**

##### *Oregon City*

315 S Beaver Creek Rd. 503-657-2043

##### *Milwaukie*

4252 SE International Way, Suite A 503-731-3400

#### **Columbia County**

##### *St. Helens*

500 N Hwy 30, Suite 210 503-397-1784

#### **Multnomah County**

##### *East Portland*

1415 SE 122nd Ave. 503-257-4200

##### *Northeast Portland–Hollywood*

4425 NE Broadway 503-280-6683

##### *North Portland–Albina*

30 N Webster St. 503-280-6781

##### *North Portland–St. John's*

6443 N Lombard St. 503-731-4646

##### *Southeast Portland*

3975 SE Powell Blvd. 503-731-3181

##### *Old Town–New Market*

50 SW 2nd Ave. 971-673-1400

##### *Gresham*

912 NE Kelly Ave. 503-491-1979

#### **Washington County**

##### *Beaverton Multiservice Center*

12901 SW Jenkins Rd., Suite B 503-646-9952

##### *Hillsboro Multiservice Center*

5920 SE Ray Circle, Suite 110 503-648-8951

##### *Tigard–Cascade Multiservice Center*

10777 SW Cascade Blvd. 503-670-9711

#### **Yamhill County**

##### *McMinnville*

368 NE Norton Lane 503-472-0311



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

**GOVERNMENT BENEFITS**  
where to apply for what

## ***Oregon—Disability Services***

If you live in Oregon and are disabled, contact one of the Disability Services offices below in the area where you live to apply for **Food Stamps**, the **Employed Persons with Disabilities Program (EPD)**, and the **Client-Employed Provider Program**.

### **Clackamas County**

#### ***Clackamas Area Agency on Aging***

2051 Kaen Rd., Oregon City 503-655-8640

### **Columbia County**

#### ***Seniors & People with Disabilities***

500 N Hwy. 30, Suite 240, St. Helens 503-397-5863

### **Multnomah County**

#### ***Aging & Disability Services East Area***

600 NE 8th St., Suite 100, Gresham 503-988-3840

#### ***Aging & Disability Services Mid-County***

2900 SE 122nd Ave., Portland 503-988-5480

#### ***Aging & Disability Services North/Northeast Portland***

5325 NE MLK Jr. Blvd. 503-988-5470

#### ***Aging & Disability Services Southeast Portland***

4610 SE Belmont St., Suite 200 503-988-3660

#### ***Aging & Disability Services West Portland***

1111 SW 10th Ave., 2nd Floor 503-988-5460

### **Washington County**

#### ***Beaverton Disability & Aging Services***

4805 SW Griffith Dr. 503-627-0362

### **Yamhill County**

#### ***McMinnville Disability Services Office***

300 SW Hill Rd. 503-472-9441

## ***Washington—Department of Social & Health Services***

If you live in Clark County, Washington, contact the Community Services Office below to apply for **Food Stamps**, **General Assistance**, **Basic Health**, and **Medicaid**.

### **Vancouver**

#### ***Columbia River Community Services Office***

5411 NE Mill Plain Blvd., Bldg. 1 360-759-2800



# ADVOCACY

advocacy  
discrimination  
legal assistance

Advocacy is the active support of a cause, person, or group of people. Agencies in this section offer different ways to advocate for HIV/AIDS issues and services.

## ADVOCACY

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### **Business/Labor Responds to AIDS Centers for Disease Control**

877-242-9760

[www.aidsatwork.org](http://www.aidsatwork.org)

Technical assistance and education for employers and employees about dealing with AIDS in the workplace. Includes legal issues and employment rights. Order publications by phone or online. Information available in Spanish.

### **Compassion & Choices**

800-247-7421

[www.compassionandchoices.org](http://www.compassionandchoices.org)

Information and support on death-with-dignity-related issues. Advocates for patient rights relating to end-of-life care, including assisted suicide. Advance directive and hospital authorization forms for unmarried partners are available online.

### **National Association of People With AIDS**

[www.napwa.org](http://www.napwa.org)

Leadership development training for people living with HIV/AIDS.

### **National Minority AIDS Council**

[www.nmac.org](http://www.nmac.org)

Leadership development, technical assistance, and policy work addressing HIV/AIDS within communities of color.

### **Public Benefits Hotline**

800-520-5292

Advice about problems with government benefits, like what to do if you have been denied public assistance such as Food Stamps, Welfare, SSI, SSDI, or Medicaid (Oregon Health Plan). Serves low-income Oregon residents. Call Monday, Tuesday, and Thursday, 1–4PM, and Wednesday and Friday, 9AM–NOON. Operated by *Legal Aid Services of Oregon* and the *Oregon Law Center*. Spanish-speaking staff available.

## DISCRIMINATION

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Discrimination is when a person is denied fair treatment because of race, color, national origin, sex, religion, age, sexual orientation, HIV status, or disability. The following programs can help if you have been discriminated against in housing, employment, or other areas. See also **Legal Assistance** on the next page.

### Bureau of Labor & Industry (BOLI)



#### Civil Rights Division

800 NE Oregon St., Suite 1045  
Portland, OR 97232  
503-731-4874

971-673-0766 TTY  
[www.oregon.gov/boli/crd](http://www.oregon.gov/boli/crd)

Call if you believe you have been discriminated against in employment, housing, or public accommodation because of your HIV status. Spanish-speaking staff available. Information about discrimination law is available online.

### Clackamas County Social Services



#### Housing Rights & Resources

2051 Kaen Rd.  
Oregon City, OR 97405  
503-650-5750

503-650-5646 TTY  
503-650-5722 fax

Information, referral, and help to file housing complaints and resolve landlord-tenant disputes for Clackamas County residents. Access to Spanish-speaking staff.

### Fair Housing Council of Oregon



1020 SW Taylor St., Suite 700  
Portland, OR 97205  
503-223-8295  
800-424-3247

503-223-3396 fax  
[information@fhco.org](mailto:information@fhco.org)  
[www.fhco.org](http://www.fhco.org)

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line.

### Oregon Advocacy Center



620 SW 5th Ave., 5th Floor  
Portland, OR 97204  
503-243-1738  
800-452-1694

503-243-2081 fax  
800-556-5351 TTY  
503-323-9161 TTY  
[www.oradvocacy.org](http://www.oradvocacy.org)

Lawyers and advocates help people with disabilities (including people living with HIV/AIDS) with legal problems that relate directly to their disability. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

## LEGAL ASSISTANCE

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If you need legal assistance, the following programs offer information, advice, and, in some cases, legal representation. See also **Discrimination** on page 23.

### Clark County Volunteer Lawyers Program

1409 Franklin St., Suite 101

Vancouver, WA 98660

360-695-5313 intake

360-823-0423 administration

360-823-0621 fax

Free legal assistance for low-income Clark County residents. Areas include family law, landlord-tenant disputes, bankruptcy, collection. Call for intake Monday–Thursday between 8–9:30AM. Access to foreign-language interpreters.

### CLEAR

#### Northwest Justice Project

Vancouver, WA

888-201-1014 toll free

[www.nwjustice.org](http://www.nwjustice.org)

Free legal assistance with noncriminal issues such as family law, housing, landlord-tenant disputes, senior issues, and problems with public benefits. Serves Washington residents (except King County) who have low income, and seniors over 60 years old. Call weekdays between 9:15AM–12:15PM. Extended hours on Tuesdays, from 3:30–6:15PM.

### Legal Aid Services of Oregon



Legal assistance for low-income people. Includes landlord-tenant disputes, subsidized housing, government benefits, senior issues, domestic relations, and domestic violence. Spanish-speaking staff. ASL and other foreign-language interpreters are also available.

#### Clackamas County

421 High St., Suite 110

Oregon City, OR 97045

503-655-2518

800-228-6958

503-655-2701 fax

#### Multnomah County

921 SW Washington St., Suite 500

Portland, OR 97205

503-224-4086 voice/TTY

888-610-8764 toll free

503-295-9496 fax

#### Washington & Columbia County

230 NE 2nd St., Suite A

Hillsboro, OR 97124

503-648-7163

888-245-4091 toll free

503-648-0513 fax

#### Yamhill County

720 E 3rd St.

McMinnville, OR 97128

503-472-9561

888-245-4091 toll free

503-472-1193 fax



### **Lewis & Clark Legal Clinic**

310 SW 4th Ave., Suite 1018  
Portland, OR 97204  
503-768-6500

503-768-6540 fax  
[www.lclark.edu/dept/lclinic/](http://www.lclark.edu/dept/lclinic/)

Teaching clinic of the Lewis & Clark Law School. Legal interns, under the supervision of attorneys, assist low-income people in the following areas: unemployment compensation hearings, child support modifications, divorces (limited), domestic violence issues (including restraining orders), eviction, Chapter 7 bankruptcy, and IRS tax issues. Cases involving a court appearance accepted only if the appearance is in a Multnomah County court. \$25 registration fee, plus court costs. Client intake limited to academic semesters. Access to Spanish-speaking staff and volunteers.

### **Oregon Bar Association**

503-684-3763  
800-452-7636

[www.osbar.org](http://www.osbar.org)

Statewide lawyer referral service. First consultation discount (\$35 maximum). Reduced-fee services for low-income Oregon residents through the *Modest Means* Program. Free legal advice and half-hour consultation for youth aged 11 to 17 through the *Problem Solvers* program.

### **Oregon Bar Association Tel-Law**

503-620-3000  
800-452-4776

[www.osbar.org](http://www.osbar.org)

Recorded telephone library provides information on general legal topics, including employment rights for the disabled and employment discrimination. Call to order a directory. Transcripts of Tel-Law topics are available online under “public information.” Available in English, Spanish, Russian, and Vietnamese formats.

### **OregonLawHelp**

[www.oregonlawhelp.org](http://www.oregonlawhelp.org)

Self-help legal information and legal-aid directory for low-income Oregon residents. Available in English, Spanish, and other languages.

### **WashingtonLawHelp**

[www.washingtonlawhelp.org](http://www.washingtonlawhelp.org)

Self-help legal information and legal-aid directory for low-income Washington residents. Available in English, Spanish, and other languages.



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

# BASIC NEEDS

information & referral  
clothing & household items  
drop-in centers  
financial assistance  
food & nutrition  
homeless shelters  
housing  
pet care  
telephone  
transportation

This section includes those things that you need to survive, such as food, clothing, and shelter. Most programs operate on very limited funding. The services in this section can supplement those listed under **Government Benefits** on page 12.

See **Homeless Youth Programs** on page 104 for programs especially for homeless youth.

## INFORMATION & REFERRAL

This guide does not list every resource that may be available in the community. The following information and referral resources can help you find other services when you're looking for help.

### 211 Info

dial 211

[www.211info.org](http://www.211info.org)

Serves the Portland-Vancouver area. Access to foreign-language interpreters.

### Community Action Team

503-397-3511

800-404-3511

Serves Columbia County.

### Yamhill Community Action Partnership (YCAP)

503-472-0457

800-945-9992

Serves Yamhill County.

## CLOTHING & HOUSEHOLD ITEMS

### Cascade AIDS Project Warehouse Project

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
[www.cascadeaids.org](http://www.cascadeaids.org)



Call to get on the waiting list for furniture. Priority is given to tenants who are in Cascade AIDS Project's housing programs. Bilingual Spanish-speaking staff available.

## Community Warehouse Northwest

2267 N Interstate Ave.  
Portland, OR 97227

503-221-0825  
www.oregoncommunitywarehouse.org

Provides case managers with free furniture and household items for low-income clients they are helping. The warehouse does not work directly with clients. Visit the web site for a list of participating agencies. Formerly *Oregon Community Warehouse*.

## Friends of People With AIDS Foundation



### Tod's Corner

P.O. Box 4014  
Portland, OR 97208  
503-349-4699

503-652-4455 fax  
client@friendspwa.org  
www.friendspwa.org

Clothing, household items, and limited medical supplies. Requires a referral from a case manager.

## Helping Hands Community Store



2740 SE Powell Blvd.  
Portland, OR 97202

503-548-0220  
www.humansolutions.org

Clothing for low-income Multnomah County residents. Limited to 10 articles of clothing per person, twice a month. Open Monday–Wednesday, 10AM–2PM.

## HIV Day Center



### Ecumenical Ministries of Oregon

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter

Clothing, hygiene supplies (shampoo, soap, etc.), and laundry facilities for low-income people living with HIV/AIDS.

## Martha's Pantry



### Metropolitan Community Church of the Gentle Shepherd

2200 Broadway, Suites E & F  
Vancouver, WA 98660

360-695-1480

Clothing, hygiene items, and cleaning supplies for low-income people with HIV/AIDS who live in Clark or Skamania counties. Requires a referral from a Clark County HIV case manager. Open Tuesday, 10AM–1PM, and Thursday, 4–7PM.

## Portland Adventist Community Services



11020 NE Halsey St.  
Portland, OR 97220  
503-252-8500 extension 118

503-257-2884 fax  
www.portlandacs.org

Limited clothing and household items for low-income people. Requires a case manager referral. Open Monday–Friday, 9AM–NOON. Call for information.

**Women of Wisdom (WOW)**  
**Quest Center for Integrative Health**



2901 E Burnside St.  
Portland, OR 97214  
503-238-5203

503-238-5202 fax  
info@projectquest.org  
www.projectquest.org

Monthly clothing night for low-income women living with HIV/AIDS and their children. Serves participants of the *WOW* program.

**DROP-IN CENTERS**

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**HIV Day Center**  
**Ecumenical Ministries of Oregon**



2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter

Drop-in center for low-income people with HIV/AIDS. Meals, clothing, showers, laundry, hygiene supplies (razors, soap, etc.), haircuts, and massage are available on site. Computers, telephones (including TDD unit), and mail drop available for client use at no cost.

**Share House**  
**Daily Living Services**



1115 W 13th St.  
Vancouver, WA 98660  
360-695-7658

360-993-2715 fax  
www.sharevancouver.org

Meals, clothing, showers, laundry, hygiene supplies, mail drop, and other services for homeless adults and children.

**Transition Projects, Inc.**  
**Community Service Center**



475 NW Glisan St.  
Portland, OR 97209  
503-823-4930

503-823-4940 fax  
www.tprojects.org

Showers, bus tickets, food boxes, voice mail, rental assistance, and other services for homeless adults. Spanish-speaking staff available.

## FINANCIAL ASSISTANCE

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Look in this section to find help with rent or utilities. The **Low Income Energy Assistance Program (LIEAP)** is a federally funded program that helps low-income people pay for heating bills during the winter. You can use it one time per season. The season usually runs from October or November until the funds run out. To apply, check with one of the **Community Action Agencies** below.

Other energy assistance programs include **Oregon HEAT** (for electricity customers), the **Oregon Energy Assistance Program** (for PGE customers), and the **Gas Assistance Program** and **Oregon Low Income Gas Assistance** (GAP and OLGA, for NW Natural customers).

Some agencies also provide emergency rent assistance for people at risk of homelessness, and help with water bills.

### Clark County Public Utilities

Vancouver, WA 98666  
360-992-3000

[www.clarkpublicutilities.com](http://www.clarkpublicutilities.com)



Assistance with winter heating bills for low-income Clark County residents. Also takes applications for *Operation Warm Heart*, which provides assistance for electricity customers who have received a final shut-off notice and have been disconnected, and who are not already receiving public assistance.

### Clackamas County Social Services

2051 Kaen Rd.  
Oregon City, OR 97045  
503-650-5640  
503-650-5766 Spanish

503-650-5646 TTY  
503-650-5722 fax  
[www.co.clackamas.or.us/socialservices/](http://www.co.clackamas.or.us/socialservices/)



Assistance with winter heating bills. Serves Clackamas County residents. Spanish-speaking staff available.

### Community Action Agencies—Multnomah County

#### **Albina Ministerial Alliance**

2337 N Williams Ave.  
Portland, OR 97227

503-285-0493  
503-281-6766 fax

Rent and energy assistance. Serves Northeast Portland.



#### **Human Solutions**

12350 SW Powell Blvd.  
Portland, OR 97236  
503-548-0200

503-548-0299 fax  
[www.humansolutions.org](http://www.humansolutions.org)

Rent and energy assistance. Serves outer East Portland. Spanish- and Russian-speaking staff available.



## Community Action Agencies—Multnomah County (Continued)

### ***Neighborhood House***

7780 SW Capitol Hwy.  
Portland, OR 97219 503-245-2819 fax  
503-246-1663 extension 103 and 106 www.nhweb.org

Limited rent assistance. Serves Multnomah County residents.



### ***Portland Impact***

10055 E Burnside St. 503-988-6020  
Portland, OR 97216 www.portlandimpact.org

Rent, energy, and water bill assistance. Serves Southeast and Northeast Portland. Spanish-, Russian-, and Slovak-speaking staff available. Access to other languages.



### ***Salvation Army Family Services***

1712 NE Sandy Blvd. 503-239-1264  
Portland, OR 97232 503-231-1839 fax

Energy assistance for Multnomah County residents. Water bill assistance for Portland residents.



### ***St. Vincent de Paul***

3601 SE 27th Ave.  
Portland, OR 97202 503-234-0598 fax  
503-235-8431 www.svdppdx.org

Rent, energy, and water bill assistance. Serves Downtown and Southeast Portland, Milwaukie, Gresham, and Troutdale. Part-time Spanish-speaking staff available.



### ***YWCA Housing Enrichment Resources***

4620 N Maryland Ave.  
Portland, OR 97217 503-721-6750 fax  
503-721-6760 www.ywca-pdx.org

Energy assistance for Multnomah County residents. Water bill assistance for Portland residents. Spanish-speaking staff available.



### ***Community Action***

1001 SW Baseline St. 503-615-0772  
Hillsboro, OR 97123 503-648-4175 fax  
503-615-0771 www.communityaction4u.org

Rent and energy assistance for Washington County residents. Spanish-speaking staff available.



### ***Community Action Team***

310 Columbia Blvd. 800-404-3511  
St. Helens, OR 97051 503-397-3290 fax  
503-397-3511 www.columbia-center.org/cat

Energy assistance for Columbia County residents. Access to Spanish-speaking staff.



## Salvation Army

7509 NE 47th Ave.  
Vancouver, WA 98661

360-694-9503  
360-694-1212 fax

Emergency rent assistance for Clark County residents.



## Yamhill Community Action Partnership (YCAP)

P.O. Box 621  
McMinnville, OR 97128  
503-472-0457

800-945-9992  
503-472-5555 fax

Energy, rent, and water assistance for Yamhill County residents. Spanish-speaking staff available.



## FOOD & NUTRITION

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This section includes information on food boxes and food pantries, gleaners, meal programs, and nutrition counseling programs that focus specifically on the nutrition needs of people living with HIV/AIDS. See **Government Benefits** for information on how to apply for **Food Stamps** or **WIC** (page 17). Nutrition counseling is also available at alternative and naturopathic clinics listed under **Complementary Medicine** on page 54.

### Oregon Food Bank

503-282-0555 Multnomah, Clackamas & Clark counties  
503-439-6510 Washington County  
800-777-7427

[www.oregonfoodbank.org](http://www.oregonfoodbank.org)

Call or visit the web site to locate a food bank or meal site in your area. The *Community Basket* program provides groceries once a month through agencies in the Portland area.

### Daily Bread Express (DBX)

#### Ecumenical Ministries of Oregon

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
[hivcenter@emoregon.org](mailto:hivcenter@emoregon.org)  
[www.emoregon.org/hivdaycenter.htm](http://www.emoregon.org/hivdaycenter.htm)

Home-delivered meals for low-income people living with HIV/AIDS. Serves Clackamas, Columbia, Multnomah, Yamhill, Washington, and Clark counties. You must be referred by a case manager, doctor, or social worker.



### Esther's Pantry

#### Friends of People with AIDS Foundation

3315 SE Harrison St.  
Portland, OR 97222  
503-593-5569

503-652-6884 fax  
[esthers@friendspwa.org](mailto:esthers@friendspwa.org)  
[www.friendspwa.org](http://www.friendspwa.org)

Food bank for low-income people who are medically disabled because of HIV or AIDS. Available once a month. Some personal care items available. Open Tuesday and Thursday, 3–6PM. Access to Spanish-speaking volunteers.





## Friendly House

1808 NW Irving St.  
Portland, OR 97209  
503-228-4335

503-228-0359 fax  
www.friendlyhouseinc.org

Food boxes for Northwest Portland residents, available on Tuesdays and Fridays from 11AM–1PM. Anyone may receive free produce at a monthly farmer’s market, held every 2nd Wednesday from 10:30AM–NOON. Arrive early to sign up.

## Gleaners

Gleaners are organizations that gather food left after farms and stores have sold all they can. Typically, gleaners offer produce once or twice a week. Some may have bread or other groceries donated to them. Generally, a \$10–20 monthly membership fee is required. Most serve the low-income, disabled, and elderly, and an income screening is usually required. Call for information and hours.

### ***Generous Ventures***

6148 SE 111th Ave.  
Portland, OR 97266 503-788-0209

### ***Gleaners of Clackamas County***

13821 Fir St.  
Oregon City, OR 97045 503-655-8740  
(Clackamas County residents only)

### ***Golden Harvesters***

6825 N Willamette Blvd.  
Portland, OR 97203 503-286-0750  
(Bread and grocery items only)

### ***Forest Grove Family Resource Center***

1341 Pacific Ave.  
Forest Grove, OR 97116 503-359-2598

### ***Tualatin Valley Gleaners***

12350 SW 5th St.  
Beaverton, OR 97005 503-439-6510

## HIV Day Center

### **Ecumenical Ministries of Oregon**

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter



Hot breakfast and lunch for low-income people living with HIV/AIDS. Services are free, but donations are accepted. Call for mealtimes.

## Loaves & Fishes Meals On Wheels

7710 SW 31st Ave.  
Portland, OR 97280  
503-736-6325

503-736-6322 fax  
www.loavesandfishesonline.org

Home-delivered hot lunches for Multnomah, Washington, and Clark County residents who are at least 60 years old, or disabled and receiving Medicaid. If you are under 60, you must be referred by a disability case worker. Suggested donation is \$2.75 per meal.

## Martha's Pantry

### Metropolitan Community Church of the Gentle Shepherd

2200 Broadway, Suites E & F  
Vancouver, WA 98660

360-695-1480

Food pantry for low-income people with HIV/AIDS who live in Clark or Skamania counties. Available once a month. Some hygiene and cleaning items available. Requires a referral from a Clark County HIV case manager. Open Tuesday, 10AM–1PM, and Thursday, 4–7PM.



## Neighborhood House

7780 SW Capitol Hwy.  
Portland, OR 97219  
503-246-1663

503-245-2819 fax  
www.nhweb.org

Emergency food boxes available every 30 days to income-eligible residents of Multnomah County. Some hygiene items available. Proof of address required. Open Monday, 1:30–5PM; Wednesday, 10AM–NOON and 1:30–5PM; and Thursday, 4–8PM. Spanish-speaking staff available.



## Newberg FISH

208 S River St.  
Newberg, OR 97132

503-538-4444

Emergency food boxes available every 30 days to income-eligible residents of Newberg and Dundee. Open Monday, Tuesday, and Thursday, 11AM–2PM.



## Northeast Emergency Food Program Ecumenical Ministries of Oregon

1912 NE Killingsworth Blvd.  
Portland, OR 97217  
503-284-5470

nefp@emoregon.com  
www.emoregon.org/NEFP

Food bank for low-income residents of North or Northeast Portland. A four-day supply of food for each family member is available up to 3 times in a six-month period. Open Monday, Tuesday, Thursday, and Saturday from 1–4PM.



## Portland Adventist Community Services



11020 NE Halsey St.

Portland, OR 97220

503-252-8500 extension 118

503-257-2884 fax

www.portlandacs.org

Emergency food distribution for low-income people. A three-day supply of food is available every 30 days. Open Monday–Friday, 9AM–NOON. Call for information.

## Quest Center for Integrative Health



2901 E Burnside St.

Portland, OR 97214

503-238-5203

503-238-5202 fax

info@projectquest.org

www.projectquest.org

Weekly cooking lesson and shared meals for people with HIV/AIDS, cancer, and other chronic illnesses. A small donation (\$3–5) is requested to help pay for the food. Call for schedule and details. Spanish-speaking staff available. Access to other foreign-language interpreters. Formerly *Project Quest*.

## St. Barnabas Soup Kitchen

822 SW 2nd St.

McMinnville, OR 97128

503-472-3711

Hot meals served Monday, Wednesday, and Friday, 4–6PM at St. Barnabas Episcopal Church. Free and available to anyone.

## St. Vincent de Paul



3601 SE 27th Ave.

Portland, OR 97202

503-235-8431

503-234-0598 fax

Emergency food boxes available every 30 days for income-eligible residents of Downtown and Southeast Portland, Milwaukie, Gresham, and Troutdale. Open Monday–Friday, 10AM–NOON and 1–4PM. Free hot meals served on weekdays. Part-time Spanish speaking staff available.

## Salvation Army



7509 NE 47th Ave.

Vancouver, WA 98661

360-694-9503

360-694-1212 fax

Emergency food boxes available every 60 days. USDA commodities available monthly to eligible clients. Open Monday–Friday, 9AM–NOON and 1–4:30PM.

## Yamhill Community Action Partnership (YCAP)



P.O. Box 621

McMinnville, OR 97128

503-472-0457

800-945-9992

503-472-5555 fax

Food bank for low-income residents of Yamhill County. Open Monday–Friday, 8AM–5PM. Spanish-speaking staff available.

## Yamhill County Public Health

412 NE Ford St.  
McMinnville, OR 97128  
503-434-7421

503-472-9731 fax  
hansenc@co.yamhill.or.us  
www.co.yamhill.or.us



Home-delivered meals for low-income Yamhill County residents living with HIV/AIDS, provided by the *Daily Bread Express (DBX)* program. Access to Spanish-speaking staff.

## HOMELESS SHELTERS

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Most shelters require that you be alcohol and drug free. Some also may require a TB card. See **Homeless Youth Programs** on page 104 for emergency shelter, transitional housing, drop-in centers, and case management specifically for homeless youth. For **Domestic Violence Shelters**, see page 100.

### Clackamas County Social Services

#### Housing Rights & Resources

2051 Kaen Rd.  
Oregon City, OR 97405  
503-650-5750

503-650-5646 TTY  
503-650-5722 fax



Call weekdays to access homeless shelters in Clackamas County. There may be a waiting list. Access to Spanish-speaking staff.

### Clark County Emergency Shelter Clearinghouse

360-695-9677

Call to access shelters in the Vancouver area, 9AM-8PM daily.

### Portland Rescue Mission

111 W Burnside St.  
Portland, OR 97209

503-906-7690



Homeless shelter for men. Stays limited to 7 nights every 30 days. TB card required.

### Salvation Army Harbor Light Shelter

30 SW 2nd Ave.  
Portland, OR 97203

503-239-1259



Emergency shelter for homeless women. Winter shelter for men available November 1 to March 31.

## Share House

1115 W 13th St.  
Vancouver, WA 98660  
360-695-7658

360-993-2715 fax  
www.sharevancouver.org

Homeless shelter for men. Call the *Clark County Emergency Shelter Clearinghouse* (see previous page) to access shelters for women and families. Meals, clothing, showers, laundry, hygiene supplies, mail drop, and other services for homeless adults and children available on site. Call for hours.

## Transition Projects, Inc.

475 NW Glisan St.  
Portland, OR 97209  
503-823-4930

503-823-4940 fax  
www.tprojects.org



Homeless shelters for single men and women. Contact to be put on the waiting list, Monday–Friday, 8AM–4PM. Showers, bus tickets, food boxes, rental assistance, and other services available on site at the Community Service Center. Spanish-speaking staff available.

## Winter Shelter Line

503-721-1500

Call to access Portland-area shelters from November 1 to March 31. Serves adults with children only. First-come, first-served only. No wait list.

## HOUSING

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This section includes programs designed to help people obtain and keep permanent housing, and includes low-cost or subsidized housing, transitional housing, shelter vouchers, and roommate referral services. See **Homeless Youth Programs** on page 104 to find housing specifically for homeless youth.

The **Ready-To-Rent** renter education program can help people who have bad credit, a criminal record, or poor rental history obtain affordable housing. Courses are available at Cascade AIDS Project and other agencies. Check the Housing Connections web site below for the latest schedule.

## Housing Connections

[www.housingconnections.org](http://www.housingconnections.org)

Search affordable rentals online. Includes listings for Section 8, *Ready-to-Rent*, *Fresh Start*, and special needs housing programs. Information about other housing resources such as homeless shelters, *Ready-to-Rent* classes, and homeownership programs. Serves Multnomah, Washington, Clackamas, Yamhill, and Clark counties.

## Albina Ministerial Alliance

2337 N Williams Ave.  
Portland, OR 97227

503-285-0493  
503-281-6766 fax



Emergency shelter, transitional housing, and case management to homeless families in Northeast Portland. Spanish-speaking staff available.

## Blanchet Farm

Carlton, OR  
503-852-6626

503-852-4416 fax

Transitional alcohol- and drug-free housing program for single men who are in treatment and willing to work on a farm. Requires a two-month commitment. Unable to accommodate people with severe mental or physical disabilities. There may be a wait list. Call for a screening.

## Cascade AIDS Project

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
[www.cascadeaids.org](http://www.cascadeaids.org)



Housing assistance for low-income people living with or affected by HIV/AIDS. Includes information and referral, transitional housing, and permanent affordable housing programs. Housing workshops such as *Ready-To-Rent* teach clients how to find and keep permanent housing. Emergency assistance is available for rent, application fees, and deposits. Spanish-speaking staff and resources available.

## Central City Concern Housing Program

523 NW Everett St.  
Portland, OR 97209  
503-525-8483

503-228-1696 fax  
[www.centralcityconcern.org](http://www.centralcityconcern.org)



Permanent subsidized and unsubsidized low-income housing. Includes Section 8, Single Room Occupancy units, alcohol- and drug-free housing, housing for people with HIV/AIDS, and for people with mental health issues. Spanish-speaking staff available.

## Central City Concern Rose Wood Apartments

4810 NE Sandy Blvd.  
Portland, OR 97213  
503-525-8483 intake

503-493-1717  
503-493-1872 fax  
[www.centralcityconcern.org](http://www.centralcityconcern.org)



Permanent, low-cost, subsidized studio and one-bedroom apartments for low-income people living with HIV/AIDS. All units are alcohol- and drug-free. Call the housing program for intake.



## Clackamas County Social Services Housing Rights & Resources

2051 Kaen Rd.

Oregon City, OR 97405

503-650-5750

503-650-5646 TTY

503-650-5722 fax

Information and referral to low-cost housing for low-income Clackamas County residents. Access to Spanish-speaking staff.



## Clark County Public Health HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor

Vancouver, WA 98666

360-397-8060

Emergency and transitional housing assistance for Clark County residents living with HIV/AIDS.

## Craigslist

[portland.craigslist.org](http://portland.craigslist.org)

Free community bulletin board. Search online for rentals, roommates, and shared housing. If you have email, you can place an anonymous notice under “housing wanted.”

## Friendly House

1808 NW Irving St.

Portland, OR 97209

503-228-4335

503-228-0359 fax

[www.friendlyhouseinc.org](http://www.friendlyhouseinc.org)

Transitional housing program for homeless families. Information and referral to low-cost, long-term housing. Spanish-speaking staff available.



## Hacienda Community Development

5136 NE 42nd Ave.

Portland, OR 97218

503-595-2111

503-595-2116 fax

[www.haciendacdc.org](http://www.haciendacdc.org)

Low-cost apartments in Northeast Portland. Serves those eligible for Section 8 housing certificates. On-site managers are bilingual in Spanish and English.



## Hopewell Apartments

Portland, OR 97201

503-552-6213

503-963-7711 fax

Housing and services to help people living with HIV/AIDS and psychiatric disabilities live as independently as possible. Tenants pay about 30% of their income for rent and utilities. Confidential Hillsdale location. Call to get on the wait list. Access to ASL and foreign-language interpreters. Operated by *Cascadia Behavioral HealthCare*.



## Housing Authorities

Federally funded low-income housing and rent assistance. Contact to be put on the wait list for the Housing Choice (Section 8) voucher program or Low Rent Public Housing (LRPH). Average wait time is 2–5 years. Depending on where you live, a terminal illness may qualify you for a priority listing. Other services include special needs housing, transitional housing, and affordable homeownership programs. Serves those with incomes from 30–80% of the area median income.

### *Housing Authority of Clackamas County*

13930 S Gain St. 503-655-8639 TDD  
Oregon City, OR 97045 503-655-8676 fax  
503-655-8267 [www.co.clackamas.or.us/hacc/](http://www.co.clackamas.or.us/hacc/)



### *Housing Authority of Portland (HAP)*

135 SW Ash St. 503-802-8554 TTY  
Portland, OR 97204 [www.hapdx.org](http://www.hapdx.org)  
503-802-8300



### *Housing Authority of Yamhill County*

135 NE Dunn Place 888-434-6571 toll free (Yamhill County only)  
P.O. Box 865 800-735-2900 TDD  
McMinnville, OR 97128 503-472-4376 fax  
503-883-4300 [www.hayc.org](http://www.hayc.org)



### *Washington County Department of Housing Services*

111 NE Lincoln St., Suite 200-L 503-846-4793 TTY  
Hillsboro, OR 97124 503-846-4795 fax  
503-846-4794 [www.co.washington.or.us/housing](http://www.co.washington.or.us/housing)



### *Vancouver Housing Authority*

2500 Main St., Suite 100 360-694-0842 TDD  
Vancouver, WA 98660 360-993-9594 fax  
360-694-2501 [www.vhousa.com](http://www.vhousa.com)



## Human Solutions

12350 SE Powell Blvd. 503-548-0299 fax  
Portland, OR 97236 [www.humansolutions.org](http://www.humansolutions.org)  
503-548-0200



Transitional housing program for low-income homeless families and single parents. Permanent, low-income rental housing for qualifying residents. Information on other affordable housing resources. Spanish-, Russian-, and Romanian-speaking staff available.

## Neighborhood House Turning Point

6552 SW 19th Ave.  
Portland, OR 97239  
503-452-2944

503-245-2819 fax  
www.nhweb.org



Transitional housing program for low-income families. Requires a written referral from a social services agency.

## Northwest Pilot Project

1430 SW Broadway Ave., Suite 200  
Portland, OR 97201  
503-227-5605

503-274-8559 fax  
www.nwpilotproject.org



Housing assistance for Multnomah County residents age 55 or older. Includes emergency and transitional housing, moving and relocation assistance, and eviction prevention. Access to foreign language and ASL interpreters.

## Oxford Houses

503-247-0777 Oregon  
360-695-4167 Clark County, WA

www.oxfordhousesoforegon.com  
www.waoxfordhouse.org

Low-cost alcohol- and drug-free housing in shared rental homes. Separate facilities for men and women. Houses are self-run by residents who share household expenses and housekeeping chores. To be eligible, you must have completed treatment and be alcohol- and drug-free for a specified period. Call or visit the web site to find a vacancy.

## Patton Home Ecumenical Ministries of Oregon

4619 N Michigan St.  
Portland, OR 97217  
503-281-1844

503-281-1265 fax  
pattonhome@ipmco.com  
www.emoregon.org/pattonhome



Affordable alcohol- and drug-free housing in a community living setting for single men and women. Single Room Occupancy units. Serves low to moderate incomes. On-site meals available; Oregon Trail Card accepted. Open to anyone.

## Portland Community Reinvestment Initiatives, Inc. (PCRI)

6329 NE MLK Jr. Blvd.  
Portland, OR 97211  
503-288-2923

503-288-2891 fax  
pcri@pcrihome.org  
www.pcrihome.org



Program for low- to moderate-income people to rent single-family homes and apartments. \$35 application fee. Accepts Section 8. Works with Cascade AIDS Project to provide housing for people living with HIV/AIDS. Serves North and Northeast Portland. Spanish- and other foreign-language speakers available.

## Portland Housing Center



3233 NE Sandy Blvd.  
Portland, OR 97232  
503-282-7744

503-736-0101 fax  
[www.portlandhousingcenter.org](http://www.portlandhousingcenter.org)

Classes, counseling, and financial assistance for first-time home buyers. \$50 fee. Serves low to moderate incomes. Spanish-speaking staff and classes available.

## Portland Impact



10055 E Burnside St.  
Portland, OR 97216  
503-988-6000

503-988-6099 fax  
[www.portlandimpact.org](http://www.portlandimpact.org)

Emergency and transitional housing and case management for low-income residents of Southeast (and parts of Northeast) Portland. Spanish-, Russian-, and Slovak-speaking staff available. Access to other languages.

## Reach Community Development



1135 SE Salmon St.  
Portland, OR 97214  
503-231-0682

503-236-3429 fax  
[www.reachcdc.org](http://www.reachcdc.org)

Rents houses, studios, and apartments in inner Southeast Portland to low-income people. Accepts Section 8. Home-repair assistance for senior or disabled homeowners. Call to get on the waiting list. Spanish-speaking staff available.

## ROSE Community Development



5215 SE Duke St.  
Portland, OR 97206  
503-788-8052

503-788-9197 fax  
[www.rosecdc.org](http://www.rosecdc.org)

Low-cost rentals in outer Southeast Portland for people with low- to moderate-incomes. Information and assistance for first-time homebuyers. Spanish- and Russian-speaking staff available.

## Shared Housing Referral & Matching Service



### Ecumenical Ministries of Oregon

2906 NE Glisan St.  
Portland, OR 97232  
503-225-9924

503-226-2569 fax  
[housing@emoregon.org](mailto:housing@emoregon.org)  
[www.emoregon.org/shared.htm](http://www.emoregon.org/shared.htm)

Matches homeowners with individuals in need of housing in Multnomah, Washington, Clackamas, and Clark counties. Some of the homeowners are seeking to exchange help with household chores or caregiving for rent. A stipend may be offered in some situations. Low application and placement fees. A criminal background check is required for both the homeowner and home-seeker.

## Transition Projects, Inc.

475 NW Glisan St.  
Portland, OR 97209  
503-823-4930

503-823-4940 fax  
www.tprojects.org



Transitional housing for people on parole or probation in Multnomah County. Requires a referral from a parole officer. Permanent, alcohol- and drug-free apartments for homeless women in recovery are also available with a referral from a treatment agency. Spanish-speaking staff available.

## Yamhill Community Action Partnership (YCAP)

P.O. Box 621  
McMinnville, OR 97128  
503-472-0457

800-945-9992  
503-472-5555 fax



Transitional housing program for families that are homeless or at risk of homelessness. Serves low-income Yamhill County residents. Access to Spanish-speaking staff.

## PET CARE

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### Friends of People With AIDS Foundation

P.O. Box 4014  
Portland, OR 97208  
503-349-4699

503-652-4455 fax  
client@friendspwa.org  
www.friendspwa.org



Financial help with pet food, basic veterinary bills, and euthanasia. Requires a referral from a case manager.

## TELEPHONE

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If you don't have a phone due to low income or homelessness, you may be able to get voice mail through the **Community Voice Mail** program. HIV case management staff can help you apply. You can also sign up through other agencies.

### Community Voice Mail

Free, temporary voice mail for low-income people who don't have a phone. Call to find a participating agency in your area. System bilingual in Spanish.

#### *Portland*

Transition Projects Inc. (TPI)  
503-823-4930 extension 223

www.tprojects.org

#### *Vancouver*

Council for the Homeless  
503-699-5106 extension 100

www.icfth.com

## Clark County Public Health HIV/AIDS Case Management Program



1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666 360-397-8060

Free temporary voice mail through the *Community Voice Mail* program. Serves low-income Clark County residents with HIV/AIDS who do not have a phone. System bilingual in Spanish.

## OHSU Partnership Project



5525 SE Milwaukie Ave. 503-230-1202  
Portland, OR 97202 503-230-1213 fax  
503-517-3590 intake www.ohsu.edu/partnership

Free temporary voice mail through the *Community Voice Mail* program. Serves low-income Clackamas, Columbia, Multnomah, and Washington County residents with HIV/AIDS who do not have a phone. System bilingual in Spanish.

## Oregon Telephone Assistance Program (OTAP)



### Oregon Public Utilities Commission

P.O. Box 2148 800-648-3458 TTY  
Salem, OR 97308 www.rspf.org  
800-848-4442 intake

\$13.50 off monthly telephone bills for people on the Oregon Health Plan, Food Stamps, Welfare, Medicaid, or Supplemental Security Income (SSI). Half off the line fee (up to \$15) to hook up a new phone. Call to apply. You can also apply online in English or Spanish. Access to foreign-language and ASL interpreters.

## Washington Telephone Assistance Program (WTAP)



### Washington Utilities & Transportation Commission

P.O. Box 47250 800-562-6150  
Olympia, WA 98504 www.wutc.wa.gov/consumer

Telephone bill discount for people who get assistance from the Department of Social and Health Services (DHS), including Food Stamps, Medicaid, Welfare, and Social Security Income (SSI). Call your telephone company to sign up. If you encounter problems and need assistance, you can call WTAP directly.

## TRANSPORTATION

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Transportation assistance includes bus passes, bus tickets, gas vouchers, and taxi vouchers. Some agencies may also provide rides in wheelchair vans or ambulances.

### Clark County Public Health HIV/AIDS Case Management Program



1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666 360-397-8060

Transportation assistance for low-income Clark County residents with HIV/AIDS. You must be going to a medical appointment or to get social services.

### Columbia County Rider



888-462-6526 503-693-3216 fax

Scheduled bus service between St. Helens and Portland. \$4 each way.

### C-TRAN



P.O. Box 2529  
Vancouver, WA 98668 360-695-8918 C-Van  
360-695-0123 360-695-9715 TTY  
503-283-8054 Portland www.c-tran.com

Discounted bus passes for disabled and low-income people. C-Van provides paratransit service for Clark County residents whose disabilities prevent them from using regular C-TRAN service. Call for eligibility requirements and an application; a doctor's approval is required.

### HIV Day Center Ecumenical Ministries of Oregon



2941 NE Ainsworth St. 503-460-3933 fax  
Portland, OR 97211 hivcenter@emoregon.org  
503-460-3822 www.emoregon.org/hivdaycenter

Monthly bus passes for low-income people with HIV/AIDS. Limited supply. For HIV Day Center clients only.

### Human Services Council



201 NE 73rd St., Suite 101 360-258-2103 employment  
Vancouver, WA 98665 360-694-1446 fax  
360-694-9997 medical www.humanservicescouncil.com

Transportation assistance for low-income Clark County residents. The *Medical Transportation Brokerage* serves Medicaid clients who are going to a medical appointment. The *Employment Transportation Brokerage* provides help getting to work, job interviews, job training sites, and other work-related activities.

## Medical Transportation Program (MTP)



P.O. Box 10054 503-802-8700  
Portland, OR 97210 800-889-8726

Transportation assistance for Oregon Health Plan Plus clients in Multnomah, Clackamas, and Washington counties who are going to a medical appointment. Call Monday–Friday, 6AM–8PM, and Saturday, 7AM–8PM. Foreign-language interpreters available.

## Northwest Ride Center



900 Marine Drive  
Astoria, OR 97103 866-811-1001 toll free  
503-861-0657 503-325-1606 fax

Transportation assistance for eligible Oregon Health Plan Plus and Medicaid clients in Columbia County who are going to a medical appointment. Includes rides to Portland, Vancouver, and Longview. Access to part-time Spanish-speaking staff.

## OHSU Partnership Project



5525 SE Milwaukie Ave. 503-230-1202  
Portland, OR 97202 503-230-1213 fax  
503-517-3590 intake www.ohsu.edu/partnership

Transportation assistance for low-income people with HIV/AIDS who need help getting to a health appointment. Serves Clackamas, Columbia, Multnomah, and Washington County residents. Spanish-speaking staff available.

## Ride Connection



3030 SW Moody Ave., Suite 230 503-528-1755 fax  
Portland, OR 97201 ride@rideconnection.org  
503-226-0700 www.rideconnection.org

Coordinates rides for seniors and people with disabilities in Multnomah, Clackamas, and Washington counties. Most programs have lift-equipped vehicles. The *WorkLink* program teaches low-income clients how to get to work by bus, MAX, and bike. Donations appreciated. Access to foreign-language interpreters.

## SAM



38348 Pioneer Blvd. 800-735-2900 TTY  
Sandy, OR 97055 503-668-5891 fax  
503-668-3466 www.cityofsandy.com

Scheduled bus service around Sandy, and to Estacada, Gresham, and Rhododendron. Wheelchair van rides to medical services for seniors and people with disabilities. *Dial-A-Ride* service available to anyone. Requires at least 24 hours advance notice. Schedules available in Spanish.

## SCAT Transportation



33342 SW Meadow Dr.  
Scappoose, OR 97056

503-543-6233  
503-543-3480 fax

*Dial-A-Ride* and medical van rides to Portland. Serves St. Helens and Scappoose residents. Requires at least 24 hours advance notice.

## SMART



30000 SW Town Center Loop E  
Wilsonville, OR 97070  
503-682-7790

800-735-2900 TDD  
503-685-9180 fax  
www.ridesmart.com

Scheduled bus service around Wilsonville and to Portland, Canby, and Salem. Other transportation needs provided by *Dial-A-Ride*, with priority given to seniors and people with disabilities. Requires 24 hours advance notice.

## Transportation Reaching People (TRP)



P.O. Box 68367  
Oak Grove, OR 97268

503-655-8208  
503-794-8010 TDD

Volunteer transportation, including wheelchair vans, for seniors and people with disabilities living in Clackamas County. Donations accepted. Requires 3 days advance notice.

## TriMet



### Honored Citizen Program

701 SW 6th Ave.  
Portland, OR 97204  
503-962-2455  
503-802-8200 LIFT

503-238-5811 TTY  
503-962-2370 fax  
www.trimet.org

Discounted fares and bus passes available for people with HIV/AIDS through the *Honored Citizen* program. Requires a doctor's approval. The *LIFT* program provides wheelchair van service for people whose disabilities prevent them from using regular TriMet service. Call for an application. Access to foreign-language interpreters.

## TripLink



503-315-5544  
888-315-5544 toll free

503-315-5514 fax

Transportation assistance for eligible Oregon Health Plan Plus clients in Marion, Polk, and Yamhill counties who are going to a medical appointment. Includes rides to Portland. Requires 48 hours advance notice. Spanish-speaking staff available.





## Yamco Transit

### Yamhill Community Action Partnership (YCAP)

P.O. Box 621

800-945-9992

McMinnville, OR 97128

503-472-5555 fax

503-472-0457

[www.co.yamhill.or.us/transit/](http://www.co.yamhill.or.us/transit/)

Scheduled bus service around McMinnville, Newberg, Sheridan, and Willamina. Additional routes link McMinnville to Hillsboro, Salem, Sherwood, and outlying areas. Other transportation needs provided by *Dial-A-Ride*, available to anyone. Requires 24 hours advance notice.



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

# DAILY LIVING

activities  
disability resources  
employment  
funeral & cremation  
life skills workshops

This section contains special services and programs to help people living with HIV/AIDS get back into a daily routine and live a fuller and healthier life.

## ACTIVITIES

### Cascade AIDS Project

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
[www.cascadeaids.org](http://www.cascadeaids.org)



### Camp Starlight

Free, weeklong summer camp for kids aged 5 to 17 who are living with or affected by HIV/AIDS. Held in late August. Serves Oregon and Southwest Washington residents.

### The Link

Weekly social activity group for HIV-positive gay and bisexual men. Meets every Wednesday at 6PM.

### Quest Center for Integrative Health

2901 E Burnside St.  
Portland, OR 97214  
503-238-5203

503-238-5202 fax  
[info@projectquest.org](mailto:info@projectquest.org)  
[www.projectquest.org](http://www.projectquest.org)



Yoga classes for people with HIV/AIDS. Team sports and outdoor activities through the *Team Quest* program. Call for more information. Formerly *Project Quest*.

### Write Around Portland (WRAP)

503-796-9224

[www.writearound.org](http://www.writearound.org)

Free creative writing workshops for people with HIV/AIDS at Cascade AIDS Project, and for sexual minority youth at SMYRC. Call for a schedule.

## DISABILITY RESOURCES

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See listings under **Government Benefits** starting on page 12 to sign up for programs that can help people with disabilities pay for basic needs such as housing, food, income, medical care, and insurance.

### Disability Resources of Southwest Washington



2700 NE Andersen Rd., Suite D5  
Vancouver, WA 98661  
360-694-6790

360-882-1324 fax/TTY  
800-735-2900 relay  
www.darsw.com

Promotes independent living for people with disabilities through skills building workshops and advocacy. Also provides information and referral, peer support and counseling, support groups, Americans with Disabilities Act program, recreation, and community presentations. ASL interpreter available.

### Independent Living Resources



2410 SE 11th Ave.  
Portland, OR 97214  
503-232-7411

503-232-7480 fax  
503-232-8408 TTY  
www.ilr.org

Works to make people with any disability more independent in the community. Information and referral, peer support and counseling, support groups, advocacy, skills training, cane orientation for loss of sight, deaf and blind services, Americans with Disabilities Act program, and transcription services (translating print into Braille or audio tape).

### Oregon Commission for the Blind



535 SE 12th Ave.  
Portland, OR 97214  
971-673-1588

971-673-1570 fax  
www.cfb.state.or.us

Services for blind adults includes training and instruction on mobility, adaptive computer equipment, Braille, and living skills. Employment assistance and vocational counseling. Online resource guide. Staff fluent in ASL and Spanish. Access to other foreign-language interpreters.

### Oregon Advocacy Center



620 SW 5th Ave., 5th Floor  
Portland, OR 97204  
503-243-1738  
800-452-1694

503-243-2081 fax  
800-556-5351 TTY  
503-323-9161 TTY  
www.oradvocacy.org

Defends the rights of people with disabilities. Information and advice about disability benefits, and assistance with legal problems relating directly to a disability. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.



## Oregon Public Utilities Commission Telecommunications Devices Access Program (TDAP)

P.O. Box 2148

Salem, OR 97308

800-848-4442

800-648-3458 TDD

503-373-1413 TTY

503-378-6074 fax

[www.puc.state.or.us](http://www.puc.state.or.us)

Loans telecommunications equipment to hearing-, speech-, vision-, or mobility-impaired individuals who are unable to use a standard phone. Access to Spanish-speaking staff, other foreign-language and ASL interpreters.

## Telecommunications Relay Service

dial 711

[www.fcc.gov/cgb/consumerfacts/711.html](http://www.fcc.gov/cgb/consumerfacts/711.html)

Nationwide relay line provides communications assistance for the hearing impaired and people with speech disabilities. Dial to have an operator act as a voice/TTY translator when you call a line that is text-only, or to have an operator restate the speech of someone who is hard to understand (speech-to-speech relay). Voice and hearing carryover also can be arranged.

## EMPLOYMENT

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The following programs offer resources to help people re-enter the workforce. If you are disabled and go back to work, you could lose some government benefits such as SSI, SSDI, or Medicaid. It's a good idea to speak with a benefits planner first to find out how your benefits might be affected.

### Central City Concern Workforce Program

2 NW 2nd Ave.

Portland, OR 97209

503-226-7387

503-226-7921 fax

[info@cccworkforce.org](mailto:info@cccworkforce.org)

[www.centralcityconcern.org](http://www.centralcityconcern.org)



Job-search training, counseling, and resources. Offers skills assessments, access to computer resources and the Internet, job leads, and voice mail. Low-income individuals may be eligible for free or low-cost training programs and transportation to interviews. The *Shoreline* program provides long-term, temporary alcohol- and drug-free housing in conjunction with helping unemployed people find and maintain full-time employment. Bilingual Spanish-speaking staff available.

### Employed Persons With Disabilities Program (EPD)

Helps disabled Oregon residents who are working full or part time obtain or keep Medicaid benefits. This is not a low-income program, and you don't have to be on SSI or SSDI. However, your condition must meet Social Security's definition of what it means to be disabled. Participants pay part of the coverage costs based on their income sources. An Employment Initiative case manager can help determine whether this program will work for you. Contact a Disability Services office to apply. See listings on page 20.



**Goodwill Industries  
Job Connection**

[www.meetgoodwill.org](http://www.meetgoodwill.org)

Free 30-day job search assistance for people who are disabled or disadvantaged, including due to HIV/AIDS. Provides referrals to employers based on existing job skills and vocational needs. You must be actively seeking work. Call for an appointment. Spanish-speaking staff available at Vancouver location. Can arrange ASL interpreters.

**Portland**

1943 SE 6th Ave.  
Portland, OR 97214

503-239-1734  
888-443-9455 extension 706

**Aloha**

775 SW 185th Ave.  
Aloha, OR 97006

503-239-1712

**McMinnville**

1371 N Hwy 99W  
McMinnville, OR 97128

503-474-3813

**Vancouver**

6425 NE Fourth Plain Blvd.  
Vancouver, WA 98661

360-695-1923



**Hands On Portland**

2145 NW Overton St.  
Portland, OR 97210  
503-413-7787

503-413-7671 fax  
[info@handsonportland.org](mailto:info@handsonportland.org)  
[www.handsonportland.org](http://www.handsonportland.org)

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations throughout the Portland metropolitan area. Free placement.

**Healthcare for Workers with Disabilities (HWD)**

877-980-9180 toll free

Helps disabled Washington residents who are working full or part time keep Medicaid. You don't have to be on SSI or SSDI. However, you must have a disability determination from Social Security. Participants pay a monthly premium based on their income sources. Call or visit your Community Service Office to apply. See listings on page 20.

**Jobdango.com**

[www.jobdango.com](http://www.jobdango.com)

Search online for jobs in Oregon and Washington. Free.



## Oregon Advocacy Center Passage to Independence Project

620 SW 5th Ave., 5th Floor  
Portland, OR 97204  
503-243-2081  
800-452-1694

503-243-1738 fax  
800-243-1738 TTY  
welcome@oradvocacy.org  
www.oradvocacy.org

Free benefits-planning assistance for Oregon residents who are receiving SSI or SSDI and are interested in returning to work. Helps people understand how earnings affect benefits. Call for an appointment. Access to foreign-language and ASL interpreters.

## POZ Magazine

[www.poz.com/marketplace/jobpostings.shtml](http://www.poz.com/marketplace/jobpostings.shtml)

Search online for jobs in the HIV/AIDS field. Nationwide listings.



## Ticket to Work

866-968-7842 toll free  
866-833-2967 TTY

[www.yourtickettowork.com](http://www.yourtickettowork.com)

Helps people on SSI or SSDI aged 18 to 64 return to work or earn more money. If you are eligible, Social Security will send you a ticket which you can use to get free employment and vocational assistance. You don't have to use your ticket right away; you can save it for when you're ready. You may eventually lose your disability benefits once your earnings increase.

## Volunteer Match

[www.volunteermatch.org](http://www.volunteermatch.org)

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations in the Portland-Vancouver area. Free placement.

## WorkSource Oregon

[www.worksourceportlandmetro.org](http://www.worksourceportlandmetro.org)

Search online for job listings and market information. WorkSource centers offer free job search support, including skills assessments, coaching, workshops, and access to telephones, and fax and copy machines. Check the web site for locations.



## WorkSource Washington

877-872-5627 toll free

[www.go2worksource.com](http://www.go2worksource.com)

Search online for job listings and market information. WorkSource centers offer free job search support, including skills assessments, coaching, workshops, and access to telephones, Internet, and fax and copy machines. Call or check the web site for locations.



## FUNERAL & CREMATION

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### Friends of People With AIDS Foundation



P.O. Box 4014  
Portland, OR 97208  
503-349-4699

503-652-4455 fax  
client@friendspwa.org  
www.friendspwa.org

Financial help with cremation expenses for those with no family resources. Requires a referral from a case manager.

### Oregon AIDS Hotline



800-777-2437 voice/TDD

Call for a list of low-cost burial and cremation resources.

## LIFE SKILLS WORKSHOPS

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### Cascade AIDS Project



#### Positive Directions

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
www.cascadeaids.org

Free workshop series for people living with HIV/AIDS. Topics include health and wellness, personal finance, housing, parenting, child development, grief and loss, and women's issues. Call for a schedule.

# MEDICAL & DENTAL

complementary medicine  
dental care  
HIV care  
HIV testing  
home health, hospice, &  
residential care  
insurance  
medical equipment  
medication  
primary care clinics  
research & clinical trials  
treatment information  
vision care

**Oregon SafeNet** can provide information about low-cost medical and social services throughout Oregon. Call **800-723-3638** (voice/TDD) statewide, or **503-988-5858** in Clackamas, Multnomah, and Washington counties. Spanish-speaking staff available. Access to other foreign-language speakers.

## COMPLEMENTARY MEDICINE

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Complementary medicine boosts the body's natural ability to deal with illness, injury, or addiction. It also can reduce the side effects, such as nausea, neuropathy, and digestive problems, of drug therapy. Complementary medicine refers to the following:

**Acupuncture** activates points on the skin to access and regulate the body's energy system.

**Chinese medicine** uses acupuncture, herbal medicine, nutritional counseling, and bodywork to treat depression, insomnia, and the side effects of drug therapy. It can also build immune function.

**Chiropractic treatment** adjusts the system of muscles and the skeleton to normalize and encourage the smooth flow of energy through the nervous system. It is used to treat musculoskeletal disorders and soft-tissue injuries.

**Massage** aids circulation and relaxes muscles through rubbing and kneading parts of the body. It is used to treat muscle pain and to ease the effects of stress and anxiety.

**Naturopathic medicine** uses herbs, vitamins, nutritional supplements, and homeopathy. It is used to treat stress, anxiety, and the side effects of drug therapy and can aid the body in fighting opportunistic infections.

## Central City Concern Health Services

727 W Burnside St.  
Portland, OR 97209  
503-228-4533

503-228-4618 fax  
www.centralcityconcern.org



Low-cost acupuncture, naturopathic care, massage therapy, and Chinese herbal medicine. Free or sliding fee scale for low-income people living with HIV/AIDS. Specializes in addiction treatment. Spanish-speaking staff available. Formerly *Portland Alternative Health Center (PAHC)*.

## Clark County Public Health HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd.  
Vancouver, WA 98666

360-397-8060



Referral to free acupuncture, massage, and Chinese herbal medicine providers. Serves low-income Clark County residents living with HIV/AIDS.

## East-West College of the Healing Arts

525 NE Oregon St.  
Portland, OR 97232  
503-233-6500

503-232-4392 fax  
www.eastwestcollege.com



Low-cost massage clinic. Care provided by final-year massage students. Appointments available on Tuesday and Wednesday. Call at least 2 weeks ahead.

## Healing Arts Center

707 E 5th St.  
McMinnville, OR 97128

503-472-5797  
503-435-2534 fax



Acupuncture, massage, and Chinese herbal medicine. Reduced cost for people living with HIV/AIDS. Accepts some insurance. Call for more information and to schedule an appointment.

## HIV Day Center Ecumenical Ministries of Oregon

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter



Volunteers provide free massage and Breema bodywork for people living with HIV/AIDS.

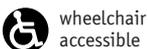
## Institute for Traditional Medicine Immune Enhancement Program

2009 SE Hawthorne Blvd.  
Portland, OR 97214

503-233-2101  
503-233-1017 fax  
www.itmonline.org



Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance.



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

MEDICAL & DENTAL  
complementary medicine

## National College of Naturopathic Medicine

www.ncnm.edu



### Natural Health Center

2220 SW 1st Ave. 503-552-1551  
Portland, OR 97201 503-226-8133 fax

Naturopathic medicine teaching clinic. Sliding fee scale for eligible low-income people. Call for an appointment.

### Classical Chinese Medicine Clinic

2232 NW Pettygrove St. 503-552-1552  
Portland, OR 97210 503-827-8460 fax

Chinese medicine teaching clinic offers acupuncture, herbal medicine, massage, and Qigong. Sliding fee scale for eligible low-income people. Call for an appointment.

## Open Gate Acupuncture & Herb Clinic

1011 E Burnside St. 503-232-3857  
Portland, OR 97214 www.opengateclinic.com



Acupuncture, jin shin jyutsu, massage, Chinese herbal medicine, and vitamins. Limited sliding fee scale for low-income people. Open daily.

## Oregon College of Oriental Medicine

10541 SE Cherry Blossom Dr.  
Portland, OR 97216 503-251-2092 fax  
503-253-3443 www.ocom.edu



Teaching clinic offers low-cost acupuncture, herbal medicine, and massage. Meditation workshops teach pain management. Student providers. Sliding fee scale for low-income people. Private practitioners available for specialized care. Spanish- and Chinese-speaking staff available.

## Oregon School of Massage

9500 SW Barbur Blvd., Suite 100  
Portland, OR 97219 503-244-1815 fax  
503-244-3420 www.oregonschoolofmassage.com



Low-cost massage clinic by appointment. Student providers.

## Outside In

1132 SW 13th Ave. 503-535-3868 fax  
Portland, OR 97205 info@outsidein.org  
503-535-3800 www.outsidein.org



Low-cost acupuncture and naturopathic care for homeless and low-income youth and young adults, provided by interns from the *Oregon College of Oriental Medicine* and the *National College of Naturopathic Medicine*. Spanish-speaking staff available. Access to other foreign-language interpreters. Call for an appointment and walk-in hours.

### Quest Center for Integrative Health



2901 E Burnside St.  
Portland, OR 97214  
503-238-5203

503-238-5202 fax  
info@projectquest.org  
www.projectquest.org

Free acupuncture and naturopathic care for low-income people living with HIV/AIDS. Weekly massage for women living with HIV/AIDS through the *Women of Wisdom (WOW)* program. Accepts uninsured, Oregon Health Plan (CareOregon), open card, Medicare, and private insurance. Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters. Formerly *Project Quest*.

### West Burnside Chiropractic Clinic



221 W Burnside St.  
Portland, OR 97209  
503-223-2213

503-223-8477 fax  
www.wschiro.edu

Free clinic for low-income people, provided by interns from *Western States Chiropractic College*. Serves uninsured and underinsured. Spanish-speaking interns available. Call for an appointment.

### Working Class Acupuncture



3526 NE 57th Ave.  
Portland, OR 97213

503-335-9440  
www.workingclassacupuncture.org

Low-cost acupuncture available on a sliding fee scale. Serves anyone.

## DENTAL CARE

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Dental care includes everything from teeth cleaning and x-rays to filling cavities, having teeth pulled, and emergency dental surgery. If you belong to a private dental insurance plan or are on Oregon Health Plan Plus, you should go to the dental provider you have selected.

### Clackamas County Community Health Center



1425 Beaver Creek Rd.  
Oregon City, OR 97045

503-655-8569  
503-557-5890 fax

Low-cost comprehensive dental care for any child by appointment. Emergency care for low-income adults on a standby basis. Serves Clackamas County residents on the MultiCare Dental plan (Oregon Health Plan), or who are uninsured. Sliding fee scale, \$30 minimum. Up-front payment required. Spanish-speaking staff available. Access to other foreign-language interpreters.

## Clark County Public Health HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor

Vancouver, WA 98666

360-397-8060



Referral to free or low-cost dental services for low-income Clark County residents with HIV/AIDS.

## Multnomah County Health Department

### Dental Access Program

503-988-6942

Emergency dental care for uninsured, low-income Multnomah County residents, provided by county dental clinics and other participating providers. Sliding fee scale. Call Monday–Friday, 8AM–4PM for eligibility and an appointment.

## Multnomah County Health Department



Urgent care for low-income people and uninsured children. Routine care (no braces) for Multnomah County residents on the MultiCare Dental plan (Oregon Health Plan). Sliding fee scale. Call for eligibility and an appointment. Spanish- and Russian-speaking staff at some sites. Access to ASL and foreign-language interpreters.

### *East County Dental Clinic*

600 NE 8th St.

Gresham, OR 97030

503-988-4900

### *Mid County Dental Clinic*

12710 SE Division St.

Portland, OR 97236

503-988-3410

### *MultiCare Northeast Dental*

5329 NE Martin Luther King Jr. Blvd.

Portland, OR 97211

503-988-3664

### *MultiCare Southeast Dental*

3653 SE 34th Ave.

Portland, OR 97202

503-988-4410

## OHSU School of Dentistry

### Urgent Care Department

611 SW Campus Dr.

Portland, OR 97239

503-494-8867

[www.ohsu.edu/sod](http://www.ohsu.edu/sod)



Urgent dental care at reduced fees, up to \$130 maximum. Capacity is limited. Call at 8AM for an appointment the next day. Student care providers. Operates September through May only. Access to ASL and foreign-language interpreters.

## OHSU Russell Street Dental Clinic



### Project Dental Health

214 N Russell St.  
Portland, OR 97227

503-494-6822  
503-284-1398 fax

Low-cost dental program for insured or uninsured people living with HIV/AIDS. You *must* identify yourself as HIV+ when you call, or you will not be referred to this program. Services include diagnostic and preventative, restorative, periodontics, prosthetics, oral surgery, endodontics, and crown and bridge procedures. Open Monday–Saturday, 8AM–5PM. Call for appointment and screening. Spanish- and Vietnamese-speaking staff available. Access to other foreign-language interpreters.

## Portland Community College Dental Hygiene Clinic



PCC Sylvania Campus  
12000 SW 49th Ave.  
Portland, OR 97219

503-977-4909  
503-977-4689 fax

Dental exams, x-rays, and cleanings by student care providers. No urgent or emergency care. Capacity is limited. New patients may have to wait 6–12 months for an appointment. Fees range from \$20–35 for most services.

## Sea Mar Community Health Centers



1412 NE 88th St.  
Vancouver, WA 98665  
360-574-4074

360-574-9237 fax  
ricksanders@seamarchc.org

Low-cost dental care for people with low incomes or no insurance. Call to make an appointment. Open Monday–Saturday, 8AM–5PM. Accepts DSHS. Sliding fee scale. Spanish-speaking staff available.

## Virginia Garcia Memorial Health Center



44 N 11th Ave.  
Cornelius, OR 97113  
503-359-8505

503-359-8535 fax  
www.virginiagarcia.org

Comprehensive care for children. Urgent care for adults. Provides fillings and extractions on a sliding fee scale. Available for low-income residents of Washington and Yamhill counties. Capacity is limited. Call for eligibility and an appointment. Urgent care available on a walk-in basis only. Accepts Oregon Health Plan (MultiCare, ODS, and Capitol) and self-pay. Spanish-speaking bilingual staff.

## HIV CARE

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The following clinics focus on treating HIV disease and assisting with related health needs, such as referrals to specialists, mental health counseling, and nutritional counseling. A case manager can help you figure out which clinics you are eligible for.

### Fanno Creek Clinic



2400 SW Vermont St.  
Portland, OR 97219  
503-452-0915

503-768-9232 fax  
[www.fannocreek.com](http://www.fannocreek.com)

HIV/AIDS specialty care. Sliding fee scale for low-income people with no insurance. If you are unemployed, you may be able to get health insurance in exchange for community service through the *Fangorn Program*. Accepts most insurance, open card, and self-pay. No Oregon Health Plan. Spanish-speaking staff available.

### Kaiser Immune Deficiency Clinic



3550 N Interstate Ave.  
Portland, OR 97227  
503-249-5536

800-324-8007 TTY  
503-249-3447 fax  
[www.kaiserpermanente.org](http://www.kaiserpermanente.org)

Specialty clinic with a multidisciplinary team approach to treating HIV disease. Serves patients with Kaiser health insurance. Provides medical treatment, all phases of professional nursing care, case management, mental health counseling, full-service pharmacy, and other services. Access to ASL and foreign-language interpreters.

### Legacy Health System



503-413-4460

Call for referral to HIV care providers and case management at Emanuel and Good Samaritan health clinics. Accepts Oregon Health Plan, open card, and most private insurance. Access to Spanish- and foreign-language interpreters.

### Multnomah County Health Department



#### HIV Health Services Center

426 SW Stark St., 4th Floor  
Portland, OR 97204  
503-988-5020

800-723-3638 TTY  
503-988-5022 fax  
[www.mchealth.org/hivserv](http://www.mchealth.org/hivserv)

Full-service HIV specialty care. Includes pharmacy, nutrition, and mental health services, and case management. Accepts most non-HMO insurance, Medicare, CareOregon (Oregon Health Plan), and open card. Sliding fee scale available. No one is denied service if they cannot pay. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

## Oregon Health & Science University



### Internal Medicine

3181 SW Sam Jackson Park Rd. L-475  
Portland, OR 97239  
503-494-8562

503-494-6344 fax  
503-494-8311 OHSU information  
www.ohsuhealth.com

Statewide program manages the primary care needs of adults with HIV disease and/or hepatitis C. Offers on-site case management and clinical trials. Accepts Oregon Health Plan, private insurance, and uninsured. Access to Spanish-speaking staff and foreign-language interpreters.

## Portland VA Medical Center



3710 SW U.S. Veteran's Hospital Rd.  
Portland, OR 97207

503-220-8262 extension 55069

For service-eligible veterans only. Access to ASL and foreign-language interpreters. Call for enrollment.

## Providence PACE Clinic



5050 NE Hoyt St., Suite 540  
Portland, OR 97213

503-215-6600  
503-215-7751 fax

Primary and infectious disease specialty care for adults, provided through the internal medicine residency program. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts some Oregon Health Plan (Providence Health Assurance only) and private insurance. Access to ASL and foreign-language interpreters.

## Vancouver Clinic



700 NE 87th Ave.  
Vancouver, WA 98664  
360-254-1240

360-604-1643 fax  
www.thevancouverclinic.com

HIV/AIDS specialty care. Accepts Basic Health Plan, Early Intervention Program (EIP), and most private insurance. Access to Spanish- and other foreign-language interpreters.

## HIV TESTING

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### *Confidential & Anonymous Testing*

Testing can be done confidentially or anonymously. **Confidential testing** means that your test results become part of your medical file with your name attached, and you may ask for a copy of your results. Private doctors and public health clinics can provide confidential HIV testing as a part of your regular health care. If you want to take an HIV test without giving your name, this is called **anonymous testing**, and you cannot receive a printed copy of the results. County clinics may request a fee or donation, but no one is refused service if they cannot pay. For hepatitis C testing, look under **Hepatitis C Testing & Care** beginning on page 108.

### *Oral Testing & Rapid Testing*

A traditional HIV test is done using blood that is sent to a laboratory. Results are ready in about a week. **Oral testing** is a type of HIV test that is done using saliva.

With **rapid testing**, your results will be ready by the end of your visit. A rapid test may be done with either blood or saliva, depending on the test. If the result is “reactive,” this means you may be positive for HIV, but you will need to get a traditional HIV test to confirm the result. County clinics sometimes offer rapid testing to people who are most at risk for HIV. Check the listings below to see if you are eligible.

#### **C.C. Slaughters Nightclub**

219 NW Davis St.  
Portland, OR 97209

503-988-3030 health department  
[www.ccslaughterspdx.com](http://www.ccslaughterspdx.com)



Free HIV, syphilis, and hepatitis C testing for gay and bisexual men, every 1st Thursday from 9–11:30PM. Testing provided by *Multnomah County Health Department*.

#### **Clackamas County Community Health Centers**

Free anonymous or confidential testing, available by appointment and on a walk-in basis every Monday from 3:30–7:30PM at the Beaver Creek location. By appointment at other locations. Serves Clackamas County residents. Spanish-speaking staff available. Access to other foreign-language interpreters.



##### ***Beavercreek Center***

1425 Beavercreek Rd.  
Oregon City, OR 97045

503-655-8471

##### ***Sandy Health Center***

38872 Proctor Blvd.  
Sandy, OR 97055

503-722-6960

##### ***Molalla Health Center***

218 Center Ave.  
Molalla, OR 97038

503-723-2944

## Clackamas Service Center

8800 SE 80th Ave.  
Clackamas, OR 97206

503-771-7914



Free HIV rapid testing, available on a walk-in basis every 2nd and last Tuesday from 3–5PM.

## Clark County Public Health

### Harm Reduction Center

3701 E Fourth Plain Blvd.  
Vancouver, WA 98661

360-397-8098



Free HIV testing for gay and bisexual men, available on a walk-in basis every Thursday from 5–6:30PM, and for injection drug users every Monday and Wednesday from 3–6PM, and Friday from 3–5PM. Rapid and oral testing available.

### Health Clinic

1601 E Fourth Plain Blvd.  
Vancouver, WA 98666

360-397-8089

\$60.77 fee for anonymous or confidential testing. Accepts medical coupons, DSHS, private insurance, and self-pay. Access to Spanish-speaking staff, foreign-language and ASL interpreters.

## Columbia County Public Health

2370 Gable Rd.  
St. Helens, OR 97051  
503-397-4651  
800-244-4870

800-446-9375 TTY  
503-397-1424 fax  
www.chdpublichealth.com



Sliding fee scale, \$60 maximum, for anonymous or confidential testing. Available by appointment on Wednesdays only. Accepts Oregon Health Plan, private insurance, and self-pay. No one refused service if they cannot pay. Spanish-speaking staff available.

## 82nd Street Clinic

3610 NE 82nd Ave., 2nd Floor  
Portland, OR 97220

971-544-1574



Free HIV, STD, and hepatitis C testing, available on a walk-in basis every 2nd and 4th Wednesdays from 1–4:30PM during needle exchange. Located upstairs at RAM Clinic. Provided by *Outside In* and *Cascade AIDS Project* staff.

## InSpot Portland

[www.inspot.org/portland](http://www.inspot.org/portland)

Lists HIV and STD testing and treatment locations in Clackamas, Clark, Multnomah, and Washington counties. If you've had a positive test result, you can use this web site to send an anonymous email telling your sex partners to get checked.



## Men's Wellness Center

928 SW Stark St.  
Portland, OR 97205  
503-445-7699

cityguys@cascadeaids.org  
www.cascadeaids.org



Free HIV and STD testing for gay and bisexual men, every Tuesday from 5:30–8PM. STD treatment is also available. Part-time Spanish-speaking staff. A program of *Cascade AIDS Project*.

## Multnomah County Health Department

### *HIV Community Test Site*

426 SW Stark St., 6th Floor  
Portland, OR 97204  
503-988-3775

503-988-5702 results  
503-988-5520 fax  
www.mchealth.org/std



\$20 fee for HIV testing, with or without your name. Available by appointment and on a walk-in basis. Results in one week. Rapid testing available for gay and bisexual men, and sex partners of HIV+. No one refused service if they cannot pay. Spanish-speaking staff available. Access to ASL and foreign-language interpreters.

### *Northeast Health Center*

5329 NE Martin Luther King Jr. Blvd.  
Portland, OR 97211  
503-988-3030

www.mchealth.org/cd/hivhvc

Free anonymous or confidential HIV testing, available on a walk-in basis every Tuesday from 5:30–7:15PM. Rapid testing available for gay and bisexual men, and sex partners of HIV+ individuals. Located at NE Martin Luther King Jr. Blvd. and Killingsworth St. Spanish-speaking staff available.

### *Sexually Transmitted Disease Clinic*

426 SW Stark St., 6th Floor  
Portland, OR 97204  
503-988-3700

503-988-5727 results  
503-988-5520 fax  
www.mchealth.org/std

Confidential HIV testing available as part of a complete sexually transmitted disease exam. Available by appointment and on a walk-in basis. Sliding fee scale. Accepts Oregon Health Plan Plus and Standard, open card, and some insurance. No one refused service if they cannot pay. Access to ASL and foreign-language interpreters.

## NARA Indian Health Clinic

15 N Morris St.  
Portland, OR 97227  
503-230-9875

503-230-9877 fax  
www.naranorthwest.org



Confidential HIV testing for Native Americans and Native Alaskans, available by appointment. Limited walk-in available. Accepts uninsured, Oregon Health Plan, open card, and private insurance.



**Outside In**  
**Medical Clinic**

1132 SW 13th Ave.  
Portland, OR 97205  
503-535-3890

info@outsidein.org  
www.outsidein.org

Anonymous HIV rapid testing for homeless and low-income youth and adults under 30. Sliding fee scale. Available on a walk-in basis. Call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

**IDU Health Services**

1219 SW Main St.  
Portland, OR 97205

971-544-1574

Free, anonymous, rapid HIV testing, available on a walk-in basis during needle exchange, Monday–Friday, from 1–5PM.

**Planned Parenthood**

503-788-7273  
888-875-7820

www.ppcw.org

\$45 fee for anonymous or confidential testing. Rapid testing available. Spanish-speaking staff available.

**Northeast Portland**

3531 NE 15th Ave., Suite B  
Portland, OR 97218

**Southeast Portland**

3231 SE 50th Ave.  
Portland, OR 97206

**Gresham**

501 NE Hood Ave., Suite 100  
Gresham, OR 97030

**Beaverton**

12270 SW First Ave., Suite 200  
Beaverton, OR 97005

**Vancouver**

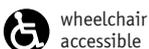
5500 NE 109th Ct., Suite A  
Vancouver, WA 98662

**Vancouver – Salmon Creek Express**

2105 NE 129th, Suite 105  
Vancouver, WA 98686

**Salem**

3825 Wolverine St. NE  
Salem, OR 97305



agency receives Ryan  
White CARE Act funds

### Scandals Lounge

1125 SW Stark St.  
Portland, OR 97205

503-988-3030 health department  
www.scandalspdx.com



Free HIV, syphilis, and hepatitis C testing for gay and bisexual men, every 2nd Friday from 9–11:30PM. Testing provided by *Multnomah County Health Department* staff.

### Sexual Minority Youth Recreation Center (SMYRC)

2100 SE Belmont St.  
Portland, OR 97214  
503-872-9664 extension 27

503-231-3051 fax  
www.smyrc.org



Free anonymous or confidential testing for gay, lesbian, bisexual and transgender youth aged 23 and under, available on a walk-in basis every 1st and 3rd Friday from 8–10PM. Testing by *Outside In* staff. Rapid testing available. Access to ASL interpreters.

### Washington County Health Department

503-846-8851  
503-846-4522 fax

www.co.washington.or.us/hiv



Sliding fee scale for anonymous or confidential HIV testing. Call for an appointment. Free HIV rapid testing and syphilis testing is available during walk-in hours for gay and bisexual men, injection drug users, and their sex partners. Spanish-speaking staff available.

#### *Hillsboro Clinic*

155 N First Ave.  
Hillsboro, OR 97124

Free testing for eligible clients on Tuesday from 4–5PM, and Friday from 9–11AM.

#### *Beaverton Clinic*

12550 SW 2nd  
Beaverton, OR 97005

Free testing for eligible clients on Monday from 5:30–7:30PM.

#### *Tigard Clinic*

15350 SW Pacific Hwy.  
Tigard, OR 97224

Sliding fee scale. By appointment only.

### Yamhill County Public Health

412 NE Ford St.  
McMinnville, OR 97128  
503-434-7421

503-472-9731 fax  
www.co.yamhill.or.us/ph



\$15 donation for anonymous or confidential HIV testing. No one refused service if they cannot pay. Call for an appointment. Spanish-speaking staff available.

## HOME HEALTH, HOSPICE, & RESIDENTIAL CARE

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This section includes in-home nursing services, residential care facilities, and group homes for those whose symptoms require ongoing specialized attention, and hospice care for those nearing the end of life.

### Client-Employed Provider Program



Pays for in-home care for low-income disabled people and the elderly. After a home visit, a **Disability Services** case manager will assess care needs and determine how many hours of help they will pay for. The person needing care then hires a caregiver on their own. Contact the Disability Services office nearest you (see page 20) for information.

### Community Home Health & Hospice

14508 NE 20th Ave., Suite 201

Vancouver, WA 98686

360-253-4626

360-253-4859 fax

[www.chhh.org](http://www.chhh.org)

In-home nursing services, including hospice care, for Clark County residents. Requires a doctor's referral. Accepts Medicaid, Medicare, some private insurance, and self-pay. Access to ASL and foreign-language interpreters.

### Legacy Hopewell House Hospice Center



6171 SW Capitol Hwy.

Portland, OR 97239

503-244-7890

503-245-1591 fax

[www.legacyhealth.org](http://www.legacyhealth.org)

Inpatient hospice for terminally ill patients. Accepts Medicare, Oregon Health Plan, and most private insurance. Access to ASL and foreign-language interpreters.

### Legacy Hospice Services



[www.legacyhealth.org](http://www.legacyhealth.org)

In-home hospice care for terminally ill patients. Serves Multnomah, Clackamas, Columbia, Washington, and Yamhill counties. Accepts Medicare, Oregon Health Plan, and most private insurance. Access to ASL and foreign-language interpreters.

#### **Portland**

815 NE Davis St.

Portland, OR 97232

503-220-1000

800-896-6287

503-225-6398 fax

#### **McMinnville**

2275 NE McDaniel Ln.

McMinnville, OR 97128

503-472-9685

800-361-8506

503-434-9052 fax

## Our House of Portland

2727 SE Alder St.  
Portland, OR 97214  
503-234-0175

503-236-7129 fax  
[www.ourhouseofportland.org](http://www.ourhouseofportland.org)



Residential-care facility for people living with AIDS. Spanish-speaking staff and ASL interpreters available.

## Swan House

4764 SE Logus Rd.  
Milwaukie, OR 97222  
503-786-4829

503-786-4846 fax  
[www.ourhouseofportland.org](http://www.ourhouseofportland.org)



Full-service, adult foster-care home for low-income people living with HIV/AIDS. Focus is on helping residents live as independently as possible. Operates on a community-living model, with residents working together to carry out the functions of day-to-day life. Operated by *Our House of Portland*.

## INSURANCE

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See **Government Benefits** on pages 12–20 for information about federal- and state-sponsored health insurance programs, including **CareAssist**, **HealthCare Net**, high-risk insurance (OMIP and WSHIP), Oregon Health Plan, Medicaid, and Medicare.

### Oregon State Insurance Division

503-947-7984  
888-877-4894 toll free [www.insurance.oregon.gov](http://www.insurance.oregon.gov)

Deals with violations of Oregon's insurance laws. Call if you have problems with an insurance company or agent about a policy. If money is a problem, call the toll-free number and leave a message, and they will call you back. You can also file a complaint online. Spanish-speaking staff and formats available.

### Washington State Office of the Insurance Commissioner

800-562-6900 [www.insurance.wa.gov](http://www.insurance.wa.gov)

Deals with violations of Washington's insurance laws. Call if you have problems with an insurance company or agent about a policy. Or visit the web site to download complaint forms.

## MEDICAL EQUIPMENT

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### American Cancer Society

0330 SW Curry St.

Portland, OR 97239

503-228-1062 fax

503-295-6422 extension 3949 or 3957 [www.cancer.org](http://www.cancer.org)



Wheelchairs, walkers, bedside commodes, and other equipment available on loan for low-income or medically indigent people with cancer. Requires a referral from a medical social worker. Call first to make arrangements.

## MEDICATION

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### Apex Pharmacy

1215 NW 23rd Ave.

Portland, OR 97210

503-525-9094

866-523-5997 toll free

503-525-9155 fax

[apexrx@comcast.net](mailto:apexrx@comcast.net)



Full-service HIV/AIDS specialty pharmacy coordinates with CareAssist, Oregon Health Plan, and private insurance. Mail delivery available. Serves Oregon and Clark County.

### Boston Buyer's Club

29 Stanhope St., 3rd Floor

Boston, MA 02116

800-435-5586

617-266-2223

[info@bostonbuyersclub.com](mailto:info@bostonbuyersclub.com)

[www.bostonbuyersclub.com](http://www.bostonbuyersclub.com)



Discount vitamins and supplements for people with HIV/AIDS, hepatitis, and other chronic illnesses. \$5 lifetime membership fee. Treatment fact sheets available online.

### CareAssist

800 NE Oregon St., Suite 1105

Portland, OR 97232

971-673-0144

800-805-2313

971-673-0372 TTY

971-673-0177 fax

[www.healthoregon.org/careassist](http://www.healthoregon.org/careassist)



Helps low-income Oregonians living with HIV/AIDS pay for HIV medications, including co-pays and deductibles. If at least half of your prescription costs are covered by insurance, this program can also help pay for premiums and deductibles. Examples include the Oregon Health Plan, OMIP, COBRA, Medicare Part D, and private insurance. Participants pay some costs based on income.

Eligibility varies. Typically, your gross income cannot be more than 200% of the federal poverty level. There is also an asset limit. Call for information, or check eligibility and download an application online. Staff can also provide information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

### Houston Buyer's Club

3224 Yoakum Blvd.  
Houston, TX 77006

800-350-2392  
www.houstonbuyersclub.com



Discount vitamins and supplements for people with HIV/AIDS, hepatitis, and other chronic illnesses. Information on how to manage drug side effects. No membership fee. Access to Spanish-speaking staff.

### Needy Meds, Inc.

www.needymeds.com



Information on patient assistant programs that can help low-income people pay for prescription drugs. Search for programs and download application forms online. You may need help from your doctor to apply for these programs.

### New York Buyers' Club

130 Palmetto St., 3rd Floor  
Brooklyn, NY 11221  
718-578-8123

www.newyorkbuyersclub.org



Discount vitamins and supplements for people with HIV/AIDS, hepatitis, and other chronic illnesses. \$15–25 annual membership fee. Online store available in Spanish, French, and German.

### OHSU Partnership Project Fuzeon Information Group

5525 SE Milwaukie Ave.  
Portland, OR 97202  
503-230-1202 extension 235

503-230-1213 fax  
pproject@ohsu.edu  
www.ohsu.edu/partnership



Free support and information group for people living with HIV/AIDS who are taking or considering Fuzeon treatment. Open to caregivers. Held evenings every 2nd Wednesday at Kaiser Central Interstate (3600 N Interstate Ave.), and every 4th Wednesday at Partnership Project. Call to register.



## Oregon Medical Marijuana Program

P.O. Box 14450

Portland, OR 97293

971-673-1234

800-422-6012

971-673-0372 TTY

971-673-1278 fax

[www.healthoregon.org/mm](http://www.healthoregon.org/mm)

This state registry program allows Oregon residents to legally possess marijuana for personal medical use. Pain, nausea, and wasting are some of the HIV/AIDS symptoms that may be treatable with marijuana. To be eligible, you must have a qualifying medical condition and your own doctor must sign a written statement saying that marijuana may help. The Department of Human Services will then determine whether you can be approved for registration. There is a \$100 annual fee (\$20 if you are on the Oregon Health Plan or receive SSI). Registration is also available for minors and caregivers.

This is *not* a prescription program. Distribution of marijuana is still illegal. The Department of Human Services does not provide marijuana nor a list of doctors willing to approve its use. Registered patients are permitted to grow a limited number of plants for their own use, with seeds obtained from other registered patients. Call or visit the web site for more information and an application. Access to foreign-language interpreters.

## Oregon Prescription Drug Program

503-378-2422 extension 416

888-411-6737 toll free

[www.opdp.org](http://www.opdp.org)

Free prescription drug discount card for Oregon residents who do not have drug coverage through health insurance. You are still eligible if you have Medicare Part D. No deductible. Discounts vary. Call or visit the web site for an application.

## Partnership for Prescription Assistance

888-477-2669

[www.pparx.org](http://www.pparx.org)

Information about patient assistance programs that can help low-income people pay for prescription drugs. Call or search for programs online. You may need help from your doctor to apply for these programs. English- and Spanish-language formats available.

## Rx Washington Discount Card

800-433-6318

[www.rx.wa.gov](http://www.rx.wa.gov)

Free prescription drug discount card for uninsured or underinsured Washington residents. You are still eligible if you have Medicare Part D. No deductible. Discounts vary. Call or visit the web site for an application.



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

MEDICAL & DENTAL  
medication

## PRIMARY CARE CLINICS

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The clinics in this section provide general medical care to people with low-incomes and/or the uninsured. Some serve specific populations, such as the homeless, Spanish-speakers, Native Americans, women, and children. If you have HIV or AIDS, see the listings under **HIV Care** on pages 60–61 to find an HIV specialist.

Services vary, and may include regular medical checkups, immunizations, family planning, prenatal care, well-child exams, care for illnesses, and other basic and preventative care. Most provide limited, short-term care, but can refer patients to other resources.

### Central City Concern Health Services



727 W Burnside St.

Portland, OR 97209

503-228-4533

503-228-4618 fax

[www.centralcityconcern.org](http://www.centralcityconcern.org)

Primary care for homeless and low-income people. Doctors work in consultation with HIV specialists. Call for an appointment. Accepts Oregon Health Plan, open card, private insurance, and uninsured (capacity limited). Sliding fee scale. No one is denied service if they cannot pay. Spanish-speaking staff available. Access to other foreign-language interpreters. Formerly *Old Town Clinic*.

### Children's Community Clinic



27 NE Killingsworth St.

Portland, OR 97211

503-284-5239

503-284-9162 fax

[www.childrenscommunityclinic.org](http://www.childrenscommunityclinic.org)

Primary and preventative care for low-income children up to age 21. Referral to specialty care and social services. Sliding fee scale. Call for an appointment. Accepts Oregon Health Plan, open card, and private insurance. Spanish-speaking staff available. Formerly *North Portland Nurse Practitioner Community Health Clinic*.

### Clackamas County Community Health Centers

Primary medical care for low-income Clackamas County residents. Accepts Oregon Health Plan (CareOregon and Family Care), open card, and uninsured. Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

#### Bevercreek Health Center



1425 Beaver Creek Rd.

Oregon City, OR 97045

503-655-8471

503-655-8475 Spanish

503-655-8349 TDD

503-722-6621 fax

#### Sandy Health Center



38872 Proctor Blvd.

Sandy, OR 97055

503-722-6960

#### Molalla Health Center



218 Center Ave.

Molalla, OR 97038

503-723-2944



## Free Clinic of Southwest Washington

4100 Plomondon St.

Vancouver, WA 98661

360-313-1390

360-313-1391 fax

www.freeclinics.org

Basic care for low-income people without insurance, available on a walk-in basis Tuesday and Thursday evenings, and Wednesday morning. Immunizations, vision and dental care, and prescription assistance are offered once or twice a month at other times. \$5–20 suggested donation. No one is denied service if they cannot pay. Access to part-time Spanish-speaking volunteers.

## Multnomah County Community Health Centers



503-988-3816 eligibility

503-988-3333 appointments (for established patients)

Primary medical care services for low-income residents of Multnomah County. Includes HIV testing and care for hepatitis C. Special services for the homeless at some sites. If you have HIV, you should seek care through the **HIV Health Services Center** (page 60).

Capacity is limited. Call for eligibility and intake. There may be a long wait for an appointment, and some clinics may be closed to new patients. Accepts Oregon Health Plan Plus (CareOregon only) and open card. Sliding fee scale. Access to ASL and foreign-language interpreters.

### *East County Health Center*

600 NE 8th Ave.

Gresham, OR 97030

503-988-5155

### *La Clínica de Buena Salud – Portland*

6736 NE Killingsworth St., Suite 100

Portland, OR 97218

503-988-3991

(Serves low-income children and families. Staff bilingual in English and Spanish.)

### *Mid County Health Center*

12710 SE Division St.

Portland, OR 97236

503-988-3601

### *Northeast Health Center*

5329 NE Martin Luther King Jr. Blvd.

Portland, OR 97211

503-988-5183

### *North Portland Health Center*

9000 N Lombard St.

Portland, OR 97203

503-988-5304

### *Westside Health Center*

426 SW Stark St.

Portland, OR 97204

503-988-5140

(Special services for the homeless.)



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

**MEDICAL & DENTAL**  
primary care clinics

## Multnomah County Health Department

### School-Based Health Centers

[www.ehealth4teens.org](http://www.ehealth4teens.org)



Confidential HIV testing, birth control, and family planning services for any student. Available at Cleveland, Grant, Jefferson, Madison, Marshall, Parkrose, and Roosevelt high schools in Portland. Extended hours at most schools. Contact your school clinic for information.

## NARA Indian Health Clinic

15 N Morris St.

Portland, OR 97227

503-230-9875

503-230-9877 fax

[www.naranorthwest.org](http://www.naranorthwest.org)



Physical exams, immunizations, prenatal and well-child care for Native Americans and Native Alaskans by appointment. Limited walk-ins available. Accepts Oregon Health Plan, open card, private insurance, and people with no insurance.

## Outside In

1132 SW 13th Ave.

Portland, OR 97205

503-535-3800

503-535-3868 fax

[info@outsidein.org](mailto:info@outsidein.org)

[www.outsidein.org](http://www.outsidein.org)



Walk-in primary care clinic for homeless and low-income youth and adults under 30. Transgender medical clinic once a week. Sliding-fee scale visits and low-cost medications and lab work. Free visits for youth 21 or younger. Accepts CareOregon (Oregon Health Plan) or self-pay. Acupuncture, dental care, tattoo removal, and psychiatric care available by appointment. Referral to specialist care and medical housing vouchers given as needed. Call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

## Planned Parenthood

503-788-7273

888-875-7820

[www.ppcw.org](http://www.ppcw.org)

HIV testing, sexually transmitted disease checks, annual exams such as Pap smears, birth control (including the morning after pill), and pregnancy testing at most locations. Surgical services at some sites. Partial up-front payment required. Most insurance accepted. Spanish-speaking staff available.



### *Northeast Portland*

3531 NE 15th Ave., Suite B

Portland, OR 97218

### *Southeast Portland*

3231 SE 50th Ave.

Portland, OR 97206

### *Gresham*

501 NE Hood Ave., Suite 100

Gresham, OR 97030

**Clackamas Express**

16068 SE 82nd Ave.  
Clackamas, OR 97015  
(Limited services.)

**Beaverton**

12270 SW First Ave., Suite 200  
Beaverton, OR 97005

**Vancouver**

5500 NE 109th Ct., Suite A  
Vancouver, WA 98662

**Vancouver – Salmon Creek Express**

2105 NE 129th, Suite 105  
Vancouver, WA 98686  
(Limited services.)

**Salem**

3825 Wolverine St. NE  
Salem, OR 97305

**Portland Adventist Community Services**



11020 NE Halsey St.  
Portland, OR 97220  
503-252-8500 extension 109  
503-252-8701 fax  
www.portlandacs.org

Primary care for low-income people with no insurance. Staffed by volunteer providers. \$10 per visit. Call for an appointment. There may be a long wait.

**Providence PACE Clinic**



5050 NE Hoyt St., Suite 540  
Portland, OR 97213  
503-215-6600  
503-215-7751 fax

Primary and infectious disease specialty care for adults, provided through the internal medicine residency program. On-site social worker. Call for an appointment. Financial assistance available for low income and uninsured. Accepts some Oregon Health Plan (Providence Health Assurance only) and private insurance. Access to ASL and foreign-language interpreters.

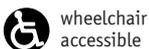
**Rosewood Family Health Center**



**Yakima Valley Farm Workers Clinic**

8935 SE Powell Blvd.  
Portland, OR 97266  
503-772-4335  
503-772-4337 fax  
www.yvfwc.com

Full-service primary care for anyone. Sliding fee scale for low-income people with no insurance or who are underinsured. Call for an appointment. There may be a long wait for an appointment. Accepts Oregon Health Plan, open card, and some insurance. Spanish-speaking staff available. Access to other foreign-language interpreters.



## Slavic Services Center

12414 E Burnside St.  
Portland, OR 97233

503-252-4955



Free basic care for low-income Slavic-speaking immigrants, available on a walk-in basis on Thursday evenings from 7–9PM. Located at Faith Community Church.

## Southwest Community Health Center

7688 SW Capitol Hwy.  
Portland, OR 97219

503-977-0733  
503-977-0734 fax



Basic care for low-income people with no insurance or who are underinsured, available Tuesday and Thursday evenings from 4–8PM. Call for an appointment. \$15 suggested donation. No Oregon Health Plan. Located at Multnomah Arts Center, Room 37. Access to foreign-language interpreters.

## Virginia Garcia Memorial Health Centers

[www.viriniagarcia.org](http://www.viriniagarcia.org)

Primary care for low-income people with no insurance or who are underinsured. Sliding fee scale. Accepts Oregon Health Plan (CareOregon only) and some insurance. Call to schedule an appointment. Spanish-speaking bilingual staff.



### **Cornelius**

85 N 12th Ave.  
Cornelius, OR 97113

503-359-5564  
503-359-8532 fax

### **Beaverton**

2933 SW Cedar Hills Blvd.  
Beaverton, OR 97005

503-352-6000  
503-352-6081 fax

### **Hillsboro**

226 SE 8th Ave.  
Hillsboro, OR 97123

503-601-7400  
503-601-7311 fax

### **McMinnville**

1900 N Hwy 99w, Suite A  
McMinnville, OR 97128  
(On-site family planning clinic.)

503-472-1338  
503-434-8597 fax

## Wallace Medical Concern

503-489-1760

[www.wallacemedical.org](http://www.wallacemedical.org)

Basic care for low-income people with no insurance, available on Thursday evenings downtown at the Old Town Clinic, and on Monday and Wednesday evenings in Gresham. \$15 suggested donation. Call the same week for an appointment. No walk-ins. Spanish-speaking staff and volunteers available.



### **Downtown**

727 W Burnside St.  
Portland, OR 97209

### **Gresham**

254 NW Burnside Rd.  
Gresham, OR 97030

## RESEARCH & CLINICAL TRIALS

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The following resources offer information on the development of new drugs and treatments for HIV/AIDS, as well as how to enroll in a drug trial (taking a new drug as a part of a research study to determine if the drug should be approved).

### AIDS Info

800-448-0440  
888-480-3739 TTY

contactus@aidsinfo.nih.gov  
www.aidsinfo.nih.gov



Information about HIV/AIDS clinical trials. Search clinical trial programs online. Available in English and Spanish formats.

### ClinicalTrials.gov

www.clinicaltrials.gov



Search clinical trial programs online. Developed by the National Library of Medicine.

### Food & Drug Administration

www.fda.gov



Click “Information for Patients” to find general information about clinical trials.

### The Research & Education Group

1650 NW Naito Pkwy., Suite 185  
Portland, OR 97209  
503-229-8428

800-875-8428  
503-227-0902 fax  
www.reg.org



Researches new drugs and treatments for HIV disease and related conditions. Free nurse consultation. Call for current clinical trials. Serves Oregon and Southwest Washington. Spanish-speaking and other foreign-language interpreters available.

## TREATMENT INFORMATION

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The following resources offer information about treatment for people living with HIV/AIDS, to help manage symptoms.

### AIDS Info

800-448-0440  
888-480-3739 TTY

contactus@aidsinfo.nih.gov  
www.aidsinfo.nih.gov



Information about HIV/AIDS treatment. Includes hepatitis coinfection. Order or download free copies of federally approved treatment guidelines. Click “Live Help” to ask treatment questions online, or call Monday–Friday between 9AM–2PM PST. Available in English and Spanish.



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

**MEDICAL & DENTAL**  
research & clinical trials  
treatment information

## AMFAR

www.amfar.org



Online news about the latest findings in global HIV/AIDS research. Available in English and Spanish.

## The Body

www.thebody.com



Online information about HIV/AIDS treatments, including hepatitis coinfection. Click “Ask the Expert” to ask treatment questions and find searchable forums. Available in English and Spanish.

## Food & Drug Administration

www.fda.gov



Contains FDA press releases, such as new drug approvals. Click “Information for Patients” to find information about approved HIV/AIDS therapies and clinical trials. Search online for fact sheets about specific drugs.

## Project Inform

### National HIV/AIDS Treatment Hotline

205 13th St., Suite 2001  
San Francisco, CA 94103-2461  
800-822-7422

415-558-0684 fax  
info@projectinform.org  
www.projectinform.org



Online drug and treatment fact sheets in English and Spanish. Peer-based treatment hotline operates Monday–Friday, 10AM–4PM.

## VISION CARE

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Vision care includes eye exams and glasses, and treatment of eye diseases. If you can get vision care through your health insurance, you should go to a vision provider listed in your plan.

### Arthur Devers Memorial Eye Clinic

#### Legacy Good Samaritan Hospital

1040 NW 22nd Ave., N168  
Portland, OR 97210  
503-413-7022 appointments

503-413-7006 fax  
www.lhs.org



Medically necessary vision services, available free for people with Oregon Health Plan and HMO–Oregon, or for those who do not qualify for Oregon Health Plan but meet the clinic’s financial guidelines. Call for an appointment. Access to ASL and foreign-language interpreters.

## OHSU Casey Eye Institute

[www.ohsuhealth.com/cei](http://www.ohsuhealth.com/cei)



Sliding fee scale for medically necessary vision treatment for the uninsured. Excludes routine vision exams or glasses. Also accepts Oregon Health Plan Plus and Standard. On-site social worker available. Access to ASL and foreign-language interpreters.

### ***Elks Children's Eye Clinic***

3375 SW Terwilliger Blvd.

503-494-7830

Portland, OR 97239

503-494-5347 fax

### ***Casey Ophthalmic Associates***

3303 SW Bond Ave.

503-494-7672

Portland, OR 97239

503-418-0049 fax

(Serves adults.)

## Pacific University College of Optometry

[www.opt.pacificu.edu](http://www.opt.pacificu.edu)



Full-service vision centers at the locations below. Southeast Portland location at Multnomah County Southeast Health Center. Accepts Oregon Health Plan (CareOregon), open card, and self-pay. Sliding fee scale. Spanish-speaking staff available. Access to ASL and foreign-language interpreters.

### ***Portland Vision Center***

511 SW 10th Ave., Suite 500

503-352-2500

Portland, OR 97205

503-352-2523 fax

### ***Southeast Family Vision***

3653 SE 34th Ave.

503-988-3506

Portland, OR 97202

503-988-3887 fax

### ***Forest Grove Family Vision Center***

Pacific University Jefferson Hall

Pacific Ave. & Cedar St.

503 352-2020

Forest Grove, OR 97116

503-352-2261 fax

### ***Virginia Garcia Memorial Health Center***

44 N 11th Ave.

503-352-8543

Cornelius, OR 97113

503-359-8539 fax

(Spanish-speaking bilingual staff.)

# ALCOHOL & DRUG TREATMENT

alcohol & drug helplines  
recovery groups  
treatment

This section includes alcohol and drug treatment programs and recovery groups, including programs specifically for people living with HIV/AIDS.

## ALCOHOL & DRUG HELPLINES

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### Oregon

503-244-1312

800-923-4357

877-515-7848 Spanish (toll free)

503-244-1611 Youthline (Monday–Friday, 4–10PM)

877-553-8336 Youthline (toll free)

### Washington

800-562-1240

## RECOVERY GROUPS

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### 12-Step Recovery Groups

Contact for a meeting schedule. Ask AA about groups for women only.

#### *Alcoholics Anonymous (AA)*

503-223-8569

360-694-3870 Vancouver

503-234-0848 Spanish Portland

503-848-0102 Spanish Washington County

#### *Al-Anon & Alateen*

503-292-1333

360-693-5781 Vancouver

#### *Cocaine Anonymous (CA)*

503-256-1666

800-662-2463 Vancouver

#### *Crystal Meth Anonymous (CMA)*

[www.crystallmeth.org](http://www.crystallmeth.org)

#### *Narcotics Anonymous (NA)*

503-727-3733

360-390-1144 Vancouver

#### *Sex Addicts Anonymous (SAA)*

503-452-5961





### HIV Day Center

#### Ecumenical Ministries of Oregon

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter

Alcohol and drug support group for low-income people with HIV/AIDS.



### Live & Let Live Club

1210 SE 7th Ave.  
Portland, OR 97214

503-238-6091

12-step recovery club for sexual minorities. Meetings are held 7 days a week and include AA, SAA, and NA. Call for current schedule.



### Miracles Club

4069 NE Martin Luther King Jr. Blvd.  
Portland, OR 97212

503-249-8559

12-step recovery club with NA meetings held 7 days a week. Call or drop by for a schedule.



### Portland Recovery Center

1100 NE 28th Ave.  
Portland, OR 97232  
503-493-9211

www.rap-nw.org

Drop-in center offers support and resources for people in recovery. Call or check the web site for a current schedule of recovery groups (AA, NA, and SA) and events.

## TREATMENT

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The best way to find out about treatment programs is to call one of the **Alcohol & Drug Helplines** (see previous page). There may be a sliding fee scale or publicly funded slots for people without insurance. If you qualify, you may have to wait to get treatment.



### Cascadia

#### Triangle Project

2415 SE 43rd Ave., Suite 200  
Portland, OR 97206  
503-230-9654 intake

503-239-5953 fax  
www.cascadiabhc.org

Outpatient treatment for chemical dependency. Specialized services for gay, lesbian, bisexual, and transgender persons include gay- and lesbian-specific recovery groups and treatment plans, crystal meth treatment for gay and bisexual men, and an HIV+ recovery group. Services may be free to eligible clients with HIV/AIDS, or have a sliding fee scale. Accepts Oregon Health Plan Plus, limited insurance, and self-pay. ASL and foreign-language interpreters available. Formerly *ASAP Treatment*.



## Center for Family & Adolescent Research



812 SW Washington St., Suite 500 877-251-8183  
Portland, OR 97205 503-243-7813 fax  
503-243-1065 www.ori.org/cfar/portland

Free drug treatment for youth and their families. Counseling for parents of drug-abusing youth aged 15 to 20 who refuse treatment. Specialized services for Hispanic youth.

## Central City Concern Health Services



727 W Burnside St.  
Portland, OR 97209 503-228-4618 fax  
503-228-4533 www.centralcityconcern.org

Outpatient alcohol and drug treatment includes acupuncture, Chinese herbal medicine, naturopathic care, and counseling. Sliding-fee scale for people living with HIV/AIDS. Alcohol- and drug-free housing available with case management. Spanish-speaking staff and ASL interpreters available. Formerly *Portland Alternative Health Center (PAHC)*.

## ChangePoint



1949 SE 122nd Ave.  
Portland, OR 97233 503-253-4643 fax  
503-253-5954 intake www.changepointinc.com

Outpatient alcohol and drug treatment. Free methamphetamine treatment for Multnomah County residents. Specialized programs for women, youth, and native Spanish-speakers. Locations in Portland, Gresham, Beaverton, and Vancouver. Accepts Oregon Health Plan Plus (CareOregon), Kaiser, and self-pay. Sliding fee scale. Some publicly funded slots available for Multnomah County residents. Spanish- and Russian-speaking staff available.

## Clark County Public Health HIV/AIDS Case Management Program



1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666 360-397-8060

Referral to free substance abuse treatment for low-income Clark County residents with HIV/AIDS.

## CODA



1027 E Burnside St. 503-236-2290 administration  
Portland, OR 97214 503-239-8407 fax  
503-239-8400 intake 503-239-8406 intake fax

Residential and outpatient treatment includes methadone, detox, and counseling. Specialized programs for pregnant women, women with preschool-age children, and single parents. Burnside, Tigard, and Gresham locations. Transitional housing available. Child care at most sites. Accepts Oregon Health Plan Plus, open card, Medicare, fee waivers, Title 19, private insurance, and self-pay. Some publicly funded slots available. Spanish-speaking staff available. Access to ASL and other foreign-language interpreters.



## De Paul Treatment Centers

### Adult Services

1313 SW Washington St.  
Portland, OR 97205  
503-535-1151

503-535-1192 fax  
[www.depaultreatmentcenters.org](http://www.depaultreatmentcenters.org)

Residential and outpatient alcohol and drug treatment. Outpatient locations in Portland and Hillsboro. Specialized programs for Latino men, and for people with a mental health disorder. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and self-pay. Sliding fee scale and publicly funded services available for HIV+ people. Spanish-speaking staff available. Access to ASL and other foreign-language interpreters.



## De Paul Treatment Centers

### Youth & Family Center

4310 NE Killingsworth St.  
Portland, OR 97218

503-535-1181  
503-535-1193 fax

Residential alcohol and drug treatment for youth aged 12 to 18. May require parental consent. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and self-pay. Sliding fee scale and publicly funded services available for HIV+ people.

## Hooper Detox

20 NE Martin Luther King Jr. Blvd.  
Portland, OR 97232  
503-238-2067

503-238-2004 fax  
[www.centralcityconcern.org](http://www.centralcityconcern.org)



Five- to eight-day subacute medical detox. Four- to six-hour sobering station. Accepts Oregon Health Plan Plus, private insurance, and self-pay. Sliding fee scale, \$50 minimum. Part-time Spanish-speaking staff available.

## Letty Owens Center

2545 NE Flanders St.  
Portland, OR 97232  
503-235-3546

503-235-3791 fax  
[cccadmin@centralcityconcern.org](mailto:cccadmin@centralcityconcern.org)  
[www.centralcityconcern.org](http://www.centralcityconcern.org)



Residential alcohol and drug treatment program for low-income pregnant women and women with preschool-age children. Free methamphetamine treatment available to Multnomah County residents. Publicly funded services available. Accepts Oregon Health Plan Plus and self-pay. A program of *Central City Concern*.

## Lifeworks Northwest

14600 NW Cornell Rd.  
Portland, OR 97229  
503-645-9010 intake

888-645-1666  
503-629-8517 fax  
www.lifeworksnw.org



Multicultural-focused outpatient alcohol and drug treatment for adults and youth aged 12 to 21. Residential treatment and transitional housing for women with children. Locations in Multnomah and Washington counties. Accepts Oregon Health Plan Plus and Standard, open card, some private insurance, and self-pay. Sliding fee scale and publicly funded services available. Access to bilingual Spanish-speaking staff. Formerly *Tualatin Valley Centers*.

## Lifeworks Northwest

### Project Network

2631 N Mississippi St.  
Portland, OR 97227

503-335-0855  
503-335-8125 fax



Residential alcohol and drug treatment with an African-American focus. Serves chemically addicted women who are pregnant or have an infant under 12 months. Accepts Oregon Health Plan Plus and open card. Includes dual diagnosis, mental health, trauma, and domestic violence groups. Spanish-speaking staff available.

## Native American Rehabilitation Association (NARA)

www.naranorthwest.org

Residential and outpatient treatment for Native American and Native Alaskan adults. Outpatient treatment for youth up to age 21. Support services for individuals and families, including children up to age 5, at residential site. Domestic violence and codependency programs. Accepts Oregon Health Plan, open card, most insurance, and self-pay. Sliding fee scale.



### Outpatient Clinic

1631 SW Columbia St.  
Portland, OR 97201

503-231-2641 intake  
503-621-1069 residential

### Youth Program

1776 SW Madison St.  
Portland, OR 97205

503-224-1044 intake

## Northwest Recovery Center

### Choices Program

1601 E Fourth Plain Blvd., #17 Suite B222  
Vancouver, WA 98661

360-397-8488  
360-397-8492 fax  
cmcdougall@northwestrc.org



Alcohol, drug, and mental health treatment provided in-home and at supportive community locations. Free for low-income Clark County adults living with HIV/AIDS or hepatitis C. Lesbian- and gay-friendly recovery groups, and detox referral. Access to ASL and foreign-language interpreters.

## OHSU Behavioral Health Clinic



621 SW Alder St., Suite 520  
Portland, OR 97205  
503-494-4745

503-494-4747 fax  
www.ohsuhealth.com

Outpatient alcohol and drug treatment programs include services for people with a mental health diagnosis. Accepts CareOregon (Oregon Health Plan Plus), open card, private insurance, and self-pay. Limited sliding fee scale. Access to ASL and foreign-language interpreters.

## Outside In



### IDU Health Services

1132 SW 13th Ave.  
Portland, OR 97205  
971-544-1574

info@outsidein.org  
www.outsidein.org

Groups for alcohol and drug users meet weekly to discuss strategies for safer use. Includes a group specifically for women in the sex industry. Call for times and location.

## Victory Outreach



3000 NE Alberta St.  
Portland, OR 97211  
503-335-3264

503-335-9828 fax  
church@voportland.com  
www.voportland.com

Faith-based residential alcohol and drug program for adults and families. Low cost. Battleground, Washington, location. Spanish-speaking staff available.

## Yamhill County Health & Human Services



### Chemical Dependency

627 NE Evans St.  
McMinnville, OR 97128

503-434-7527 intake

Outpatient alcohol and drug treatment for Yamhill County adults and youth. Accepts Oregon Health Plan Plus, most insurance, and self-pay. Sliding fee scale. Access to Spanish-speaking staff.

# SUPPORT, COUNSELING, & MENTAL HEALTH

mental health crisis lines  
counseling  
religious & spiritual resources  
support

This section includes counseling, therapy, and mental health services; religious and spiritual resources; and support groups. In Multnomah County, call the **mental health crisis line** 24 hours at 503-988-4888 to locate walk-in crisis centers or to dispatch the Project Respond mobile crisis team.

## MENTAL HEALTH CRISIS LINES

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Call to locate crisis services, including mental health centers that have walk-in hours. Staff is trained to provide brief phone counseling. Most lines operate 24 hours. Some have Spanish-speaking staff.

<i>Clackamas County</i>	503-655-8401 888-651-2134 (toll free)
<i>Clark County</i>	360-696-9560 800-626-8137
<i>Columbia County</i>	866-866-1426 (toll free)
<i>Multnomah County</i>	503-988-4888 800-716-9769
<i>Washington County</i>	503-291-9111
<i>Yamhill County</i>	503-434-7523 800-560-5535

## COUNSELING

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### Cascadia

2130 SW 5th Ave.  
Portland, OR 97201  
503-674-7777 intake

503-963-7711 fax  
[www.cascadiabhc.org](http://www.cascadiabhc.org)



Counseling, crisis services, and medication management for low-income adults and youth. Case management and alcohol- and drug-free housing available for people with a history of substance abuse and mental illness. Serves Multnomah, Clackamas, and Washington counties. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and self-pay. Access to foreign-language interpreters.



### Clark County Public Health HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor 360-397-8060  
Vancouver, WA 98666 360-397-8442 fax

Referral to free mental health services for low-income Clark County residents with HIV/AIDS.



### Lifeworks Northwest

14600 NW Cornell Rd. 888-645-1666  
Portland, OR 97229 503-629-8517 fax  
503-645-9010 intake www.lifeworksnw.org

Low-cost mental health and addiction services for low-income adults and youth in Multnomah and Washington counties. Some services may be free to Washington County residents. Counseling, case management, and medication management for people with chronic mental illness. Specialized services for older adults. Accepts Oregon Health Plan Plus and Standard, open card, some private insurance, and self-pay. Sliding fee scale for the uninsured. Spanish- and Russian-speaking staff available. Access to ASL and other foreign-language interpreters.



### Mental Health Northwest

1601 E Fourth Plain Blvd., #17 Suite B222 360-397-8484  
Vancouver, WA 98661 360-397-8494 fax

Free and low-cost mental health and addictions services for low-income Clark County residents. Individual and group counseling, case management, crisis intervention, and medication management for people with chronic mental illness. Accepts state medical coupons (Medicaid). Access to ASL and foreign-language interpreters.



### Quest Center for Integrative Health

2901 E Burnside St. 503-238-5202 fax  
Portland, OR 97214 info@projectquest.org  
503-238-5203 www.projectquest.org

Counseling, medication management, and a variety of holistic programs for people living with HIV/AIDS, cancer, and other chronic illness. Free counseling for low-income women living with HIV/AIDS available through the *Women of Wisdom (WOW)* program. Accepts uninsured, Oregon Health Plan (Verity), and private insurance. Sliding fee scale. Spanish-speaking staff and programs available. Formerly *Project Quest*.



### Sexual Minority Youth Recreation Center (SMYRC)

2100 SE Belmont St.  
Portland, OR 97214 503-231-3051 fax  
503-872-9664 www.smyrc.org

Counseling for gay, lesbian, bisexual, and transgender youth aged 13 to 23 and their families. Case management and advocacy for youth who live in Multnomah County. Access to ASL interpreters.



## William Temple House

2023 NW Hoyt St.  
Portland, OR 97210

503-226-3021

Low-cost counseling for individuals, couples, and families. \$5 per session, up to 12 sessions maximum. To be eligible you must apply in person Monday–Thursday, between 9AM–7PM. You will be given a questionnaire that takes at least 2 hours to fill out. A counselor will contact you later to schedule an appointment.



## Yamhill County Health & Human Services

### Adult Mental Health Programs

627 N Evans St.  
McMinnville, OR 97128

503-434-7523  
503-434-9846 fax

Individual counseling for adults, including medication management and crisis counseling, for Yamhill County residents on Oregon Health Plan Plus. Spanish-speaking staff available.



## RELIGIOUS & SPIRITUAL RESOURCES

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For listings of gay- and lesbian-positive churches, pick up the latest copy of *Just Out* newspaper, published bimonthly.

## HIV Day Center

### Ecumenical Ministries of Oregon

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter

Spiritual direction available.



## Metropolitan Community Church of Portland

2400 NE Broadway St.  
Portland, OR 97232  
503-281-8868

503-281-1233 fax  
info@mccportland.com  
www.mccportland.com

Ecumenical church with a gay and lesbian focus. Individual pastoral counseling at church or in-home.



## Metropolitan Community Church of the Gentle Shepherd

2200 Broadway, Suites E & F  
Vancouver, WA 98660  
360-695-1480

www.mccgs.org

Ecumenical church with a gay and lesbian focus.





### Quest Center for Integrative Health

2901 E Burnside St.  
Portland, OR 97214  
503-238-5203

503-238-5202 fax  
info@projectquest.org  
www.projectquest.org

Holistic programs with attention to the needs of people living with HIV/AIDS, cancer, and other chronic illness. Programs incorporate Jungian psychology, psycho-neuroimmunology, mind-body disciplines, Native American traditions, and Eastern spiritual philosophy. Spanish-speaking staff available. Formerly *Project Quest*.

## SUPPORT

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At support groups, you can get support from people who are dealing with the same issues as you are and also be supportive of others. There are groups offered during the day and in the evening. Call ahead for times and locations. See **Recovery Groups** on page 80 for a list of addiction support groups.

### Cascade AIDS Project

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
www.cascadeaids.org



### *Grupo de Mujeres Rompiendo el Silencio*

Support group for Latinas living with HIV/AIDS. Meets every other Friday at 6PM.

### *Kids' Connection*

Helps HIV-affected children aged 17 and under and their families access medical and support services such as counseling, child care, and parenting skills. Help with problems at school. In-home consultation available.

### *The Link*

Weekly social support group for HIV+ gay and bisexual men. Meets every Wednesday at 6PM at the Men's Wellness Center, 928 SW Stark St.

### Clark County Public Health

#### HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98666

360-397-8060



Free support group for low-income Clark County residents with HIV/AIDS. Call for meeting times and location.

### Collective Care Services

503-888-4141



Peer support group for women living with HIV/AIDS. Meals and child care provided. Call for times and location.



## The Compassionate Friends



P.O. Box 3065  
Portland, OR 97208

503-248-0102

Grief and bereavement support for people who have experienced the death of a child. Call for information.

## Dougy Center



P.O. Box 86852  
Portland, OR 97286  
503-775-5683

503-777-3097 fax  
help@dougy.org  
www.dougy.org

Free grief and bereavement support groups for children and youth up to 18 years old who have experienced the death of a parent, sibling, caregiver, or loved one. Access to Spanish-speaking volunteers. Call for information.

## HIV Day Center



### Ecumenical Ministries of Oregon

2941 NE Ainsworth St.  
Portland, OR 97211  
503-460-3822

503-460-3933 fax  
hivcenter@emoregon.org  
www.emoregon.org/hivdaycenter

Informal and crisis counseling for low-income people with HIV/AIDS.

## Legacy Hospice Bereavement Program



www.legacyhealth.org

Free grief and bereavement support groups for anyone who has experienced the death of a loved one. Portland and McMinnville locations. Call for the latest schedule.

### Portland

503-220-1000

800-896-6287

### McMinnville

503-472-9685

800-361-8506

## OHSU Partnership Project



### Fuzeon Information Group

5525 SE Milwaukie Ave.  
Portland, OR 97202  
503-230-1202 extension 235

503-230-1213 fax  
pproject@ohsu.edu  
www.ohsu.edu/partnership

Free support and information group for people living with HIV/AIDS who are taking or considering Fuzeon treatment. Open to caregivers. Meets evenings every 2nd Wednesday at Kaiser Central Interstate, 3600 N Interstate Ave., and every 4th Wednesday at Partnership Project. Call to register.

## Quest Center for Integrative Health

2901 E Burnside St.  
Portland, OR 97214  
503-238-5203

503-238-5202 fax  
info@projectquest.org  
www.projectquest.org



Free and low-cost support groups for low-income people living with HIV/AIDS. Specific groups for gay men, heterosexual men, and women. Sliding fee scale. Accepts some insurance. Formerly *Project Quest*.

### ***Women of Wisdom (WOW)***

Support group and peer mentoring for women living with HIV/AIDS. Meets twice weekly. Meals and child care provided. Specific group for Spanish-speakers. Call for times.

## Sexual Minority Youth Recreation Center (SMYRC)

2100 SE Belmont St.  
Portland, OR 97214  
503-872-9664 extension 27

503-231-3051 fax  
www.smyrc.org



Weekly support groups for gay, lesbian, bisexual, and transgender youth aged 23 and under meet in Portland and in Washington County.

# HIV PREVENTION

condoms & safer sex  
information  
needle exchange  
prevention education

Look under **HIV Testing**, starting on page 62, for agencies that test for HIV. To find places that test for hepatitis C, look under **Hepatitis C**, starting on page 108.

## *How you can protect yourself and others...*

There is no cure for HIV. If you are living with HIV, there are some important steps you can take to protect your health and the health of those around you:

**Know your status.** If you are unsure, get tested. HIV testing is available at a number of community test sites and through your doctor.

**See a doctor.** A doctor who specializes in HIV can tell you what medical care might help and what you can do to protect your health and quality of life.

Consider how you can reduce the chance of infecting others:

- Talk to your sex partner about your HIV status before having sex. Whether or not you are HIV-positive, don't rely on the other person to disclose.
- Develop a safer-sex plan. Using latex condoms and/or dental dams during anal, vaginal, and oral sex will greatly reduce the chance of giving or getting HIV and other sexually transmitted diseases. Safer-sex supplies are available at places that do HIV prevention work (next page) and at needle exchange sites (page 95).
- Weigh risks and think about your choices. Having unprotected sex with new, multiple, or anonymous partners greatly increases your chance of giving or getting HIV and other sexually transmitted diseases.
- Get screened and treated for sexually transmitted diseases (STDs) such as syphilis, gonorrhea, and chlamydia on a regular basis. These diseases make it easier to pass HIV, and are especially serious for people who have HIV.
- Alcohol and drug use can increase risk-taking. Call the Alcohol & Drug Helpline at 503-244-1312 or 800-923-4357 to speak with someone about treatment.
- If you are injecting drugs and can't stop using, you can reduce your risk for HIV and hepatitis C by getting sterile syringes and gear from a needle exchange site (page 95). You can also purchase syringes at pharmacies if you are at least 18 years old.
- If you can't get sterile syringes, bleaching them will reduce—but not eliminate—the chance of giving or getting HIV and hepatitis C.

## CONDOMS & SAFER SEX

Condoms are available free at most county health clinics and at agencies that work in HIV prevention. Free condoms are also available at gay dance clubs, bars, and bathhouses, and at alcohol and drug treatment centers.

### Free condoms are available at the following:

#### **County Health Clinics**

(see pages 72–76)



#### **Cascade AIDS Project**

620 SW 5th Ave., Suite 300  
Portland, OR 97204

503-223-5907



#### **Central City Concern Health Services**

727 W Burnside St.  
Portland, OR 97209

503-228-4533



#### **Clark County Public Health**

1601 E Fourth Plain Blvd.  
Vancouver, WA 98661

360-397-8089



#### **Men's Wellness Center**

928 SW Stark St.  
Portland, OR 97205

503-445-7699



#### **Multnomah County Health Department HIV & Hepatitis C Community Programs**

3653 SE 34th Ave.  
Portland, OR 97202

503-988-3030



#### **Multnomah County Health Department HIV Health Services Center**

426 SW Stark St., 4th Floor  
Portland, OR 97204

503-988-5020



#### **Multnomah County Health Department STD Clinic**

426 SW Stark St., 6th Floor  
Portland, OR 97204

503-988-3700



#### **Outside In**

1132 SW 13th Ave.  
Portland, OR 97205

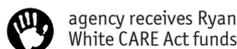
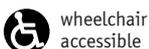
503-223-4121



#### **Q Center**

69 SE Taylor St.  
Portland, OR 97208

503-234-7837



## Free Condoms (Continued)

### **Sexual Minority Youth Recreation Center (SMYRC)**

5103 SE Belmont St.  
Portland, OR 97214

503-872-9664



### **Washington County Pride Project**

Beaverton & Hillsboro (call for location) 503-260-5792



### **Planned Parenthood**

503-788-7273  
888-875-7820

www.ppcw.org

Condoms \$1 per dozen. See locations on pages 74–75.



## INFORMATION

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### **Centers for Disease Control & Prevention**



#### **Division of HIV/AIDS Prevention**

[www.cdc.gov/hiv](http://www.cdc.gov/hiv)

The CDC's official HIV/AIDS web site. Fact sheets, brochures, reports, and statistics.

#### **National Prevention Information Network**

[www.cdcnpin.org](http://www.cdcnpin.org)

Information and resources on HIV/AIDS, STD, and tuberculosis prevention.

### **HIV Stops With Me**



[www.hivstopswithme.org](http://www.hivstopswithme.org)

Read about people in the community who are living with HIV. Prevention information and local resources. English and Spanish formats.

### **InSpot Portland**



[www.inspot.org/portland](http://www.inspot.org/portland)

HIV and STD resources for Clackamas, Clark, Multnomah, and Washington counties. If you've had a positive test result, you can use this web site to send an anonymous email telling your sex partners to get checked.

### **Man2ManPDX**



[www.man2manpdx.us](http://www.man2manpdx.us)

HIV and STD prevention information for gay, bisexual, and transgender men. Learn how to reduce your risk. Links to local resources. Contains explicit information.

**My Sexy City**  
www.mysexcity.com



HIV and STD prevention information for gay, bisexual, and transgender men aged 18 to 25. Contains explicit material. Sponsored by the *Institute of Gay Men's Health*.

### **Portland Bad Date Line**

503-535-3901

pdblreport@hotmail.com



Information for sex workers about dangerous clients, including those infected with HIV or AIDS. Pick up a monthly rap sheet at needle exchange sites around town. Call to report an assault or threatening situation.

## **NEEDLE EXCHANGE**

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Free new needles in exchange for used ones with no names or questions asked. Must be 18 or older in Oregon. Health information, referrals, HIV testing, other clean injection gear, and condoms available for free. Syringes can be legally purchased at pharmacies in Oregon if you are 18 or older. Times and sites may change. Call the **Harm Reduction Hotline** for the latest schedule.

### **Harm Reduction Hotline**

503-280-1611 English

503-988-6333 Spanish

[www.mchealth.org/cd/hivhcv](http://www.mchealth.org/cd/hivhcv)



Call to hear the latest schedule of needle exchange sites in Portland and Vancouver. Printed schedules in English and Spanish are available at all locations and online.

### **Clark County Public Health**

#### **Harm Reduction Center**

3701 E Fourth Plain Blvd.

Vancouver, WA 98663

360-397-8098

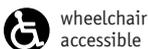


Monday and Wednesday from 3–6PM, and Friday from 3–5PM. No age limit. Free rapid and oral HIV testing, hepatitis A and B vaccinations, and emergency contraception.

### **Metro**

503-234-4000

Sharps container exchange for Metro area residents. Bring used needles for disposal in an approved sharps container and get a free replacement container. You cannot obtain new syringes from this program. New containers cost \$5 to get started. Call for locations.



**Multnomah County Health Department**  
**HIV & Hepatitis C Community Programs**



**Needle Exchange Van**

Monday, Wednesday, and Friday mornings at Old Town. Tuesday and Thursday afternoons at SE 6th Ave. and Ankeny St. Friday nights at SE 82nd Ave. Call the *Harm Reduction Hotline*, page 95, for hours and locations.

**Northeast Health Center**

5329 NE Martin Luther King Jr. Blvd.  
Portland, OR 97211

Monday from 3–6PM, Thursday from 4–6PM, and Friday from 10AM–1PM.

**Outside In**

**IDU Health Services**

1219 SW Main St.  
Portland, OR 97205  
971-544-1574

info@outsidein.org  
www.outsidein.org



Monday–Friday from 1–6PM. Youth under age 18 cannot exchange needles but can receive bleach kits. Free, anonymous testing for HIV and hepatitis C. Weekly harm reduction group covers safer injection and overdose prevention. Meets Mondays from 3:30–4:30PM.

**82nd Street Clinic**

3610 NE 82nd Ave., 2nd Floor  
Portland, OR 97220

503-280-1611 English  
503-988-6333 Spanish



Open the 2nd and 4th Wednesdays of every month from 2–4PM. Located upstairs at RAM Clinic. Includes abscess and wound care; free HIV, hepatitis C, and STD testing; and medical exams. Services provided by *Outside In* and *Cascade AIDS Project*.

**PREVENTION EDUCATION**

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Programs in this section provide education to specific groups in the community about how to prevent the spread of HIV. If you have HIV, look in this section to find programs that can help you learn how to tell others about your HIV status.

**Asian Family Center**

**HAPPI**

4424 NE Glisan St.  
Portland, OR 97213  
503-235-9396

503-235-0341 fax  
www.irco.org/irco/asianfamilycenter.asp



Prevention discussion groups for Asian women 18 years or older. Covers HIV, sexual health, and communication. Available in Vietnamese and English.

## African American Health Coalition

2800 N Vancouver Ave., Suite 100  
Portland, OR 97227  
503-413-1850

503-413-1851 fax  
www.aahc-portland.org



Prevention education and outreach to the African-American community. Offers community presentations, information, and referral.

## Brother to Brother

P.O. Box 3182  
Portland, OR 97208  
503-417-7991

503-228-3970 fax  
www.brotobropdx.org



Peer-led prevention education and outreach for African-American gay and bisexual men. Call for a schedule of events or to volunteer.

## Cascade AIDS Project

620 SW 5th Ave., Suite 300  
Portland, OR 97204  
503-223-5907  
800-777-2437

503-223-2437 TDD  
800-499-6940 Spanish  
503-225-1663 fax  
www.cascadeaids.org



Prevention education and outreach to gay and bisexual men, native Spanish-speakers, African Americans, people with HIV, and youth. The *Teen to Teen* program offers peer-led education and skills-building presentations. Other peer-led programs include discussion groups and Internet outreach. Call to get involved. Trainings for social service agencies arranged upon request.

## Clark County Public Health

### Positive Changes

1601 E Fourth Plain Blvd., 3rd Floor  
Vancouver, WA 98661

360-397-8252



Prevention counseling for Clark County residents who are living with HIV, or who are at high risk for contracting HIV due to sex or needle-sharing behaviors. Learn how to talk to others about your HIV status, reduce risk, protect partners, and negotiate safer sex. Call for eligibility.

## Men's Wellness Center

928 SW Stark St.  
Portland, OR 97205  
503-445-7699

cityguys@cascadeaids.org  
www.cascadeaids.org



Prevention support groups for gay and bisexual men and Latinos meet weekly. Call for a schedule, or drop by to get health information Wednesday–Saturday from 4–10PM. Part-time Spanish-speaking staff available. Operated by *Cascade AIDS Project*.



## Northwest Portland Area Indian Health Board

### Project Red Talon

527 SW Hall Blvd., Suite 300  
Portland, OR 97201

503-228-4185  
503-228-8182 fax  
[www.npaihb.org/std-aids/prt](http://www.npaihb.org/std-aids/prt)

Education, training, and technical assistance on HIV and sexually transmitted disease prevention for tribes in Oregon, Washington, and Idaho.

## OHSU Partnership Project SHOP



5525 SE Milwaukie Ave.  
Portland, OR 97202  
503-230-1202

877-795-7700 toll free  
503-230-1213 fax  
[www.ohsu.edu/partnership](http://www.ohsu.edu/partnership)

Prevention counseling for Oregon residents who are living with HIV, or who are at high risk for contracting HIV due to sex or needle-sharing behaviors. Learn how to talk to others about your HIV status, reduce risk, protect partners, and negotiate safer sex. Call for eligibility. Spanish-speaking staff available.

## Outside In IDU Health Services



1219 SW Main St.  
Portland, OR 97205  
971-544-1574

[info@outsidein.org](mailto:info@outsidein.org)  
[www.outsidein.org](http://www.outsidein.org)

Groups for injection drug users meet weekly to discuss HIV and hepatitis C prevention and strategies for safer use. Includes one group specifically for women in the sex industry. Call for times and location.

# OTHER COMMUNITY RESOURCES

**cultural service organizations  
domestic violence  
gay, lesbian, bisexual, & trans  
homeless youth**

This section contains resources for specific cultural groups, sexual minorities, women, and homeless youth. Services are not HIV-specific, but the staff are knowledgeable about HIV.

## CULTURAL SERVICE ORGANIZATIONS

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The agencies in this section provide help to those who speak limited English.

### **Asian Family Center**

4424 NE Glisan St.  
Portland, OR 97213  
503-235-9396

503-235-0341 fax  
[www.irco.org/irco/asianfamilycenter.asp](http://www.irco.org/irco/asianfamilycenter.asp)



Information and referral to community resources in Asian languages. Includes case management, recreation, skills-building activities, parent education and support, parent-child development, and cultural and intergenerational programs. Summer employment program for youth aged 16 to 21. Parental consent required for all youth programs.

### **El Programa Hispano**

Information and referral to community resources for those who speak only Spanish. Emergency assistance, job referrals, health education, domestic violence prevention, counseling, legal services, literacy and citizenship classes, and youth programs. Bilingual Spanish-speaking staff.



#### **Portland**

901 SE Oak St., Suite 106  
Portland, OR 97214

503-236-9670  
503-666-7487 fax

#### **Gresham**

451 NW 1st St.  
Gresham, OR 97030

503-669-8350  
503-666-7487 fax

### **IRCO**

10301 NE Glisan St.  
Portland, OR 97220  
503-234-1541

503-235-1259 fax  
[www.irco.org](http://www.irco.org)



Helps refugees and immigrants from all over the world. Emergency assistance, literacy classes, job training and support, skills-building, health education, mental health referrals, family law, domestic violence prevention, parent-child development, and youth and senior programs. Services and eligibility vary. Access to foreign-language interpreters.



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

## Slavic Services Center

12414 E Burnside St.  
Portland, OR 97233

503-252-4955



Information and referral to community resources for Slavic-speaking immigrants. Emergency food, medical clinic, language classes, and computer resources. Located at Faith Community Church.

## DOMESTIC VIOLENCE

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This section includes domestic violence shelters and support for survivors. Domestic violence shelters provide temporary emergency housing for women and children leaving an abusive situation. Most have confidential locations and accept collect calls. If you need domestic violence resources for men, intersex, or transgender, call the **Portland Women's Crisis Line** at 888-235-5333 (toll free).

### Bradley-Angle House

503-281-2442 crisis line

877-897-7741 toll free

503-232-7805 support groups

[www.bradleyangle.org](http://www.bradleyangle.org)



Domestic violence shelter. Confidential location. Special same-gender domestic violence support group for women. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

### Clackamas Women's Services

888-654-2288 crisis line

503-722-2366 office

503-722-8059 fax

[infocws@cwsor.org](mailto:infocws@cwsor.org)

[www.cwsor.org](http://www.cwsor.org)



Domestic violence shelter. Confidential Clackamas County location. Spanish-speaking staff available. Access to AT&T language bank and foreign-language interpreters.

### Clark County Emergency Shelter Clearinghouse

360-695-9677

Information and referral to family and domestic violence shelters in Clark County.

### Domestic Violence Resource Center

503-469-8620 crisis line

503-640-5352 resource center

Domestic violence shelter (Monika's House). Confidential Washington County location. Resource center offers counseling, restraining order advocates, and other resources for women survivors of domestic violence. Part-time Spanish-speaking staff available.

## El Programa Hispano

503-232-4448 crisis line  
503-236-9670 Proyecto UNICA



Domestic violence shelter, support, and assistance for native Spanish-speakers affected by domestic violence or sexual assault. Staff bilingual in Spanish and English.

## Portland Women's Crisis Line

503-235-5333  
888-235-5333 toll free

503-234-3749 fax  
www.pwcl.org



Statewide information and referral to domestic violence shelters and crisis counseling. Emergency transportation from danger to safety. Other services include legal assistance with restraining and stalking orders, and referral to sexual assault advocates. Accepts collect calls. Access to AT&T language bank. Call 24 hours, or search for resources online.

## Volunteers of America

### Home Free

503-771-5503 crisis line

Domestic violence intervention program provides crisis counseling, support groups, transitional services, and advocacy for women in a domestic violence situation. Spanish-speaking staff available.

## GAY, LESBIAN, BISEXUAL, & TRANSGENDER

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The organizations below offer general resources for gay, lesbian, bisexual, and transgender people, including sexual minority youth.

## Brother to Brother

P.O. Box 3182  
Portland, OR 97208  
503-417-7991

503-228-3970 fax  
www.brotobropdx.org



Support and advocacy organization for African-American gay and bisexual men, their family, and friends. Call for meetings and social events.

## Gay & Lesbian National Hotline

888-843-4564 toll free  
www.glnh.org



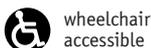
Peer-support talkline, and information and referral for gay, lesbian, bisexual, and transgender youth and adults. Call Monday–Friday, 1–9PM PST, or Saturday, 9–2PM PST.

## GLBT National Youth Talkline

800-246-7743  
www.glnh.org



Peer-support talkline, information, and referral for gay, lesbian, bisexual, and transgender youth. Call Monday–Saturday, 6:30–9PM PST.



### **Just Out**

P.O. Box 14400  
Portland, OR 97293  
503-236-1252

503-236-1257 fax  
justout@justout.com  
www.justout.com

Gay, lesbian, bisexual, and transgender community newspaper published twice monthly. A listing of resources in the Portland area is available both in print and online.

### **Lesbian Community Project**

P.O. Box 5931  
Portland, OR 97228

503-227-0605  
www.lesbiancommunityproject.org

Social support and networking organization for the lesbian community.



### **Love Makes a Family**

P.O. Box 5163  
Portland, OR 97208  
503-228-3892

503-228-3970  
info@lmfamily.org  
www.lmfamily.org

Support for gay, lesbian, bisexual, and transgender youth, parents, and their children. Support groups in Portland and Vancouver. Call for more information.



### **Men's Wellness Center**

928 SW Stark St.  
Portland, OR 97205  
503-445-7699

cityguys@cascadeaids.org  
www.cascadeaids.org

Drop-in resource center for gay, bisexual, and gender queer men. Health information, library, support groups for HIV-positive men and Latinos, and HIV and STD testing and treatment. Open Wednesday–Saturday, 4–10PM. Call for a schedule of events. Part-time Spanish-speaking staff available. A program of *Cascade AIDS Project*.



### **Parents and Friends of Lesbians & Gays (PFLAG)**

P.O. Box 8944  
Portland, OR 97207  
503-232-7676

www.pflagpdx.org

Support meetings for parents and friends of lesbians and gays, held monthly at First United Methodist Church, 1838 SW Jefferson St.



### **Q Center**

69 SE Taylor St.  
Portland, OR

503-234-7837  
www.pdxqcenter.org

Portland's gay, lesbian, bisexual, transgender, and queer community center. Open Monday–Wednesday, 4–8PM, and Sunday, 1–5PM. Check the web site for a schedule of events.



## Q-Land

503-223-8822

[www.qland.org](http://www.qland.org)

Social support, wellness, and networking organization for queer men. Check the web site for a calendar of events.

## Sexual Minority Youth Recreation Center (SMYRC)



2100 SE Belmont St.

Portland, OR 97214

503-872-9664 extension 27

503-231-3051 fax

[www.smyrc.org](http://www.smyrc.org)

Drop-in recreation center for gay, lesbian, bisexual, and transgender youth aged 23 and under. Open Wednesday, 4–9PM, and Friday, 4–11PM. Recreation activities, HIV testing, mentoring, and employment assistance. Counseling for youth and their families. Case management and advocacy for youth who live in Multnomah County. Weekly support groups meet in Portland and in Washington County. Access to ASL interpreters.

## Washington County Pride Project



2100 SE Belmont St.

Portland, OR 97214

503-260-5792

[www.prideproject.org](http://www.prideproject.org)

Prevention-focused social and support group for gay, lesbian, bisexual, and transgender youth aged 21 and under. Meets weekly in Beaverton and Hillsboro. Call for location. Bilingual Spanish-speaking staff.

## HOMELESS YOUTH

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### Boys & Girls Aid Society

#### RISE Program

503-542-2350

877-932-2734 toll free

[www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)

Transitional housing, case management, and counseling for Washington County youth aged 16 to 21.

### Harry's Mother Runaway Youth Agency

121 NE 8th Ave.

Portland, OR 97232

503-233-8111 crisis line

800-914-9706 toll-free crisis line

503-233-8174 fax

24-hour crisis intervention, information, and referral for runaway and at-risk youth aged 9 to 17. Emergency shelter, case management, and family counseling. Spanish-speaking staff available. Access to ASL and foreign-language interpreters.



### Janus Youth Programs

#### Bridge House

4015 SE Madison St.

Portland, OR 97214

503-238-1702

503-234-5561 fax

Transitional housing program for homeless youth aged 16 to 21 in a community living setting. The *Changes* program provides follow-up support to residents transitioning to independent living. Spanish-speaking staff available.



### Janus Youth Programs

#### Porch Light Shelter

1115 SW 11th Ave.

Portland, OR 97205

503-224-5988

503-224-1154 fax

Intake and screening to emergency and short-term shelter for homeless youth aged 15 to 21. Open nightly from 9PM–8:30AM. Referral to case management, medical care, and other services. Also provides access to *Street Light*, a short-term shelter for youth who have been assigned to a case manager. Part-time Spanish-speaking staff available. *Relocating in 2007.*



### New Avenues for Youth

820 SW Oak St.

Portland, OR 97205

503-224-4339

800-995-7936

503-224-3653 fax

[www.newavenues.org](http://www.newavenues.org)

Drop-in center for homeless youth aged 13 to 21. Meals, showers, laundry, support groups, education and job training programs, and a weekly clinic. Service coordination and access to shelters, transitional housing, and other services. Open Monday–Friday from 9AM–9PM, and Saturday from 11AM–6PM. Access to Spanish-speaking staff.





### **New Avenues for Youth Youth Reception Center**

738 NE Davis St.  
Portland, OR 97232

503-542-4640  
www.newavenues.org

Homelessness prevention program provides 24-hour crisis intervention for runaway and at-risk youth who have come in contact with the police. Family counseling and reunification, and referral to social services and emergency shelter.



### **Oak Bridge**

Vancouver, WA  
360-891-2634 crisis line  
360-883-5305 fax

oakbridge@jyp.org  
www.jyp.org

Emergency shelter for homeless youth aged 9 to 17 and their families in Vancouver. Up to 5 days of case management, food, medical attention, and emergency housing. Call 24 hours.



### **Outside In**

1132 SW 13th Ave.  
Portland, OR 97205  
503-223-4121

503-223-6837 fax  
info@outsidein.org  
www.outsidein.org

Drop-in center and transitional housing programs for homeless youth under age 21. Includes housing for youth living with HIV/AIDS. Information, support, showers, meals, medical services, crisis counseling, case management, and employment resources. Referral to other services. Open Monday–Friday, 9–10AM and 1–6PM, and Sunday, 1–8PM. Access to Spanish-speaking interpreters.



### **P:ear**

809 SW Alder St.  
Portland, OR 97205  
503-228-6677

503-232-0891 fax  
www.pearmentor.org

Programs for homeless and transitional youth aged 15 to 24. Includes art and music, outdoor activities, school support, breakfast, and lunch. Referral to other services. Open Wednesday–Saturday from 8:30AM–2PM, and Tuesday from 6–9PM.

# HEPATITIS C

**information**  
**hepatitis C testing & care**  
**support**  
**treatment**

This section lists resources specifically for people with hepatitis C, including medical care, hepatitis A and B vaccinations, and support groups. You should check listings in other sections of this guide for additional services that may be available.

Hepatitis A, B, and C are viruses that cause inflammation and swelling of the liver. Hepatitis A is spread when infected feces (poop) gets into your mouth. Hepatitis B is spread when infected blood, sexual fluids, or breast milk gets into your body. Hepatitis C (HCV) is spread when infected blood gets into your bloodstream. Hepatitis A and B can both be prevented with a vaccination. There is no vaccine for HCV.

Hepatitis C can cause liver damage more quickly in individuals who are also infected with HIV. Getting vaccinated for hepatitis A and B can help prevent further liver damage. Vaccinations are recommended for people with HCV and/or HIV, gay and bisexual men, and people who use injection drugs.

## ***Who is at risk for hepatitis C infection?***

Anyone who has:

- injected drugs, even once many years ago
- had a blood transfusion before 1992
- been treated for blood clotting problems before 1987
- been a long-term kidney dialysis patient

## ***What are some other, but less common ways that HCV can be spread?***

- Sharing used tattoo and piercing equipment.
- Sharing other drug equipment that might have blood on it (for example, pipes, straws, or dollar bills for snorting).
- Contact with blood at work (for example, a health-care worker getting a needle stick).
- Sharing a toothbrush, razor, nail clippers, or any household implement that may draw blood from a person who is infected or using injection drugs.
- A mother who has HCV may pass the infection to her unborn child. The risk of transmission increases if the mother also has HIV.
- Sexual activity, but only when an exchange of blood is involved (for example, an HCV-infected woman who is having her period could pass the virus to a partner who has an open wound on his or her genitals).

## *How you can protect yourself and others...*

If you are living with HCV or HIV-HCV coinfection, there are some important steps you can take to protect your health and the health of those around you:

**Know your status.** If you are unsure, get tested for hepatitis C. Testing is done with a blood test similar to the one for HIV.

**Stop or reduce your alcohol consumption.** This is the single most significant step you can take to protect the health of your liver. Alcohol can seriously damage the liver all by itself. Alcohol together with hepatitis C is twice as damaging.

**See a doctor for an evaluation.** A doctor can help you figure out what medical treatments you might benefit from and what you can do to further protect your health and quality of life.

**Get vaccinated for hepatitis A and B.** Hepatitis C puts your liver under stress. Getting another liver-related virus can damage it even more.

## *If you use injection drugs...*

Call the **Alcohol & Drug Helpline** at **503-244-1312** or **800-923-4357** in Oregon, or at **800-562-1240** in Washington, for help to stop using.

If you can't stop using, do not share any drug equipment. Visit one of the needle exchange sites in Multnomah or Clark counties (page 95) to get sterile syringes and gear. You can also purchase new syringes at pharmacies in Oregon if you are at least 18 years old.

## INFORMATION

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See also **Treatment** on page 116, for information specifically about hepatitis C treatment.

### **American Liver Foundation**

800-465-4837

888-443-7872

[www.liverfoundation.org](http://www.liverfoundation.org)



Click "Liver Health" to find news articles and information on hepatitis C. Available in English and Spanish.

### **Centers for Disease Control & Prevention**

888-443-7232

[www.cdc.gov/hepatitis](http://www.cdc.gov/hepatitis)



The CDC's official hepatitis web site. Fact sheets, brochures, news, and links to other sites. Available in English and Spanish.

### Latino Organization for Liver Awareness (LOLA)

[www.lola-national.org](http://www.lola-national.org)

Hepatitis C information in Spanish and English.



### Multnomah County Health Department

#### HIV & Hepatitis C Community Programs

503-988-3030

[www.mchealth.org/cd/hivhvc](http://www.mchealth.org/cd/hivhvc)

Call or visit the web site for a schedule of hepatitis education classes.



### Oregon Public Health Information Line

866-703-4636 toll free

Call in Oregon to hear recorded information about hepatitis C.



### Oregon AIDS Hotline

800-777-2437

800-499-6940 Spanish

Call for information about local hepatitis C resources.



### Veterans Administration

#### National Hepatitis C Program

[www.hepatitis.va.gov](http://www.hepatitis.va.gov)

Hepatitis information for patients and health-care providers.



## HEPATITIS C TESTING & CARE

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Testing for hepatitis C is available at clinics, alcohol and drug treatment centers, private doctors, and other locations. Most test only people with high risk, such as those who have used injection drugs.

To get care for hepatitis C, you will need to visit a doctor. Because resources are limited, some private providers have been included. This does not imply approval or recommendation of any particular provider. See also **Complementary Medicine** on page 54.

### C.C. Slaughters Nightclub

219 NW Davis St.

Portland, OR 97209

503-988-3030 health department

[www.ccslaughterspdx.com](http://www.ccslaughterspdx.com)

Free hepatitis C testing for gay and bisexual men who have injected drugs, every 1st Thursday from 9–11:30PM. Testing provided by *Multnomah County Health Department*.



## Central City Concern Health Services



727 W Burnside St.  
Portland, OR 97209  
503-228-4533

503-228-4618 fax  
www.centralcityconcern.org

Primary care, naturopathy, acupuncture, Chinese medicine, mental health, and addiction treatment for homeless and low-income people. Includes testing for hepatitis C and hepatitis A and B vaccinations. Call for an appointment. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and uninsured (limited capacity). Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

## Clackamas County Community Health Centers



Primary care services for Clackamas County residents. Includes screening and testing for hepatitis C, and hepatitis A and B vaccinations. Call for eligibility and an appointment. Spanish-speaking staff available. Access to other foreign-language interpreters.

### ***Beavercreek Center***

1425 Beavercreek Rd.  
Oregon City, OR 97045

503-655-8471

### ***Sandy Health Center***

38872 Proctor Blvd.  
Sandy, OR 97055

503-722-6960

### ***Molalla Health Center***

218 Center Ave.  
Molalla, OR 97038

503-723-2944

## Clackamas Service Center



8800 SE 80th Ave.  
Clackamas, OR 97206

503-771-7914

Free hepatitis C testing and hepatitis A and B vaccinations, available on a walk-in basis every 2nd and last Tuesday from 3–5PM. Subject to eligibility.

## Clark County Public Health



### **Harm Reduction Center**

3701 E Fourth Plain Blvd.  
Vancouver, WA 98661

360-397-8098

Free hepatitis A and B vaccinations for gay and bisexual men, available on a walk-in basis every Thursday from 5–6:30PM, and for injection drug users and their sex partners, every Monday and Wednesday from 3–6PM, and Friday from 3–5PM.

## Clark County Public Health Health Clinic

1601 E Fourth Plain Blvd.  
Vancouver, WA 98666

360-397-8089

Hepatitis C testing (\$40) and hepatitis A and B vaccinations. Accepts medical coupons, DSHS, private insurance, and self-pay. Call for an appointment. Access to Spanish-speaking staff, other foreign-language and ASL interpreters.



## Columbia County Public Health

2370 Gable Rd.  
St. Helens, OR 97051  
503-397-4651  
800-244-4870

800-446-9375 TTY  
503-397-1424 fax  
www.chdpublichealth.com

Screening and testing for hepatitis C, and hepatitis A and B vaccinations. Serves Columbia County residents. Call for an appointment. Accepts Oregon Health Plan, private insurance, and self-pay. No one refused service if they cannot pay. Spanish-speaking staff available.



## Dr. Keivan Jinnah, ND, LAc

3701 SE Milwaukie, Suite F  
Portland, OR 97202

503-239-7341  
503-239-7350

Specialized complementary care for hepatitis C. Acupuncture, Chinese herbs, and supplements. Accepts open card and self-pay (first visit \$180, additional visits from \$60, supplements \$45–150). Sliding fee scale available.



## Men's Wellness Center

928 SW Stark St.  
Portland, OR 97205  
503-445-7699

cityguys@cascadeaids.org  
www.cascadeaids.org

Free hepatitis A and B vaccinations for gay, bisexual, and gender queer men, Tuesdays from 5:30–8PM. Operated by *Cascade AIDS Project*.



## Multnomah County Health Department

### Northeast Health Center

5329 NE Martin Luther King Jr. Blvd.  
Portland, OR 97211

503-988-3030

Free screening and testing for hepatitis C for people who have used injection drugs. Available on a walk-in basis every Tuesday from 5–7:30PM. Located at NE Martin Luther King Jr. Blvd. and Killingsworth St. Enter on Emerson St.



## Multnomah County Health Department



### STD Clinic

426 SW Stark St., 6th Floor  
Portland, OR 97204  
503-988-3700

503-988-5727 results  
503-988-5520 fax  
www.mchealth.org/std

Low-cost hepatitis C testing for people who have used injection drugs. Hepatitis A and B vaccinations for gay and bisexual men, injectors, people with hepatitis C, and those under 20 years old. Sliding fee scale. No one refused service if they cannot pay. Service by appointment and on a walk-in basis Monday, Tuesday, Thursday, and Friday from 9AM–4:30PM, and Wednesday from 12:30–4:30PM. Access to ASL and foreign-language interpreters.

## Multnomah County Community Health Centers



503-988-3816 intake  
503-988-3333 appointments (for established patients)

Primary care services for low-income Multnomah County residents. Includes testing for hepatitis C, HIV, and sexually transmitted diseases for highest-risk persons. Hepatitis A and B vaccinations for people with hepatitis C and others at risk. Refers to OHSU Hepatology clinic for liver biopsies and hepatitis C treatment. Capacity is limited. Call for eligibility and intake. There may be a long wait for an appointment, and some clinics may be closed to new patients. Accepts Oregon Health Plan Plus (CareOregon only), and open card. Sliding fee scale. Access to ASL and foreign-language interpreters.

### *East County Health Center*

600 NE 8th Ave.  
Gresham, OR 97030 503-988-5155

### *La Clinica de Buena Salud – Portland*

6736 NE Killingsworth St., Suite 100  
Portland, OR 97218 503-988-3991  
(Serves low-income children and families. Staff bilingual in English and Spanish.)

### *Mid County Health Center*

12710 SE Division St.  
Portland, OR 97236 503-988-3601

### *Northeast Health Center*

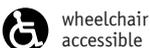
5329 NE Martin Luther King Jr. Blvd.  
Portland, OR 97211 503-988-5183

### *North Portland Health Center*

9000 N Lombard St.  
Portland, OR 97203 503-988-5304

### *Westside Health Center*

426 SW Stark St.  
Portland, OR 97204 503-988-5140  
(Special services for homeless clients.)



wheelchair  
accessible



agency receives Ryan  
White CARE Act funds

## Multnomah County Health Department



### Community Immunization Clinic

5329 NE Martin Luther King Jr. Blvd.  
Portland, OR 97211

503-988-3838

[www.mchealth.org/immunizations.html](http://www.mchealth.org/immunizations.html)

Hepatitis A and B vaccinations available at low cost (\$15) to children, gay and bisexual men, people infected with HIV or hepatitis C, and injectors. Offered on a walk-in basis Tuesday and Thursday from 9–11:30AM, and from 1–4:30PM. Up-front payment required. Spanish-, Vietnamese-, and Russian-speaking staff available. Access to ASL interpreters.

## NARA Indian Health Clinic



15 N Morris St.  
Portland, OR 97227

503-230-9875

503-230-9877 fax

Primary-care clinic offers screening and testing for hepatitis C. Serves Native Americans and Native Alaskans. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and uninsured. Call for eligibility and to make an appointment.

## OHSU Division of Gastroenterology & Hepatology



Physicians' Pavilion

3181 SW Sam Jackson Park Rd., Suite 310

Portland, OR 97239

503-494-8577

Hepatitis C specialty care includes liver biopsies, PCR, ALT/AST tests, hepatitis C education, and a full health evaluation. Requires a referral from a primary care physician. Accepts Oregon Health Plan Plus and Standard, private insurance, and self-pay. Financial assistance available for low-income people with no insurance. Call for eligibility and to make an appointment.

## OHSU Internal Medicine



3181 SW Sam Jackson Park Rd., 3rd Floor

Portland, OR 97239

503-494-8562

503-494-8311 OHSU information

503-494-6344 fax

Primary care and case management for people with HIV-hepatitis C coinfection. Includes screening and testing, hepatitis A and B vaccinations, behavioral health counseling, and clinical trials. Accepts Oregon Health Plan (CareOregon) and private insurance.

## OHSU Richmond Family Medicine



3930 SE Division St.

Portland, OR 97202

503-418-3990

503-418-3939 fax

[www.ohsuhealth.com/familymed/](http://www.ohsuhealth.com/familymed/)

Primary care clinics offer hepatitis screening and testing, vaccinations, and referrals to the OHSU Hepatology clinic. Flexible hours. Sliding fee scale for low-income and uninsured Southeast Portland residents. If you live in this area they will also accept Oregon Health Plan (Plus and Standard), and open card. Call for eligibility and to make an appointment.

## Open Gate Acupuncture & Herb Clinic

1011 E Burnside St.  
Portland, OR 97214

503-232-3857  
www.opengateclinic.com



Acupuncture, jin shin jyutsu, massage, Chinese herbal medicine, and vitamins, available 7 days a week. Limited sliding fee scale for low-income people.

## The Oregon Clinic

### Gastroenterology Division

1111 NE 99th Ave.  
Portland, OR 97220

503-258-1755  
www.orclinic.com



Hepatitis specialty care and treatment for patients with Providence or Legacy insurance. Requires referral from primary care physician and completion of a hepatitis questionnaire. Accepts some Oregon Health Plan Plus and Standard, open card, and self-pay (up-front payment required). Call for insurance eligibility.

## Outside In

www.outsidein.org

### IDU Health Services

1219 SW Main St.  
Portland, OR 97205

971-544-1574



Free hepatitis C testing for injectors and partners of people infected with hepatitis C. Available on a walk-in basis during needle exchange, Monday–Friday, from 1–5PM.

### Medical Clinic

1132 SW 13th Ave.  
Portland, OR 97205

503-535-3890

Hepatitis C testing for injectors and partners of those infected with hepatitis C. Hepatitis A and B vaccinations for homeless youth. Serves homeless and low-income youth and adults under 30. Sliding fee scale. Available on a walk-in basis. Spanish-speaking staff available. Access to other foreign-language interpreters.

## Providence PACE Clinic

5050 NE Hoyt St., Suite 540  
Portland, OR 97213

503-215-6600  
503-215-7751 fax



Primary and infectious disease speciality care for adults, provided through the internal medicine residency program. Includes hepatitis C testing and hepatitis A and B vaccinations. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts Oregon Health Plan (Providence Health Assurance only) and some private insurance. Access to ASL and foreign-language interpreters.

### Scandals Lounge

1125 SW Stark St.  
Portland, OR 97205

503-988-3030 health department  
www.scandalspdx.com



Free hepatitis C testing for gay and bisexual men who have used injection drugs, available every 2nd Friday from 9–11:30PM. Testing provided by *Multnomah County Health Department*.

### Washington County Health Department

503-846-8851  
503-846-4522 fax

www.co.washington.or.us/hiv



Free hepatitis A and B vaccinations for gay men, injectors (current or past), and those infected with hepatitis C, available on a walk-in basis during the HIV testing hours listed below. Spanish-speaking staff available.

#### Hillsboro Clinic

155 N First Ave.  
Hillsboro, OR 97124

Tuesday from 4–5PM, and Friday from 9–11AM

#### Beaverton Clinic

12550 SW 2nd St.  
Beaverton, OR 97005  
Monday from 5:30–7:30PM

### Portland VA Medical Center

3710 SW U.S. Veteran’s Hospital Rd.  
Portland, OR 97207

503-220-8262 extension 55069



Hepatitis C testing and treatment. Serves U.S. veterans only. Access to ASL and foreign-language interpreters. Call for eligibility and enrollment.

### Westover Heights

2330 NW Flanders St., Suite 207  
Portland, OR 97210  
503-226-6678

503-226-4307 fax  
www.westoverheights.com



Private clinic provides testing and follow-up care for sexually transmitted and infectious diseases, including hepatitis A, B, and C; HIV; gonorrhea; chlamydia; herpes; and syphilis. Vaccinations for hepatitis A and B. Discount for up-front payment. Accepts most private insurance. No Oregon Health Plan or Medicare. Access to Spanish-speaking staff.

## Yamhill County Public Health

412 NE Ford St.  
McMinnville, OR 97128  
503-434-7483

503-472-9731 fax  
[www.co.yamhill.or.us/ph/](http://www.co.yamhill.or.us/ph/)



\$14 for hepatitis C testing, available to highest-risk persons. Vaccinations for hepatitis A and B. Call for hours or to make an appointment. Spanish-speaking staff available.

## SUPPORT

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### Legacy Health Systems

#### Good Samaritan Hospital

1040 NW 22nd Ave.  
Portland, OR 97210

503-413-7348

Free education and peer support groups for people living with and affected by hepatitis C. Meets in the 2nd floor conference room on the 3rd Tuesday of every month at 5:30PM. Open to the public.



### Northwest Hepatitis C Resource Center

#### Portland VA Medical Center

3710 SW U.S. Veterans Hospital Rd.  
Portland, OR 97239

503-273-5264

[www.va.gov/portland/mood-disorders-center](http://www.va.gov/portland/mood-disorders-center)

Education classes, support groups, and counseling for veterans with hepatitis C. Located in the Mental Health Clinic, Bldg. 104.



### Schering

800-782-2347 extension 8643

Free treatment education class for people with hepatitis C who are on PEG-Intron treatment. Caregivers welcome. Held monthly at Meridian Park Hospital and Adventist Hospital. Call for a schedule and to register.



## TREATMENT

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Although hepatitis C can be treated, the treatment is not appropriate for everyone. Some treatments require that you are clean and sober. It's important to see a health-care provider to create a plan that best supports your needs and protects your health.

### Hepatitis C Advocate

[www.hcvadvocate.org](http://www.hcvadvocate.org)

Information, fact sheets, and news about hepatitis C treatments and policy. Links to other sites. Available in English and Spanish.



### Hepatitis C Caring Ambassadors Program

P.O. Box 1748

Oregon City, OR 97045

503-632-9032

877-737-HEPC toll free

[www.hepcchallenge.org](http://www.hepcchallenge.org)

Information about hepatitis C treatments, available in print and online.



### Infergen

888-668-3393 toll free

[www.infergenaspire.com](http://www.infergenaspire.com)

Support and information about hepatitis C treatment. Financial assistance for low-income and uninsured patients. Eligibility varies. Patients with Medicare and Medicaid are not eligible. Access to foreign-language interpreters.



### Roche

877-734-2797 toll free

877-757-6243 patient assistance

[www.pegasys.com](http://www.pegasys.com)

Support and information about hepatitis C treatment. Financial assistance for patients with low and moderate incomes. Eligibility varies. Call to request an application. Access to foreign-language interpreters.



### Schering

P.O. Box 18725

Louisville, KY 40261

888-437-2608 toll free

800-521-7157 Commitment to Care

[www.hep-help.com](http://www.hep-help.com)

Support and information about hepatitis C treatment. Financial assistance for patients with low and moderate incomes through the *Commitment to Care* program. Eligibility varies, and you must be on treatment when you apply. Call or apply online. Access to foreign-language interpreters.





# INDEX

12-step programs 80  
82nd Street Clinic 63, 96  
211 Info 26

## A

Activities 48  
Acupuncture 54–57  
ADAP *See* Care Assist, HealthCare Net  
Advocacy 11, 22–25  
African American Health Coalition 97  
AIDS *See* HIV/AIDS  
AIDS Info 77  
Al-Anon 80  
Alateen 80  
Albina Ministerial Alliance 29, 37  
Alcohol & drug  
    helplines 80  
    treatment 81–85  
Alcoholics Anonymous (AA) 80  
American Cancer Society 69  
American Liver Foundation 107  
AMFAR 78  
Apex Pharmacy 69  
Arthur Devers Memorial Eye Clinic 78  
ASAP *See* Triangle Project  
Asian Family Center 96, 99

## B

Basic Health 14  
Basic needs 26–47  
Bereavement support 90  
Birth certificates 18  
Bisexual resources 101–103  
Blanchet Farm 37  
Body, The 78  
Boston Buyer's Club 69  
Boys & Girls Aid Society 104  
Bradley-Angle House 100  
Bridge House 104  
Brother to Brother 11, 97, 101  
Bureau of Labor & Industry (BOLI) 23  
Business Responds to AIDS 22  
Bus tickets *See* Transportation

## C

C.C. Slaughters Nightclub 62, 108  
C-TRAN 44  
Camp Starlight 48  
CareAssist 12, 69  
Caregivers *See* Home health  
CareLink 11  
Cascade AIDS Project 4, 11, 26, 37, 48, 53, 89, 93, 97  
Cascadia 81, 86 *See also* Sexual Minority Youth Recreation Center, Triangle Project  
Case management 10–11  
Centers for Disease Control (CDC) 18, 22, 94, 107  
Center for Family & Adolescent Research 82  
Central City Concern  
    Health Services 55, 72, 82, 93, 109  
    Housing Program 37  
    Workforce 50  
ChangePoint 82  
Children's Community Clinic 72  
Chinese medicine 54–57  
Chiropractic 54–57  
Civil rights 23  
Clackamas County  
    clinics 57, 62, 72, 109  
    HIV testing 62  
    Housing Rights & Resources 23, 35, 38  
    Social Services 29  
Clackamas Service Center 63, 109  
Clackamas Women's Services 100  
Clark County Emergency Shelter Clearinghouse 35, 100  
Clark County Public Health  
    case management 11, 38, 43, 44, 55, 58, 82, 87, 89  
    Harm Reduction Center 63, 95, 109  
    HealthCare Net 14  
    hepatitis C 110  
    HIV testing, prevention 63, 93, 97  
Clark County Buyer's Club 29  
Clark County Volunteer Lawyers Program 24  
CLEAR 24  
Client-Employed Provider Program 67  
ClinicalTrials.gov 77  
Clinics  
    complementary medicine 54–57  
    dental 57–59  
    HIV/AIDS 60–61  
    primary care 72–76  
    vision 78–79

Clothing, household items 26–28  
Cocaine Anonymous (CA) 80  
CODA 82  
Collective Care Services 89  
Columbia County  
    Community Action Team 26, 30  
    Public Health 63, 110  
Columbia County Rider 44  
Community Action Agencies 29–31  
Community Basket 31  
Community Home Health & Hospice 67  
Community resources 99–105  
Community Services Offices (WA) 20  
Community Voice Mail 42  
Community Warehouse Northwest 27  
Compassion & Choices 22  
Compassionate Friends, The 90  
Complementary medicine 54–57  
Computers 28, 100  
Condoms 93–94  
Council for the Homeless 42  
Counseling 86–88  
Craigslist 38  
Crystal Meth Anonymous 80  
Cultural service organizations 99–100

## D

Daily Bread Express (DBX) 31, 35  
Daily living 48–53  
Dental care 57–59  
De Paul Treatment Centers 83  
Dial-A-Ride *See* Transportation  
Disability  
    benefits 15–16  
    discrimination 23  
    offices 20  
    resources 49–50  
Disability Resources of Southwest Washington 49  
Discrimination 23  
Domestic Violence Resource Center 100  
Domestic violence shelters 100–101  
Doug Center 90  
Drop-in centers 28 *See also* Homeless youth  
    programs, Sexual Minority Youth Recreation Center  
    alcohol & drug 81  
Drugs, HIV/AIDS  
    prescription assistance 69–71  
    trials, treatment information 77–78

## E

East County Health Center 58, 73, 111  
East-West College of the Healing Arts 55  
Ecumenical Ministries of Oregon 33, 40, 41  
Eligibility, online 18  
Emergency assistance *See* Basic needs  
Employed Persons With Disabilities Program (EPD) 50  
Employment 50–52  
Employment Transportation Brokerage 44  
Energy assistance *See* Financial assistance  
Estate Hotel Clinic 76  
Esther's Pantry 31

## F

Fair Housing Council of Oregon 23  
Family Health Insurance Assistance Program (FHIA) 12  
Fanno Creek Clinic 60  
Financial assistance 29–31  
Food 31–35  
Food & Drug Administration (FDA) 77, 78  
Food Stamps 17  
Forest Grove Family Resource Center 32  
Free Clinic of Southwest Washington 73  
Friendly House 32, 38  
Friends of People with AIDS (FPWA) 4, 27, 31, 42, 53  
Funeral, cremation 53  
Furniture *See* Clothing, household items  
Fuzeon Information Group 70, 90

## G

Gas Assistance Program (GAP) 29  
Gas vouchers *See* Transportation  
Gay & Lesbian National Hotline 101  
Gay, lesbian, bisexual, transgender resources 101–103  
General assistance 16  
Generous Ventures 32  
GLBT National Youth Talkline 101  
Gleaners 32  
Gleaners of Clackamas County 32  
Golden Harvesters 32  
Goodwill Industries 51  
Government benefits 12–21, 22

## H

Hacienda Community Development 38  
Haircuts 28  
Hands On Portland 51  
Harbor Light Shelter 35  
Harm Reduction Center 7, 63, 95, 109  
Harm Reduction Hotline 95  
Harry's Mother Runaway Youth Agency 104  
Healing Arts Center 55  
Healthcare for Workers with Disabilities (HWD)  
51  
HealthCare Net 14  
Hearing impaired 2, 49–50  
Helping Hands Community Store 27  
Hepatitis  
about 106  
vaccinations 79, 108  
Hepatitis C 2, 106–117  
support 115  
testing, care 108–115  
treatment 116  
Hepatitis C Advocate 116  
Hepatitis C Caring Ambassadors Program 116  
HIV/AIDS  
agencies 6–9  
case management 10–11  
clinics, care 60–61  
drugs & supplements 69–71  
funding 3  
hotlines 5, 78  
information 5, 92, 94–95  
planning groups 4  
prevention 92–98  
research, clinical trials 77  
service eligibility 3  
support groups 89–91  
testing 62–66  
treatment information 77–78  
HIV Day Center 4, 7, 27, 32, 44, 55, 81, 88, 90  
HIV Services Planning Council 4  
HIV Stops With Me 94  
Home-delivered meals 31, 33, 35  
Homeless shelters 35–36  
Homeless youth programs 104–105  
Home health 67–68  
Hooper Detox 83  
Hopewell Apartments 38  
Hopewell House Hospice Center 67  
Hospice 67–68  
Housing 36–42  
authorities 39  
discrimination 23  
Housing Connections 36

Houston Buyer's Club 70  
Human Services Council 44  
Human Solutions 39  
Hygiene supplies *See* Clothing, household items

## I

Independent Living Resources 49  
Infergen 116  
Information, referral 26  
alcohol & drug 80  
food, meals 31  
health 54  
hepatitis C 107–108  
HIV/AIDS 5  
mental health crisis 86  
shelter 36, 100  
InSpot Portland 63, 94  
Institute for Traditional Medicine 55  
Insurance 68 *See also* Government benefits  
IRCO 99

## JK

Janus Youth Programs 104  
Jinnah, Keivan 110  
Jobdango.com 51  
*Just Out* 102  
Kaiser Immune Deficiency Clinic 10, 60

## L

La Clinica de Buena Salud 73, 111  
Latino Organization for Liver Awareness (LOLA)  
108  
Laundry 27, 28  
Legacy  
Arthur Devers Memorial Eye Clinic 78  
Good Samaritan Hospital 115  
HIV/AIDS 60  
hospice, bereavement 67, 90  
Legal Aid Services of Oregon 24  
Legal assistance 24–25  
Lesbian Community Project 102  
Lesbian resources 101–103  
Letty Owings Center 83  
Lewis & Clark Legal Clinic 25  
Lifeworks Northwest 84, 87  
Link, The 48, 89  
Live & Let Live Club 81  
Love Makes a Family 102  
Low Income Energy Assistance Program (LIEAP)  
17, 29  
Low Rent Public Housing (LRPH) 39

## M

Mail drop 28  
Man2ManPDX 94  
Martha's Pantry 5, 27, 33  
Massage 54–57  
Meals 28, 31–35  
Meals On Wheels 33  
Medicaid 15  
    transportation 44–47  
Medical equipment 69  
Medical marijuana 71  
Medical Transportation Brokerage 44  
Medical Transportation Program (MTP) 45  
Medicare 15  
Medication 69–71  
Men's Wellness Center 64, 93, 97, 102, 110  
Mental health 86–91  
Mental Health Northwest 87  
Metro 95  
Metropolitan Community Church 27, 33, 88  
Mid County Health Center 58, 73, 111  
Miracles Club 81  
Monika's House *See* Domestic Violence Resource Center  
Multnomah County Health Department  
    dental services 58  
    hepatitis C testing 110–111  
    HIV & HCV Community Programs 93, 96, 108  
    HIV Health Services Center 10, 60, 93  
    HIV testing 64  
    immunization 112  
    primary care clinics 73, 111  
    School-Based Health Centers 74  
    STD Clinic 64, 93, 111  
My Sexy City 95

## N

NARA  
    alcohol & drug treatment 84  
    Indian Health Clinic 64, 74, 112  
Narcotics Anonymous (NA) 80  
National Association of People With AIDS 22  
National College of Naturopathic Medicine 56  
National HIV/AIDS Treatment Hotline 78  
National Minority AIDS Council 22  
National Prevention Information Network 94  
Naturopathic medicine 54–57  
Needle exchange 95–96  
Needy Meds 70  
Neighborhood House 30, 33, 40  
New Avenues for Youth 104  
Newberg FISH 33  
New York Buyers' Club 70

North Portland Health Center 73, 111  
Northeast Emergency Food Program 33  
Northeast Health Center 58, 64, 73, 110  
Northwest Hepatitis C Resource Center 115  
Northwest Justice Project 24  
Northwest Pilot Project 40  
Northwest Portland Area Indian Health Board 98  
Northwest Recovery Center 84  
Northwest Ride Center 45

## O

Oak Bridge 105  
Old Town Clinic *See* Central City Concern, Health Services  
Open card *See* Medicaid  
Open Gate Acupuncture & Herb Clinic 56, 113  
Operation Warm Heart 29  
Oregon Advocacy Center 23, 49, 52  
Oregon AIDS Hotline 5, 53, 108  
Oregon Bar Association 25  
Oregon Clinic, The 113  
Oregon College of Oriental Medicine 56  
Oregon Commission for the Blind 49  
Oregon Community Warehouse *See* Community Warehouse Northwest  
Oregon Energy Assistance Program 29  
Oregon Food Bank 31  
Oregon Health & Science University (OHSU)  
    Behavioral Health Clinic 85  
    Casey Eye Institute 79  
    Gastroenterology & Hepatology 112  
    Internal Medicine 10, 61, 112  
    Partnership Project 10, 43, 45, 70, 90, 98  
    Richmond Family Medicine 112  
    Russell Street Dental Clinic 59  
    School of Dentistry 58  
Oregon Health Plan 13  
Oregon HEAT 29  
Oregon Medical Insurance Pool (OMIP) 13  
Oregon Medical Marijuana Program 71  
Oregon Prescription Drug Program 71  
Oregon Public Health Information Line 108  
Oregon SafeNet 54  
Oregon School of Massage 56  
Oregon Telephone Assistance Program (OTAP) 43  
Oregon Trail Card *See* Food stamps  
OregonHelps 18  
OregonLawHelp 25  
Our House of Portland 5, 68  
Outreach, advocacy 11  
Outside In 93, 105  
    clinic 56, 65, 74, 113  
    IDU Health Services 65, 85, 96, 98, 113  
Oxford Houses 40

## P

Pacific University College of Optometry 79  
Parents and Friends of Lesbians & Gays (PFLAG)  
102  
Partnership for Prescription Assistance 71  
Partnership Project *See* OHSU, Partnership  
Project  
Passage to Independence Project 52  
Patton Home 40  
P:ear 105  
Pet care 42  
Planned Parenthood 65, 74–75, 94  
Planning groups 4  
Porch Light Shelter 104  
Portland Adventist Community Services 27, 34,  
75  
Portland Alternative Health Center  
(PAHC) *See* Central City Concern Health  
Services  
Portland Bad Date Line 95  
Portland Community College Dental Hygiene  
Clinic 59  
Portland Community Reinvestment Initiatives  
(PCRI) 40  
Portland Housing Center 41  
Portland Impact 30, 41  
Portland Recovery Center 81  
Portland Rescue Mission 35  
Portland VA Medical Center 61, 114, 115  
Portland Women’s Crisis Line 100, 101  
Positive Changes 97  
Positive Directions 53  
POZ Magazine 52  
Prescription assistance *See* Medication  
Prevention *See* HIV/AIDS, prevention  
El Programa Hispano 99, 101  
Project Inform 78  
Project Network 84  
Project Quest *See* Quest Center for Integrative  
Health  
Providence PACE Clinic 10, 61, 75, 113  
Public Benefits Hotline 22

## Q

Q Center 93, 102  
Q-Land 103  
Quest Card *See* Food Stamps  
Quest Center for Integrative Health 28, 34, 48,  
57, 87, 89, 91

## R

Reach Community Development 41  
Ready-To-Rent 36  
Recovery groups 80–85  
Relay line *See* Hearing impaired  
Religious, spiritual resources 88–89  
Rent assistance *See* Financial assistance  
Research & Education Group, The 77  
Research, clinical trials 77  
Residential care 67–68  
Ride Connection 45  
Roche 116  
Rockwood Clinic 76  
Roommates 38  
ROSE Community Development 41  
Rose Wood Apartments 37  
Rosewood Family Health Center 75  
Rx Washington Discount Card 71  
Ryan White CARE Act 3

## S

Salvation Army 30, 31, 34, 35  
SAM 45  
Scandals Lounge 66, 114  
SCAT Transportation 46  
Schering 115, 116  
School-based health centers 74  
Sea Mar Community Health Centers 59  
Section 8 (Housing Choice) 39  
Self-Sufficiency Offices (OR) 19  
Sex Addicts Anonymous (SA) 80  
Sexual Minority Youth Recreation Center (SMYRC)  
66, 87, 91, 94, 103  
Shared Housing Referral & Matching Service 41  
Share House 36  
SHOP 98  
Shoreline 50  
Showers *See* Drop-in centers  
Slavic Services Center 76, 100  
SMART 46  
SMYRC *See* Sexual Minority Youth Recreation  
Center  
Social Security 15, 16, 52  
Southeast Health Center 58, 79  
Southwest Community Health Center 76  
Southwest Washington Consortium on HIV/AIDS  
4  
Spanish  
CareLink 11  
community resources 99, 101  
HIV resource guide 5  
St. Barnabas Soup Kitchen 34

St. Vincent de Paul 30, 34  
STD Clinic 64, 93  
STD testing *See* HIV testing  
Street Light Shelter *See* Janus Youth Programs  
Support groups 89–91, 115  
Swan House 68

## T

Team Quest 48  
Teen to Teen 97  
Tel-Law 15, 25  
Telecommunications Devices Access Program (TDAP) 50  
Telecommunications Relay Service 50  
Telephone 42–43  
    devices 50  
    hotlines 5, 108  
    relay service 50  
Testing  
    hepatitis C 108–115  
    HIV 62–66  
Ticket to Work 52  
Tod's Corner 27  
Transgender resources 101–103  
Transition Projects, Inc. (TPI) 36, 42  
Transportation 44–47  
Transportation Reaching People (TRP) 46  
Triangle Project 81  
TriMet 46  
TripLink 46  
Tualatin Valley Gleaners 32

## UV

Ujima Eshé 11  
Vaccinations, hepatitis 108–115 *See also* HIV testing  
Vancouver Clinic 61  
Vancouver Housing Authority 39  
Veterans Administration 17, 18, 108  
    Portland VA Medical Center 61, 114, 115  
Victory Outreach 85  
Virginia Garcia Memorial Health Center 59, 76, 79  
Vision care 78–79  
VitalChek 18  
*Viviendo una Vida Positiva* 5  
Voice mail 28, 42–43  
Volunteer 4, 51, 52  
Volunteers of America, Home Free 101  
Volunteer Match 52

## W

Wallace Medical Concern 76  
Washington AIDS Hotline 5  
Washington County  
    Community Action 30  
    Department of Housing Services 39  
    hepatitis C testing 114  
    HIV testing 66  
    Pride Project 94, 103  
Washington Department of Social & Human Services 18, 20  
Washington State Health Insurance Pool (WSHIP) 14  
Washington Telephone Assistance Program (WTAP) 43  
WashingtonLawHelp 25  
Water bill assistance *See* Financial assistance  
West Burnside Chiropractic Clinic 57  
Westover Heights Clinic 114  
Westside Health Center 73, 111  
William Temple House 88  
Winter Shelter Line 36  
Women, crisis services 100–101  
Women, Infants, & Children (WIC) 17  
Women of Wisdom (WOW) 28, 87, 91  
Workforce Program 50  
Working Class Acupuncture 57  
Workshops 53  
WorkSource 52  
Write Around Portland (WRAP) 48

## XYZ

Yamco Transit 47  
Yamhill Community Action Partnership (YCAP) 26, 31, 34, 42, 47  
Yamhill County  
    case management 11  
    chemical dependency 85  
    mental health 88  
    Public Health 35, 66, 115  
Youth  
    alcohol & drug treatment 82–85  
    gay, lesbian, bisexual & transgender *See* Sexual Minority Youth Recreation Center (SMYRC)  
    HIV/AIDS-affected 48, 89  
    medical resources 74  
Youth Reception Center 105  
YWCA 30

